



Upward Venture

September/October 2008

Unity of Phoenix: Building Unity Together

Special Points of Interest

- Effective September 7, our Sunday morning worship times will change to 8, 9:30 and 11:15 a.m. (Sunday School times will also change.) Please make a note!
- Two incredible souls, Bruce Mosby and Penni Honey, are leaving the Unity of Phoenix staff. Read about them on the bottom of this page, and in the Board President's message on Page 10.
- Turn to Page 2 to see the special events we have planned for September and October, including our exciting Family Support Conference in October.
- Turn to Page 3 to see all of the worship and special services that will be offered over the next few months.
- Rev. Jimmie Scott is officially on board! Turn to Page 4 to read his first column.
- Turn to Page 11 to hear what some of our Unity congregants have to say about their volunteer roles, and read about the many ways that you can contribute to our ministry and the larger community through a variety of volunteer and outreach activities.

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The 'I' of the Storm



By Rev. Richard Maraj
Lead Minister

How well do you handle conflict in your life? Most of us either run from it or resist it strongly. We deny it or we fight it. Conflict is a part of life. Whether it is inner turmoil, difficulties with someone at work, challenges with your partner, or conflict about how things are in our community or our world, we all experience some type of conflict in our lives.

Jesus said, "In this life there will be trials and tribulations, but be of good cheer because I have overcome the world." In this life there will be conflict, there will be disagreements, but be of good cheer, for there are spiritual principles to help us navigate through these challenges to find greater peace and fulfillment.

In his book, *The I of the Storm*, Unity minister Gary Simmons shares that we can experience greater peace in our lives by learning how to embrace conflict rather than fighting it or resisting it.

The first step in creating peace is in making friends with conflict. It starts with

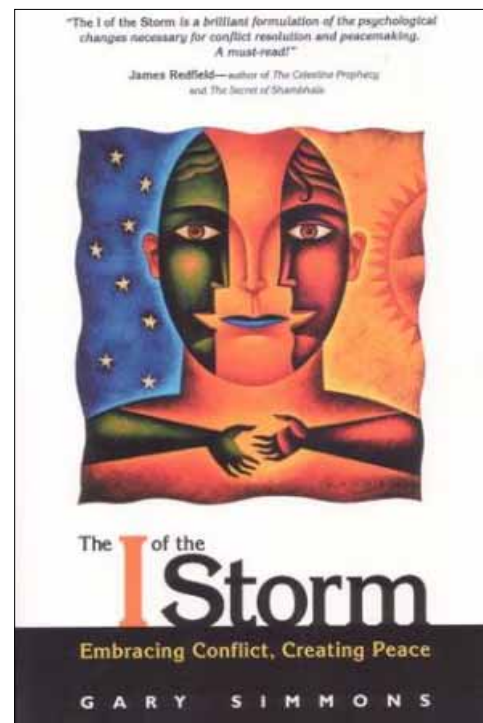
understanding conflict, so the energy of conflict can be directed into positive avenues of understanding, healing, and spiritual growth.

Conflict and interpersonal difficulty are like a storm system that arises when two weather fronts converge. There is displacement, movement and friction. The forces within the system build in intensity as temperature, dew point, wind velocity, barometric pressure, jet stream, humidity and landscape combine to form a distinct rotation of influence. A hurricane is born. Similarly, competing needs, wants, and values – combined with misperception, defensiveness and the need to be right – create an energetic field of influence that is the storm inherent in interpersonal conflict.

At the center of the hurricane is its eye: a single theoretical point in space where the forces of the storm are in perfect equilibrium. At the eye, there is peace, calm, clarity and stillness. The storm of conflict also possesses a center: the I of the storm. The "I" is our center, our spiritual essence. It is that place of peace where we can experience the outer storm without resisting it. At the circumference of the conflict, the winds of confusion, blame and the need to be right blow with devastating ferocity. But at the center there is peace, clarity, stillness and calm.

If there is a storm in your life, you can know that you and your wholeness are at the center of it. Being centered in this truth, you can stop resisting it or making others wrong, and you can allow yourself to open up to greater understanding, peace and healing.

The key to finding peace in a storm is all in our attention. We can put our attention on our center, on our spiritual essence or on the circumference, the conflict and blame. When Jesus was walking on the water during a storm, the disciples were scared. When Jesus called Peter out of the boat in that storm, at first Peter was able to stand on the water because his attention



was focused on the Christ, but when he moved his attention to the crisis – to the wind and rain – he began to sink. When we focus on our center, we will stay above the storms of blame and negativity ... but when we focus on the storm – the conflict – we will sink into frustration and despair.

On the Sundays of October 5 and 12, we will present a two-week series on "The I of the Storm" to discover how to embrace conflict and create greater peace in our lives.

On Saturday, October 18, we will be holding a "Releasing the Past; Embracing the Present" workshop to learn how to release conflict and pain from the past and move forward to new experiences and greater possibilities and blessings for our lives and the ministry.

Please join us as we make the commitment to stay centered and create greater peace in our lives, in our ministry and in our world!

Blessings ...

Blessings & Best Wishes to Bruce & Penni

We would like to express our heartfelt love and thanks to Bruce Mosby, who has served as our Executive Director for the past six years, and to Penni Honey, who has served as our Facilities and Operations Manager for the past two years, for the incredible ways in which each of them have served and blessed our ministry.



Bruce Mosby



Penni Honey

Both of these amazing individuals have completed their business duties at a high level of excellence and efficiency -- helping to stabilize the church during a difficult financial period -- and have also brought to their critical roles a deep spiritual presence and loving light of consciousness that has been truly inspiring to our staff and congregation. Unity of Phoenix is a stronger church because of their leadership, and all of us truly feel blessed by the privilege and opportunity to have worked with them.

While we are saddened by their leaving, and will truly miss Bruce and Penni, we are grateful for the time we were able to spend together and the love we have shared. Our prayers, blessings and best wishes are with Bruce and Penni as they begin their next career adventures.

Effective September 7, our new Sunday worship times will be:

- 8 a.m.
- 9:30 a.m.
- and
- 11:15 a.m.

Make a note!

Upcoming Special Events

Releasing the Past - Embracing the Present

A CONGREGATIONAL HEALING & RECONCILIATION PROCESS

Saturday, October 18 • 9 a.m. to 5 p.m.

The entire church community is urged to attend this important congregational process led by Susan Beck, Chief Operating Officer of our Association of Unity Churches International. This workshop is an opportunity for everyone to participate in telling the story of our church, to understand how recent events and issues are linked to our journey of raising our community consciousness, and to embrace our challenges for greater spiritual growth. As we look forward to the future, there is need to acknowledge our past as a means of rediscovering who and what we have come here to be.

Everyone who has had any part in the life of this church throughout our many years of development is invited to take this opportunity to release old hurts and resentments associated with our community's history, and truly embrace the present.

While all are welcome, this will be a closed meeting; therefore, we are asking that participants arrive on time and plan to stay for the entire workshop, as we will be creating a sacred space. If you are willing to release the past and support others in their healing, please plan to attend. Contact the church office (602.978.3200) to participate in this very special process. We trust you will make every effort to attend this important workshop that will continue to sow the seeds of deepening our connections at Unity of Phoenix.

For more info, contact Maria at mmartell@unityphx.org.



UPCOMING EVENTS

Dr. Rocco Errico

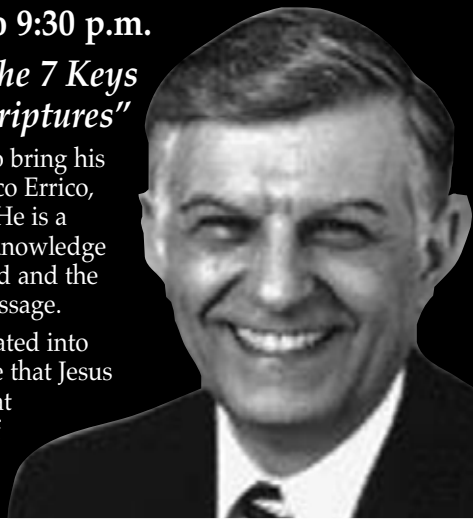
Aramaic Scholar

Wednesday, October 22
7 to 9:30 p.m.

"Let There Be Light: The 7 Keys that Unlock the Scriptures"

Rev. Richard Maraj is excited to bring his friend and colleague, Dr. Rocco Errico, to our spiritual community! He is a dynamic speaker with a wealth of knowledge about the world in which Jesus lived and the culture that shaped him and his message.

Hear the teachings of Jesus translated into English from Aramaic, the language that Jesus spoke. Learn about the customs that shaped the idioms and "sayings" of Jesus and the historical context of the scriptures. Not to be missed!



Adyashanti

Scheduled for Sunday, October 12

Sorry; this event has been cancelled.

Circles of Gratitude

It's time again to sign up for our Circle of Gratitude Groups! If you are interested, please contact Chris Kennedy at ckennedy@unityphx.org or 602.978.3200, Ext. 299. Circles of Gratitude provide a venue through which we can come together in love, and support one another in realizing our oneness with God.

A Circle of Gratitude is a group of six to 12 people who meet in individual homes on a weekly basis to realize and give thanks for the abundance in their lives. Each group will meet for five weeks, beginning the week of October 19. The time will be used for prayer, study, discussion and fellowship.

Sign Ups for Circle Facilitators and Hosts:

Sundays, September 14 and 21

Circle Facilitator and Host Training:

Sunday, September 28, 12:45 to 2 p.m. and Wednesday, October 1, 7 to 8:30 p.m.

Sign Ups for Circle Groups:

Sundays, October 5 and 12

Kick-Off Rally and Start Date for Circle Groups:

UNITY OF PHOENIX FAMILY SUPPORT CONFERENCE

SATURDAY, OCTOBER 4

8:30 A.M. TO 3 P.M.



*Supporting Families and
Providing Tools through
Prayer, Love and Education*

CHOOSE FROM A WIDE VARIETY OF TOPICS AND LEARN FROM EXPERIENCED SPIRITUAL AND FAMILY LEADERS:

REV. KATHRYN KELLOGG

Keynote Speaker
and Facilitator

"Praying Together" and "Spiritual Development"

JOAN BACCHUS

"Dealing with Loss and Grief"

LISA BLACK

"Raising Financially Responsible Children"

REV. MARK FISK

"Demystifying Adolescents"

LISA MCKENZIE

"Do You Know Your Child's Learning Style?"

JANINE NICOL

"Feeding the Young Light's Soul"

PAM PETERSEN

"Building Healthy Relationships"

CLARE RHOADS

"Techniques to Manage Your Stress and Avoid Angry Outbursts" and "Healthy Family Conflict Resolution: How to Fight Fair"

NOELLE STANLEY

"Practical Nutrition"

TIFFANY WEIS

"The Value of Play"

Conference Fee: \$35 per person

Register online at www.unityphx.org or pick up a form at the Youth & Family Ministry Desk

The deadline for registration is September 27

Worship & Special Services

Join us Sunday mornings for worship services that will increase your awareness, build your consciousness and deepen your spiritual understanding!

Kick-Off of Four-Week Series:
**"Keys to the Kingdom:
 Building a
 Prosperity Consciousness"**

September 7
"Make the Commitment"
 with Rev. Richard Maraj
 Musical Artist:
 Kathryn Williams-Ioie

September 14
"Hold the Vision"
 with Rev. Richard Maraj
 Musical Artist:
 Renee Morgan Brooks

September 21
"Let Go of the Past"
 with Rev. Richard Maraj
 Musical Artist:
 Stefan Mitchell

September 28
"Build a New Awareness"
 with Rev. Richard Maraj
 Musical Artist:
 Orgena Rose

Kick-Off of Two-Week Series:
"The 'I' of the Storm"

October 5
"Nothing is Against Us"
 with Rev. Richard Maraj
 Musical Artist:
 Rusty Ferracane

October 12
"The Power of Center"
 with Ministerial Associate Chris Kennedy
 Musical Artists:
 Rusty Ferracane and the
 Unity of Phoenix Children's Choir

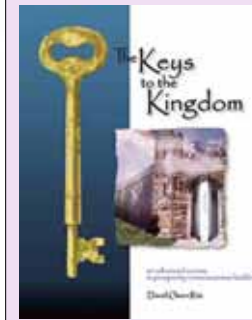
Kick-Off of Two-Week Series:
"Spirituality in Everyday Life"

October 19
"The Spirituality of Flying"
 with Rev. Richard Maraj
 Musical Artist:
 Unity of Phoenix Choir

October 26
"The Spirituality of Martial Arts"
 with Rev. Richard Maraj
 Musical Artist:
 Orgena Rose

Discover the Keys to the Kingdom!

Tuesdays, October 7-November 18
 7 to 9 p.m.; Sanctuary
 Facilitator: Rev. Richard Maraj
 Eligible for SEE Credit
 Tithing Required



Scheduled to follow and augment the four-week worship series in September (see far left column), this seven-week course focuses on helping to build a new consciousness and acceptance of true abundance. Rev. Richard Maraj will share a process to help change our consciousness and thought patterns regarding abundance, and will encourage us to live an abundant, prosperous, happy, fulfilling and successful life ... because that is our spiritual birthright.

The course requires a commitment to attend all seven classes and complete all assignments, and a willingness to tithe time, talent and income. Student kits (which are required for class) are \$40, which includes a workbook and CD. Kits can be purchased on the first day of class. *This class will close after the second session.*

Unity World Day of Prayer

Affirm
 Together, we affirm:
 Rejoicing in our oneness with God and one another,
 we celebrate healing in every aspect of our lives and in the world.

Jesus said, "Where two or more are gathered in my name (meaning gathered in agreement in Christ consciousness), there am I in the midst of them." He was reminding us of the power that is ignited when people unite in consciousness around a commitment.

The vigil will open at 5 p.m. on Wednesday, September 10, in the Chapel, and will continue there for the remainder of the 24 hours.

If you have loved ones you would like included in this powerful prayer energy, there will be special World Day of Prayer slips available at the Chaplain Table in the Courtyard on Sundays, as well as in the Sanctuary foyer and the administration lobby.

Every name, on every prayer slip, will be spoken aloud during the vigil. You will hear the names of those being prayed for, you can add your own prayers, or simply rest in the silence. Plan to join us; your consciousness makes a difference!

5 p.m. Wednesday, Sept. 10,
 through
 5 p.m. Thursday, Sept. 11

Feel a Deeper Connection to Spirit!

Silent Meditation

Tuesdays • 6:15 to 6:45 p.m.
 in the Chapel

Guided Meditation

Wednesdays • 6:15 to 6:45 p.m.
 in the Chapel

Doors close exactly at 6:15 p.m.
 for both services to honor our meditation time.

Communion

12:45 p.m. in the Chapel
 Sept. 7 & Oct. 5 (and the 1st Sunday of each Month)

Our monthly Communion includes prayer, silence, responsive readings and partaking of the elements. Our September and October services will be facilitated by Joan Bacchus.

Please join us for this sacred and holy time!

Bring Inspiration into Your Life Today!!!

Subscribe to the *Daily Word*® magazine or *Unity Magazine* through our Divine Idea Bookstore. In addition to supporting your spiritual path, you'll also be helping to support Unity of Phoenix!

Drop into the Divine Idea Bookstore and start your subscription/s today!!!



Experience the Deeksha Oneness Blessing

Sept. 16 • 7 p.m. • Sanctuary
 Oct. 21 • 7:30 p.m. • Chapel
 and Every 'Third Tuesday'
 \$20 in advance; \$25 at the door

Pastoral Care

Universe has Conspired to Bring Us Together as a Team



By Rev. Jimmie Scott
Pastoral Care Minister

Hello, Dear Friends!

It is my great pleasure to be joining the staff of Unity of Phoenix in the role of Pastoral Care Minister. I hope you will enjoy having me as a member of the team, because teamwork is something I value highly. In fact, I believe the universe has conspired to bring us together as a team.

More years ago than I care to remember I read a book by Roy Eugene Davis titled, *Time Space & Circumstance*. The theme of the book is centered around the idea that every individual and

entity on the planet is subject to three forces:

- **TIME** (from the universal perspective):
- **SPACE** (from the perspective of being in the right place); and
- **CIRCUMSTANCE** (from the perspective of both coincidental and planned events).

I believe in this theme. I also believe the convergence of these three forces have brought us together for purposes both planned and circumstantial. We know the plan is pastoral care, but the rest is mystery. I look forward to exploring both with you because I believe life is a mystery.

I also believe God is mystery, and within the mystery of God there is all we can ever need or want to meet and conquer the challenges of daily living. So our journey together begins with my profound gratitude. Thank you!

Thank you for accepting me, and Mary. Thank you for welcoming us into the church family and thank you for being you.

Rich blessings ...



Are You Being Called as a Prayer Chaplain?

A Unity Prayer Chaplain is an individual who has answered God's call to support this ministry through their consciousness of prayer and service as they:

- Create sacred space
- Lovingly listen
- Pray from their heart
- Hold in confidence what is shared

What time commitment is required?

Unity Prayer Chaplains make a one-year commitment in fulfilling their responsibilities, which include:

- Serving at four services each month
- Being available for one-on-one prayer after services
- Completing two hours of Wellness Phone Calls each month (which must be completed on church grounds)
- Attending a two hour Prayer Chaplain meeting each month

What are my next steps?

If you think Spirit is calling you to serve in this way, your next steps are:

- Spend time in prayer and meditation to discern whether this is yours to do
- Assure you have met membership requirements (*Unity Basics*, *Prayer Basics*, and *New Membership Orientation and Recognition*).
- Attend Prayer Chaplain Orientation on Sunday, September 7, in Rooms 6&7. (Orientation is required to become a Unity Prayer Chaplain.)
- Mark your calendar with all the training dates. *Attendance at all training sessions is required in order to become a Unity Prayer Chaplain.*

What are the Prayer Chaplain training dates?

Prayer Chaplain Orientation: Sunday, September 7, 1 p.m.

Prayer Chaplain 1st Interviews: September (Dates and times to be determined)

Off-site Training: Friday-Sunday, September 19-21
(Session begins at 6 p.m. on the 19th at an offsite location)

On-site Training: Saturday, September 27, 9 a.m. to 1 p.m.
Saturday, October 11, 9 a.m. to 1 p.m.

Prayer Chaplain 2nd Interview: October (Dates and times to be determined)

Prayer Chaplain Celebration: Thursday, October 23, 7 to 9 p.m. (Rooms 6&7)

Prayer Chaplain Dedication: Sunday, October 26
(at all three Sunday morning worship services)

*Know that if Spirit is calling,
this may be your next spiritual step
and it will be a blessing to you and those you serve!*

Prayer Chaplains See Your Wholeness

By Regina Best
Prayer Chaplain Coordinator



The Spiritual Truth that we know in Unity is that God is the One Life, and we are expressions of that One Life. Therefore we are whole, lacking nothing, in the eyes of God.

It is from this basis that Unity Prayer Chaplains pray *with* you, *for* you. We know that underneath our human experiences of pain, fear or lack, the One Life is there—steady, silent and peaceful, carrying us along. It is within, to this Power, that we turn in prayer.

In the book *The I of the Storm*, author Gary Simmons effectively uses the physics of a hurricane as a metaphor for our opportunity for spiritual growth within conflict. He compares the chaos of the storm to the human drama of

circumstance, and says that within us, just like the eye of the storm, is a place of peace—the possibility of centeredness.

This image of the eye of the storm shows us the essence of our role as Prayer Chaplains. We know there is a place of eternal peace and stillness at the center of each person—the place where the Divine lives.

Prayer Chaplains stand with you in recognizing that place at the center of your being. Our role is to stand with you in prayer, and to acknowledge that, yes, the circumstances—the storm—may be swirling all around you, but they are not the Truth of your being.

Our commitment as Prayer Chaplains is to first practice returning to that place of peaceful stillness within ourselves when our own lives are stormy! Then, when you are hurting or fearful and in need of prayer, we can move with you to that place of the Divine within. We will speak the Truth, acknowledging that peaceful stillness within you, so that you can remember it is there.

We will see your wholeness, in the eye of the storm.

Prayer Chaplain Orientation

Sunday, September 7 • 1 p.m.

Answer God's call to support our ministry with your consciousness of prayer and service! If Spirit is calling you to a deeper spiritual experience, consider being a Prayer Chaplain for Unity of Phoenix.

Attend our Orientation to find out whether this service path is right for you! *Attendance at this Orientation is required for those pursuing the Prayer Chaplain path.*

For more information, please visit us at the Prayer Chaplain Table in the Courtyard on Sunday mornings, or contact Regina Best at rbest@unityphx.org or 602.978.3200, Ext. 255.

Prayer and Support at Unity of Phoenix

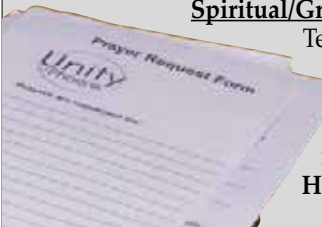
Prayer Chaplain Program Because prayer is the foundation of our Unity community, we have Prayer Chaplains who are available to pray with you in the strictest of confidence. Find them at the Prayer Chaplain Table in the Courtyard after services, or call the church and ask to have a Prayer Chaplain call you back. Our Prayer Chaplains and ministers can also provide prayer/support for difficult or challenging times such as a death, illness, hospitalization or job loss.

Prayer Team Our anonymous Prayer Team holds in prayer every prayer request that we receive. Prayer boxes are located in the Sanctuary, reception area and Chapel. You can also call the church Prayer Line any time to hear a daily prayer (Ext. 260).

Silent Unity Located at the Unity world headquarters, Silent Unity offers around-the-clock prayer support at 1.800.NOW.PRAY or www.unityonline.org.

Spiritual/Grief Counseling Our ministers and Licensed Unity Teachers offer spiritual and/or grief counseling by appointment.

We also offer grief support workshops twice a year. (See Spiritual Education Page 7 for information about our September/October Healing Grief Workshop.)



Youth & Family Ministry

In the Midst of Conflict, There is Friendship



By Linda Depke
Youth Education Director

Most of us can relate to the idea that our greatest teachers in life have been those who have caused us some discomfort. We have a naïve view that friendship comes from having the same interest with another person. We forget that there is much conflict involved in forming and holding onto friendships.

Just imagine a teen or child during a peer interaction: the amount of thinking and problem solving they have to use can be mind-boggling. They have to process large amounts of information quickly to figure out how to behave and what is expected of them so they can gain a friend in the group.

If there is an argument or disagreement, the teen or child must figure out how to make amends and gain back the group approval or friends' trust. They must analyze a problem, solve it in steps, possibly try several approaches and then implement a solution. This takes more work than a classroom science project!

To create and keep friendships requires not only social skills, but also keen observation skills. We must recognize that not only is academic learning important, but social learning is a must for creating critical thinking skills in our children. Each day teens and children are building a picture of themselves and the world. This information becomes their source for self-esteem, trust, and forming an interest to spread their wings.

Unity's Youth Ministry creates the space to experience and discuss social and moral issues. Young people have the chance to take part in genuine conversations where probing questions are asked in a safe and supportive environment that gives them the opportunity to explore not only their skills of inquiry but also their foundation of faith.

New Sunday School Class Times:

Effective Sunday, September 7,
new class times for children and teens
will be 9:30 and 11:15 a.m. Make a note!!!

CHILDREN'S Activities

Children's Choir Rehearsals Begin

Wednesday, September 10 • 6:15 p.m.

Preschool Orff Program (POP) Rehearsals Begin

Wednesday, September 10 • 6:15 p.m.

Move-Up Sunday

Sunday, September 7

All children will "move up" to the Sunday School class at the next grade level. New buttons should already be made for all children. If your child does not have a new classroom button, there will be a sheet on the button bin to fill out so we can create one for him or her.

'What's UP' Wednesdays

Begins Wednesday, September 10: 7 p.m.

Make plans for your children to attend this regular Wednesday evening celebration where children will develop skills for building healthy relationships through fun and interactive activities, group builders, projects, M&M Question of the Day and more!

Birthday Sunday

Sunday, September 7: 9:30 and 11:15 a.m.

Sunday, October 5: 9:30 and 11:15 a.m.

Our children will celebrate September and October birthdays, and also begin this years journey in their spiritual community by contributing to a friendship tree.

Children's Choir Performance

Sunday, October 12: 8, 9:30 and 11:15 a.m.

The Unity Children's Choir will perform at all three Sunday morning worship services.



Halloween Carnival

Friday, October 24, 6:30 to 8 p.m. (Courtyard)

Our annual Carnival allows families to celebrate Halloween in a safe, fun-filled environment. Children of all ages are invited to come in costume or just as they are for an evening of high spirits and contagious joy that includes game booths, activities and yummy treats.

Volunteers and bags of candy are a must to make this event a success. If you'd like to volunteer or make a donation, or would like more information, go to the Volunteer Ministry table in the Courtyard or contact Megan Shepherd at 623.330.3994 or meganshepherd@ymail.com.

TEEN Activities

Thanks to our wonderful teen sponsors and supportive parents, we have an incredible teen program where kids learn spiritual lessons in an interactive way, connect with each other in a supportive way, gain a greater understanding of themselves and Spirit, discover and honor their gifts and talents, and have lots of fun in the process.

UNITEEN (Grades 6-8)

Fun Nights

Wednesday, September 3 • 7 to 8:30 p.m. (Room 10)

Wednesday, October 1 • 7 to 8:30 p.m. (Room 10)

Includes games, social time with friends, guitar music, songs, etc.

Move-Up Day for New 6th Graders

Sunday, September 7 • During 9:30 and 11:15 a.m. classes

Students who are beginning 6th grade will move to the Unteen class today.

Rites of Passage Orientation

Sunday, September 7 • 12:30 to 2:30 p.m. (Room 10)

Come learn about this self-paced program of spiritual self-discovery for teens. For more information pick up a brochure in Room 10.

Closed Rites of Passage Meeting

Wednesday, September 10 • 7 to 8:30 p.m. (Room 10)

Wednesday, October 8 • 7 to 8:30 p.m. (Room 10)

This "closed" session is only for those 7th & 8th grade Uniteens who have interviewed with Lana Sassi.

Uniteen Creation and Planning Nights

Wednesday, September 10 • 7 to 8:30 p.m. (Room 8)

Wednesday, October 8 • 7 to 8:30 p.m. (Room 8)

Possible activities include preparation for fundraisers and service projects; creating and/or sending out birthday cards; making phone calls to other teens about upcoming events; creating bulletin boards and teen picture displays; and providing support for the teen spiritual community.

Bowling Outing

Sunday, September 14 • 12:30 to 4:30 p.m. (following the last service)

Uniteen Rites of Passage Class

Wednesdays, September 17 & 24 • 7 to 8:30 p.m. (Room 10)

Wednesdays, October 15, 22 and 29 • 7 to 8:30 p.m. (Room 10)

Open to all 6th, 7th and 8th graders

In this spiritual self-discovery class, teens reflect on who they are, what they believe, where they've come from and where they are going.

Haunted House Outing

Friday, October 10 • 7 p.m. (Check the flyer in class for more details)

Rites of Passage Overnight

Saturday, October 18 • Offsite

This is an event only for teens who have interviewed with Lana Sassi.

Halloween Carnival

Friday, October 24 • 6:30 to 8 p.m. (Courtyard)

Pizza Party following the event from 8 to 9 p.m.

Lots of teen volunteers are needed to help out at this fun family event!

Y.O.U. (Grades 9-12)

Fun Nights

Wednesday, September 3 • 7 to 8:30 p.m. (Room 9)

Wednesday, October 1 • 7 to 8:30 p.m. (Room 9)

Includes games, social time with friends, guitar music, songs, etc.

Y.O.U. Nights

Every Wednesday Night • 7 to 8:30 p.m. (Room 9)

Journey of the Quest. Get involved! Possible activities: prep for upcoming rallies, fundraisers, or service projects; and/or send out cards, make phone calls, and check-in with your spiritual community so they can support you in prayer for the week.

Bowling Outing

Saturday, September 27 • 12:30 to 4:30 p.m.

Arizona Y.O.U. Picnic

Sunday, October 5

Haunted House Outing

Friday, October 17 • 7 p.m. (Check the flyer in class for more details)

Homebase Homeless Teen Services

Sunday, October 19 • During 11:15 a.m. Class (Room 9)

We'll have a discussion with a teen spokesperson who had to utilize the support of the Homebase Homeless Teen Service Organization.

Halloween Carnival

Friday, October 24 • 6:30 to 8 p.m. (Courtyard)

Pizza Party following the event from 8 to 9 p.m.

Lots of teen volunteers are needed to help out at this fun family event!

Family Support Conference

Saturday, October 4: 8:30 a.m. to 3 p.m.

For more information, turn to Page 2 of this newsletter, or stop by the Youth & Family Ministry Desk for a brochure and registration form.

Registration for Family Support Conference

The final deadline for registration is September 27

Pick up a registration form or register online at www.unityphx.org

Spiritual Education

MEMBERSHIP AT UNITY OF PHOENIX

Unity of Phoenix lovingly invites you to become a member of our church. Becoming a member of Unity of Phoenix is easy! You just need to take three simple steps:

Step 1:

Complete our *Unity Basics* and *Prayer Basics* classes.

The completion of these two inspirational courses is a pre-requisite for becoming a Unity of Phoenix member, prayer chaplain, teen sponsor or board trustee. These classes provide a comprehensive introduction to our Unity principles and emphasize the importance of prayer in deepening our experience of God. (See below for the next offering of these classes.)

Step 2:

Attend our New Member Orientation.

Your attendance at this two-hour gathering with our ministers is required, as it will provide a greater understanding of the benefits of becoming a member.

Our next New Member Orientation will be held on Sunday, October 12.

Step 3:

Celebrate with us at our New Member Recognition services.

On the Sunday following our New Member Orientation, all new members are collectively and individually recognized at each morning worship service.

MEMBERSHIP CLASSES

If you are interested in becoming a member, please make a note of the next membership class, as well as upcoming opportunities to complete this required coursework!

Unity Basics

Next Classes Offered:

Two Tuesdays, September 23 & 30
7 to 9 p.m.; Rooms 6&7

\$10 suggested love offering per class
OR

Two Tuesdays, January 20 & 27, 2009
7 to 9 p.m.; Rooms 6&7

\$10 suggested love offering per class
OR

Saturday, February 21, 2009

9 a.m. to 1 p.m.; Rooms 6&7

Facilitator: Ministerial Team

\$20 suggested love offering

Find out what Unity is all about! Explore the history of Unity, and how the Unity spiritual movement began. You'll also learn the five foundational beliefs that are unique to Unity, and how using these five spiritual principles can transform your life, and open your heart and soul to a fuller, richer experience of God and life.

Prayer Basics

Next Classes Offered:

Two Wednesdays, September 24 and October 1
7 to 9 p.m.; Sanctuary

\$10 suggested love offering per class
OR

Two Tuesdays, February 10 & 17, 2009
7 to 9 p.m.; Sanctuary

\$10 suggested love offering per class
OR

Saturday, February 28, 2009

9 a.m. to 1 p.m.; Sanctuary

Facilitator: Ministerial Team

\$20 suggested love offering

Prayer is a foundational practice that cultivates our relationship with God. Consistency in our prayer life is the pathway to deepening our experience of God. In this class, you will learn about and practice several different types of prayer so that you can determine which ones are right for you!

Our Classes Support Your Spiritual Path



By Chris Kennedy
Ministerial Associate

Iam delighted that one of my new responsibilities as Ministerial Associate is to oversee Spiritual Education. The classes that I have taken here at Unity of Phoenix and back at Unity Village in Missouri have been nothing short of amazing, powerful and life-altering. They are second only to the practice of prayer and meditation in bringing incredible transformation in my life! I am deeply grateful for the classes and teachers along the way that shared their wisdom and knowledge with me and called forth that which lay dormant or forgotten within me.

Did you know that to educate is to develop the faculties and powers of a person or to develop the innate capacities of a person? To educate is to draw forth from, not just to impart knowledge to a person as we so often think. Our Spiritual Education courses are offered as a means to do just that: to draw forth the innate wisdom, knowledge and abilities that exist in each person. Sure, there is knowledge that is shared and imparted, but our classes are about more than that. A primary goal of our Spiritual Education is to provide an opportunity for those attending to learn more about

themselves, to go deeper in their spiritual awareness, to go deeper in their spiritual practices and to have a greater experience of God and life as a result.

We seek to offer classes that invite people to expand and grow in knowledge, wisdom, self-awareness and consciousness. To grow spiritually in this way requires willingness:

- To let go of old beliefs and assumptions
- To embrace at times conflicting concepts and information and live in the question
- To look within and to draw forth from within that which is true and possibly undiscovered or forgotten
- To take the brave and transformative next step of living and applying what we learn

Embracing a path that involves spiritual education can be deep, powerful, fun, enriching and transformational! I invite you to look at the classes that we offer, to join us and to stretch and grow together into a greater experience of God expressing as you.

We are blessed to expand and grow together!

Unless otherwise noted, the fee for classes is a Suggested Love Offering. The guidelines are \$10 for a one- to two-hour class; \$20 for a four-hour class; and \$30 for a six-hour or longer class. Classes are open to all in our Unity community; you needn't be a member to attend! You may provide your love offering with cash, check, credit or debit card.

You can register for classes a number of ways:

- At the Spiritual Education table in the courtyard on Sundays;
- On our website at www.unityphx.org; or
- By contacting Maria Martell at 602.978.3200, Ext. 227, or mmartell@unityphx.org.

SUNDAY CLASSES

No classes or workshops.

MONDAY CLASSES

No classes or workshops.

TUESDAY CLASSES

Reiki Share



Tuesday, September 2 and
Tuesday, October 7
(and the First Tuesday of each
Month)

6:30 to 8:30 p.m.; Room 5
Facilitator: Kathy Flanigan
\$10 Suggested Love Offering per
class session

This monthly gathering is an opportunity for Reiki practitioners and Reiki I graduates to practice giving and receiving Reiki treatments. Students of this healing art have been asking for an ongoing forum in which to ask questions, practice and gain experience. Guided by Reiki Master and teacher Kathy Flanigan, this regular gathering will answer that need.

'Yes, You Can Sing!' Workshop

Tuesdays, September 2-23
7 to 8:30 p.m.; Chapel

Facilitators: Orgena Rose and Lyndsey Watson
\$15 Suggested Love Offering Per Session

The purpose of this class is to open you up to one of your most easily accessible avenues of joy and creativity—your own unique singing voice! Orgena and Lyndsey weave their talents of singing and vocal coaching to bring you to a new



level of enjoyment of singing. This class is for you if you:

- Think you can't sing
- Used to sing but stopped, and want

to start again

- Were told by someone that you shouldn't sing
 - Want to perform—but never found the nerve!
- You'll learn breathing exercises to strengthen your voice, you'll explore possible emotional blocks to singing, you'll learn to release self-judgment and criticism and you'll learn to open the body to support your own authentic voice. All voices welcome; no experience necessary.

Unity Basics

Two Tuesdays, September 23 & 30
7 to 9 p.m.; Rooms 6&7

\$10 suggested love offering per class

See the "Membership Classes" sidebar to the left for a full description and additional future classes.

Chanting in the Chapel

Tuesday, October 28 and
Tuesday, November 25

7 to 8:30 p.m.; Chapel

Facilitator: Dr. Lynne Haeseler

\$10 Suggested Love Offering per class session



People have long used singing for contemplation, worship and celebration. Chanting is a simple form of singing that is easily accessible because it requires no musical experience to participate. When chants or prayers are spoken or sung aloud, the vibration of the

chant resonates within us. The repetition of a musical phrase or sacred text keeps the breath constant and pulls the mind and heart toward beauty.

In this session, you will join your voice with others, singing short songs that, when repeated with sincerity, concentration and love will create a resonance within you that will ease your heart and quiet your mind.

Spiritual Education

You may notice that the number of classes that we are offering seem fewer in number and don't include as many events and workshops sponsored by outside facilitators. Know that we are intentionally offering classes and workshops that get us back to basics in building and strengthening our spiritual foundation and that we are in alignment with our goal of deepening our spiritual awareness. We are also practicing wise stewardship of our physical resources and honoring new church hours, so our classes are now offered only on Tuesday and Wednesday evenings and during the day on Saturdays.

Keys to the Kingdom

Tuesdays, October 7-November 18

7 to 9 p.m.; Sanctuary

Facilitator: Rev. Richard Maraj

Class Fee: This class has a tithing requirement.



This is a proven and effective seven-week course which focuses on helping to build a new consciousness and acceptance of true abundance. Rev. Richard will share a process to help change our consciousness and thought patterns regarding prosperity. *Keys to the Kingdom* encourages us to live an

abundant, prosperous, happy, fulfilling and successful life because that is our spiritual birthright.

The course requires a commitment to attend all seven classes and complete all assignments, and a willingness to tithe time, talent and income. Student kits (which are required for class) are \$40, and include a workbook and audiotape or CD. Kits can be purchased on the first day of class. This class will close after the second session.

WEDNESDAY CLASSES

Traditional Hatha Yoga



Wednesdays, Ongoing

4:30 p.m. – 5:45 p.m.; Room 9/10

Facilitator: Glora Whitaker,

Certified Yoga Instructor

\$10 Suggested Love Offering per class session

All levels of experience are welcome to this yoga class, which utilizes the ancient practices and philosophies found in traditional Hatha Yoga. The definition of yoga is to “yoke,” or unite, and the definition of hatha is enlightenment through purification. When we practice the postures, in combination with meditation, breath and sound, we unite our intentions for integration and purification for our individual selves as well as the collective. Come practice with us, and you will discover that yoga is an amazing, comprehensive and holistic approach to overall wellness, and a peaceful state of being. (Please bring your own mat).

Spiritual Practices I

Our Spiritual Practices classes are advanced classes designed to truly deepen your spiritual awareness and spiritual practices. They are interactive as well as experiential. Students will be encouraged to apply these practices in their daily life and share what they discover. Spiritual Practices I is for students who are ready to dive deep into their awareness and their growth.

The Spiritual Practice of Gratitude



Wednesdays, September 10 & 17

7 to 9 p.m.; Sanctuary

Facilitator: Rev. Richard Maraj

\$10 Suggested Love Offering per class session

Learn how to practice an attitude of gratitude for all that life holds, starting with those things you wish life didn't hold. Learn to truly be grateful for what is, regardless of whether you desired it or not.

The Spiritual Practice of Forgiveness



Wednesdays, October 8 & 15

7 to 9 p.m.; Sanctuary

Facilitator: Chris Kennedy,

Ministerial Associate

\$10 Suggested Love Offering per class session

Are you ready to forgive seventy times seven as Jesus taught? Are you ready to release hurts that you have held on to for years, possibly decades? Are you ready to forgive yourself as well as others? Are you ready to explore a new way of being in which you discover there may be no need to forgive? If so, join us!

The Spiritual Practice of Love



Wednesdays, Oct. 29 & Nov. 5

7 to 9 p.m.; Sanctuary

Facilitator: Chris Kennedy

\$10 Suggested Love Offering per class session

We are told that God is love, that love transforms, that love is the answer. Come decide what it really means to embrace and be

the love that God is. Come learn, grow and experience love at a deeper level than you've known before.

Prayer Basics

Next Classes Offered:

Two Wednesdays, September 24 and October 1

7 to 9 p.m.; Sanctuary

\$10 suggested love offering per class

See the “Membership Classes” sidebar on the page to the left for a full description and additional future classes.

THURSDAY CLASSES

No classes or workshops.

FRIDAY CLASSES

No classes or workshops.

SATURDAY CLASSES

Reiki I



Saturdays, Oct. 18 & 25 and Nov. 1

9 a.m. to Noon; Gathering Room

Facilitator: Kathy Flanigan

\$10 Suggested Love Offering per weekly session

Reiki is a gift of Spirit. You will learn how the practice of Reiki opens the healer, to allow the energy of Spirit to move through them to heal others. Reiki is a laying-on-of-hands, touch healing system of incomparable ease and power. The power is a part of every one of us. During the class, you will learn how to open yourself up to that power.

Recommended Text: *Essential Reiki* by Diane Stein

Unlocking Mysteries of Prayer and Meditation



Saturday, September 20

9 to 11:30 a.m.; Rooms 6&7

Facilitator: Rev. Sandra Hopper

\$15 suggested love offering

This interactive class is for people with all levels of familiarity with prayer. We will look at different approaches to prayer, different views of God, and develop an understanding of the power of affirmative prayer. We will explore why prayer is important, and why we pray.

Participants will have an opportunity to look at their own values in regards to prayer and meditation, and to share with others in a learning atmosphere that promotes personal growth. We will also have a time of silence and meditation.

Spiritual Gifts Workshop

Saturday, October 25

9 a.m. to 4 p.m.; Rooms 6&7

Facilitator: Dorothy Moore

\$30 Suggested Love Offering



This class will awaken you to your God-given gifts and how to exercise them in your daily life. God programs each of us at birth with certain Spiritual Gifts. Identifying and using our Gifts is what our souls desire, and is necessary to achieve spiritual growth and maturity.

If you have ever wondered why some things are easy for you, while others are more difficult or hold no interest for you, the answers will be found in the discovery of your giftedness! You will also learn how all of our Gifts work together, and how to recognize the giftedness of others. In addition, you will learn to identify the areas of service most suited to your Gifts.

When you register for the class at the Adult Spiritual Education Table, please pick up a Spiritual Gifts Survey to fill out and bring with you to the first class. *Bring a sack lunch!*

Healing Grief Workshop: The Journey of Grief - The Path of Healing

Saturdays, September 6-October 18

(plus two follow-up classes)

1 to 3 p.m.; Room 8

Facilitated by Joan Bacchus, RN, LUT and Bereavement Specialist

\$10 Suggested Love Offering per weekly session



This workshop combines bereavement education and spiritual support for people experiencing grief from a great loss. If you are experiencing unresolved grief, this is one way to help resolve it. It is important to have a desire for a greater understanding of your grief and a willingness to personally work and move through the grief-process towards peace and healing.

Together we will create a sacred space for healing, while honoring confidentiality in order to provide a safe environment for sharing personal feelings and concerns. Space will also be provided for questions and guidance toward answers.

You must commit to attend all seven sessions of this closed workshop. Pre-registration is required; please sign up early as space is limited to 12 participants.

Hear What Congregants Have to Say About Our Classes!

Mary Dunn

“Taking Unity classes has provided me with so much spiritual growth, a better understanding of the Christ consciousness, and the blessings and benefits of knowing about the Christ consciousness and what it means for me. I absolutely try to apply all of the principles I learn to my life.

You learn so much! Everyone comes in with different backgrounds, experiences and things to share, and what is really wonderful about Unity classes is that they provide a truly safe place to

learn and share through the agreements, prayer and meditation. That's important, because the more you are willing to share and bring to the class, the more meaningful it will be for you.

I've taken so many Unity classes, and all of them have provided a very meaningful, positive experience for me. *The Aramaic Way*, one of the first courses I took, taught what (the literal meaning of) the Lord's Prayer is in its original Aramaic words. Now the Lord's Prayer is so much more meaningful to me! The class was absolutely fabulous; I loved it and want to take



it again! Another really crucial class for me was *Metaphysical Interpretation of the Bible*. Even if you've shied a little bit away from the Bible, because it hasn't always made sense to you, when you learn to interpret it in a metaphysical way, the message that each particular passage or parable holds for you really opens up.

I recommend that everyone give a Unity class a try!

October 2008

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>DR. ROCCO ERRICO 'The 7 Keys that Unlock the Scriptures' Wednesday, October 22 • 7 to 9:30 p.m. • Sanctuary</p>						
<p>8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Unteen Class, R10 11:15 AM - Y.O.U. Class, R9 12:45 PM - Communion, C Singles Luncheon, Offsite</p>	No Classes or Activities	<p>6:15 PM - Silent Meditation Service, C 6:30 PM - Reiki Share, R5 7 PM - New Earth Discussion Group, CR</p>	<p><i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Traditional Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C Children's POP Practice, R1 Children's Choir Practice, R5 Prayer Basics, S 7 PM - Adult Choir Rehearsal, C Y.O.U. Fun Night, R9 Unteen Night, R10 What's Up Wednesday, Various</p>	<p>10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8</p>	<p>Church Offices Closed</p>	<p>8:30 AM - Family Support Conference, Various 1 PM - Healing Grief Workshop, R8 (Closed) 1:30 PM - AA Meeting, R9&10</p>
<p>8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Y.O.U. Class, R9 11:15 AM - Y.O.U. Class, R10 12:30 PM - New Member Orientation, R5,6&7 Singles Luncheon, Offsite</p>	No Classes or Activities	<p>6:15 PM - Silent Meditation Service, C 7 PM - Keys to the Kingdom, S</p>	<p><i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> Noon - VIP Luncheon, R6&7 4:30 PM - Traditional Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C Children's POP Practice, R1 Children's Choir Practice, R5 7 PM - Spiritual Practices I, S Adult Choir Rehearsal, C Y.O.U. Night, R9 Unteen Rites of Passage, R10 What's Up Wednesday, Various</p>	<p>10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8</p>	<p>Church Offices Closed 7 PM - Y.O.U. Haunted House Outing, Offsite</p>	<p>7 AM - Fitness for Fun Hike, Meet in Church Parking Lot 9 AM - Releasing the Past Embracing the Present, S 9 AM - Reiki Workshop, GR 1 PM - Healing Grief Workshop, R8 (Closed) 1:30 PM - AA Meeting, R9&10</p>
<p>8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Y.O.U. Class, R9 11:15 AM - Y.O.U. Class, R10 12:45 PM - Singles Luncheon, Offsite</p>	No Classes or Activities	<p>6:15 PM - Silent Meditation Service, C 6:30 PM - New Earth Discussion Group, CR 7 PM - Keys to the Kingdom, S 7:30 PM - Third Tuesday Deeksha Oneness Blessing, C</p>	<p><i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Traditional Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C Children's POP Practice, R1 Children's Choir Practice, R5 7 PM - Rocco Errico Workshop, S Adult Choir Rehearsal, C Y.O.U. Night, R9 Unteen Rites of Passage, R10 Law of Attraction Group, R11 What's Up Wednesday, Various</p>	<p>10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8</p>	<p>Church Offices Closed 6:30 PM - Family Halloween Carnival</p>	<p>7 AM - Fitness for Fun Hike, Meet in Parking Lot 9 AM - Reiki Workshop, GR 9 AM - Spiritual Gifts Workshop, R6&7 1:30 PM - AA Meeting, R9&10</p>
<p>8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Y.O.U. Class, R9 11:15 AM - Y.O.U. Class, R10 12:45 PM - Singles Luncheon, Offsite</p>	No Classes or Activities	<p>6:15 PM - Silent Meditation Service, C 6:30 PM - New Member Reunion Potluck, GR 7 PM - Keys to the Kingdom, S 7 PM - Chanting in the Chapel, C</p>	<p><i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C Children's POP Practice, R1 Children's Choir Practice, R5 7 PM - Spiritual Practices I, S Adult Choir Rehearsal, C Y.O.U. Night, R9 Unteen Rites of Passage, R10 What's Up Wednesday, Various</p>	<p>10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8</p>	<p>Church Offices Closed</p>	<p>Abbreviations: C - Chapel S - Sanctuary GR - Gathering Room</p>
<p>WORSHIP SERVICES Every Sunday, 8 AM, 9:30 AM, 11:15 AM</p> <p>CHILDREN'S MINISTRY/NURSERY Sunday, 8 AM, 9:30 AM, 11:15 AM</p> <p>TEEN MINISTRY All Sundays: Unteens (6-8) 9:30 and 11:15 AM, R10; Y.O.U. 11:15 AM, R9</p> <p>SILENT MEDITATION SERVICE Every Tuesday, 6:15 PM</p> <p>Guided Meditation Service Every Wednesday, 6:15 PM</p> <p>COMMUNION 1st Sunday of the Month, 12:45 PM</p>						

September 2008

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>Abbreviations: C - Chapel S - Sanctuary GR - Gathering Room</p>	Church Offices Closed	6:15 PM - Silent Meditation Service, C 6:30 PM - Reiki Share, R5 7 PM - Yes, You Can Sing, C	<i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Traditional Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C 7 PM - Adult Choir Practice, C Y.O.U. Fun Night, R9 Uniteen Fun Night, R10	10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8	Church Offices Closed	7:55 AM - Saturday Outreach Project (Parking Lot) 1 PM - Healing Grief Workshop, R8 1:30 PM - AA Meeting, R9&10
8 AM to 12:30 PM - Uniteen Entertainment Book Fundraiser, Courtyard 8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Uniteen Class, R10 11:15 AM - Y.O.U. Class, R9 Uniteen Class, R10 12:30 PM - Prayer Chaplain Ting Orientation, R6&7 12:45 PM - Communion, C Uniteen Rites of Passage Orientation, R10 Singles Luncheon, Offsite	No Classes or Activities	6:15 PM - Silent Meditation Service, C 7 PM - Yes, You Can Sing, C	<i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Traditional Hatha Yoga, R9 5 PM - Kick-Off of Unity World Day of Prayer, C 6:15 PM - Children's POP Practice, R1 Children's Choir Practice, R5 7 PM - Spiritual Practices 1, S Y.O.U. Business Meeting, R9 Uniteen Rites of Passage (Closed), R10 Law of Attraction Group, R11 What's Up Wednesday, Various	12 AM to 5 PM - Unity World Day of Prayer, C 10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8	Church Offices Closed 7:30 PM - Moonlight Hike, Meet in Parking Lot	9 AM - Teen Sponsor Meeting, R9&10 10 AM - Prosperity Consciousness Group, R5 1 PM - Healing Grief Workshop, R8 (Closed) 1:30 PM - AA Meeting, R9&10
8 AM to 12:30 PM - Uniteen Entertainment Book Fundraiser, Courtyard 8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Uniteen Class, R10 11:15 AM - Y.O.U. Class, R9 Uniteen Class, R10 12:30 PM - Uniteen Bowling Outing, Offsite 12:45 PM - Singles Luncheon, Offsite	No Classes or Activities	6:15 PM - Silent Meditation Service, C 6:30 PM - New Earth Discussion Group, GR 7 PM - "Third Tuesday" Decksha Oneness Blessing, S Yes, You Can Sing, C	<i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Traditional Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C Children's POP Practice, R1 Children's Choir Practice, R5 7 PM - Spiritual Practices 1, S Adult Choir Rehearsal, C Y.O.U. Night, R9 Uniteen Rites of Passage, R10 What's Up Wednesday, Various	10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8	Church Offices Closed	7 AM - Fitness for Fun Hike, Meet in Church Parking Lot 9 AM - Unlocking the Mysteries of Prayer and Meditation, R6&7 1 PM - Healing Grief Workshop, R8 (Closed) 1:30 PM - AA Meeting, R9&10
8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Uniteen Class, R10 11:15 AM - Y.O.U. Class, R9 Uniteen Class, R10 12:45 PM - Singles Luncheon, Offsite	No Classes or Activities	6:15 PM - Silent Meditation Service, C 7 PM - Unity Basics, R6&7 Yes, You Can Sing, C	<i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Traditional Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C Children's POP Practice, R1 Children's Choir Practice, R5 7 PM - Adult Choir Rehearsal, C Prayer Basics, S Y.O.U. Night, R9 Uniteen Rites of Passage, R10 Law of Attraction Group, R11 What's Up Wednesday, Various	10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8	Church Offices Closed	1 PM - Healing Grief Workshop, R8 (Closed) 1:30 PM - AA Meeting, R9&10
8, 9:30 & 11:15 AM - Worship Services, S Sunday School Classes for Children, Var. 9:30 AM - Uniteen Class, R10 11:15 AM - Y.O.U. Class, R9 Uniteen Class, R10 12:30 PM - Y.O.U. Bowling Outing, Offsite 12:45 PM - Singles Luncheon, Offsite	No Classes or Activities	6:15 PM - Silent Meditation Service, C 7 PM - Unity Basics, R6&7	<i>Childcare is available at 6:15 p.m. in the Gathering Room.</i> 4:30 PM - Traditional Hatha Yoga, R9 6:15 PM - Guided Meditation Service, C Children's POP Practice, R1 Children's Choir Practice, R5 7 PM - Adult Choir Rehearsal, C Prayer Basics, S Y.O.U. Night, R9 Uniteen Rites of Passage, R10 Law of Attraction Group, R11 What's Up Wednesday, Various	10 AM - Service Angels, R9&10 5:45 PM - Toastmasters, R8	Church Offices Closed	1 PM - Healing Grief Workshop, R8 (Closed) 1:30 PM - AA Meeting, R9&10

UNITY WORLD DAY OF PRAYER
 Wednesday, September 10, 5 p.m. through Thursday, September 11, 5 p.m.
 in the Chapel

WORSHIP SERVICES Every Sunday, 8 AM, 9:30 AM, 11:15 AM

CHILDREN'S MINISTRY/NURSERY Sunday, 8 AM, 9:30 AM, 11:15 AM
 TEEN MINISTRY All Sundays: Uniteens (6-8) 9:30 and 11:15 AM, R10; Y.O.U. 11:15 AM, R9

SILENT MEDITATION SERVICE Every Tuesday, 6:15 PM
 Guided Meditation Service Every Wednesday, 6:15 PM
 COMMUNION 1st Sunday of the Month, 12:45 PM

News from the Board

Bruce Mosby Leaves Big Shoes to Fill for Executive Director Role



By Pam Petersen, President Board of Trustees

At the end of this month we will say goodbye to our Executive Director of six years, Bruce Mosby. In early June, we announced Bruce would be leaving us as part of an effort to right-size our organization and expenses to match our economic realities.

These types of decisions are never easy, and we want to express our heartfelt appreciation to Bruce for the gracious and professional manner in which he has conducted him-

self during this time of transition.

We also want to recognize Bruce for his many significant contributions to Unity of Phoenix. Bruce is, and has always been, highly regarded for his financial astuteness. He has done an amazing job managing and monitoring the Church's budget during very challenging financial times. He has made appropriate cuts and reallocations where necessary, and enlisted the support of the entire staff to keep expenses under control. He coordinated a successful capital Fundraising Campaign in 2007, and was able to absorb sizeable unbudgeted expenses such as campaign tithes and consultant fees. He renegotiated and restructured the Church's debt with optimal terms and benefits for the ministry, which was possible in large part because of the sound systems and financial policies

Bruce had put in place during his tenure.

Many of our congregants don't know or appreciate the role of our Executive Director (ED), who mostly works behind the scenes to keep Unity of Phoenix running smoothly. The ED serves as the administrative leader of the ministry, and is directly responsible for the overall allocation and management of the Church's assets, including human and financial resources, facilities and land management, and all other operations necessary to conduct the business of the Church.

A detailed job description of the Executive Director position is available at the reception desk. The ED is hired by and reports directly to the Board of Trustees, and serves in a dual leadership role with the Lead Minister.

In an organization our size,

it is not practical to expect a minister to have the business experience or expertise to oversee functions like accounting, data management, the bookstore, our newsletter and website, our physical facilities and grounds, and our staff. Bruce has handled all of these areas to free Rev. Richard up to do what he does best – create an amazing Sunday morning worship experience, teach incredible classes, and spiritually feed our congregants.

While the ED takes care of business, Rev. Richard takes care of us by overseeing worship, the music department, pastoral care, youth and family ministry, spiritual education, and community outreach. It is therefore essential that we find a new Executive Director with the right and perfect education, experience, skill set, spiritual foundation, and consciousness to support Rev. Richard and this ministry

going forward within our budgetary constraints.

The Finance Committee of the board, which is chaired by Hugh Hansen, is leading our ED search. Applications are currently closed while the Committee processes and evaluates applicants from literally all across the country, including Anchorage and Miami. Our vision is to manifest the right and perfect ED and have that person on board by January 1, 2009.

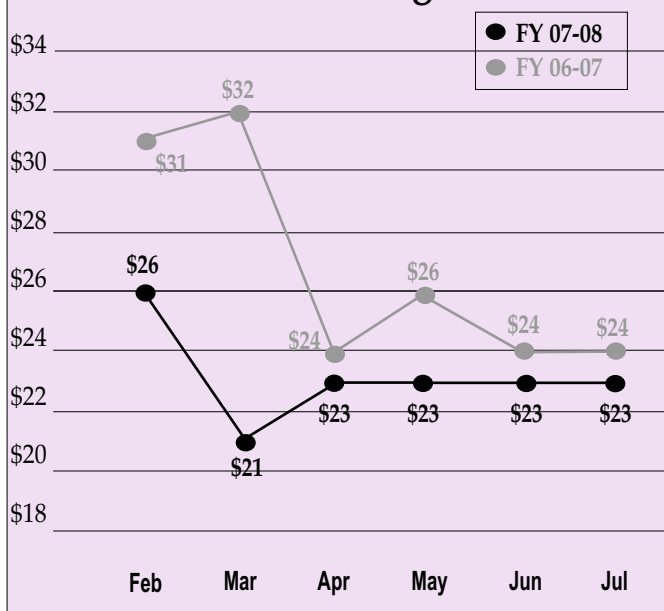
We ask that our entire congregation collectively hold our ED search process in prayer. We see this transition unfolding with grace and ease for both Bruce and the ministry. God is in charge. But most of all, right now, we say a great big THANK YOU to Bruce for his love, light, dedication and service for so many years! Bruce, we wish you all the joy your heart can hold in your future endeavors.

Unity of Phoenix Statement of Activities Through July 31, 2008

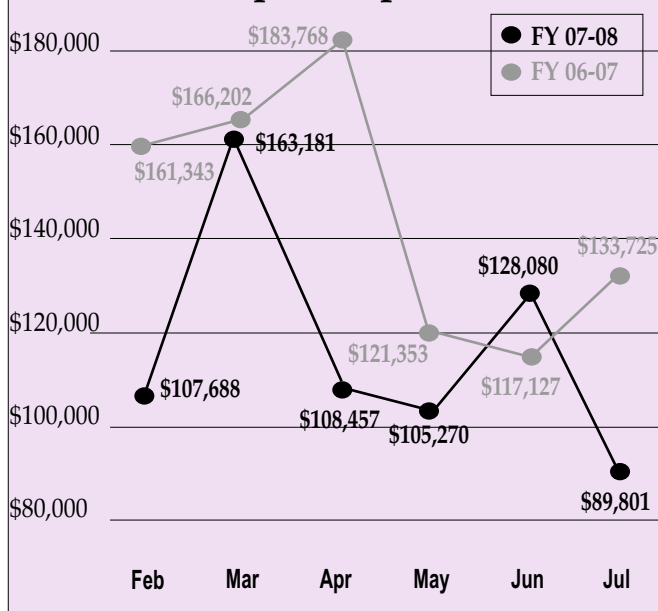
[Fiscal Year for Unity of Phoenix Starts October 1, 2007 and Ends September 30, 2008]

INCOME	Actual for July	Budget for July	Variance for July	Actual Year-to-Date	Budget YTD	Variance Actual to YTD Budget
Worship/Love Offering Receipts	\$134,337	\$164,410	-\$30,073	\$1,556,571	\$1,790,825	-\$234,254
All Other Receipts	\$25,325	\$24,583	\$742	\$186,025	\$300,833	-\$114,808
Total Operating Income	\$159,662	\$188,993	-\$29,331	\$1,742,596	\$2,091,658	-\$349,062
EXPENSES	Actual for July	Budget for July	Variance for July	Actual Year-to-Date	Budget YTD	Variance Actual to YTD Budget
Total Operating Expenses	\$218,888	\$224,529	-\$5,640	\$1,750,606	\$1,896,149	-\$145,543
Net Operating Income Over/Under Exps	-\$59,226	-\$35,535	-\$23,691	-\$8,010	\$195,510	-\$203,519

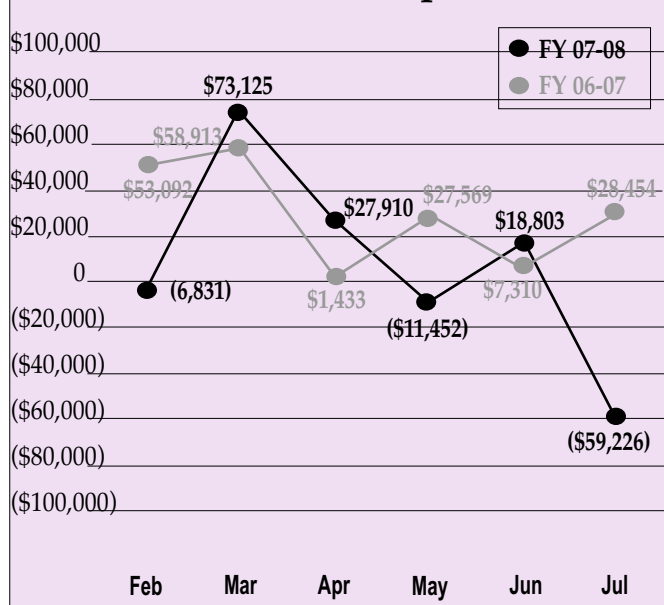
Per Person Giving Trends



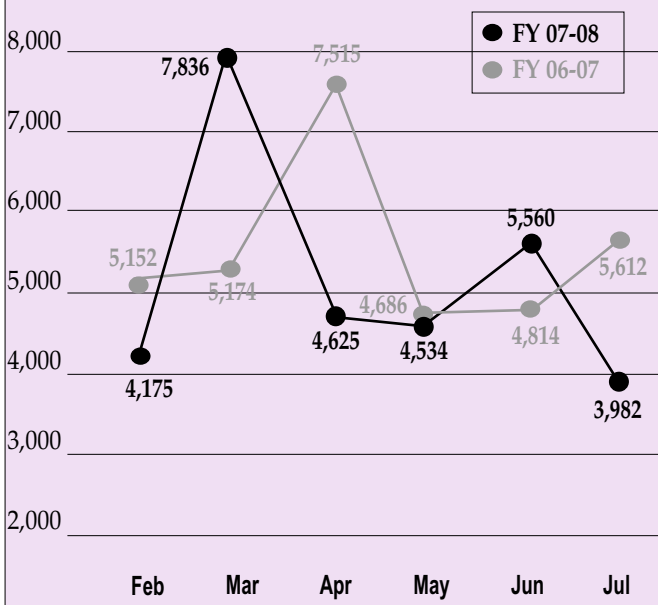
Worship Receipt Trends



Net Income Comparison



Attendance Trends



Unity of Phoenix is a tithing ministry. One-tenth of all we receive is given back to where we are spiritually fed. Fifty percent of our regular monthly tithe goes to support the greater Unity movement, including \$1,500 for ministerial scholarships. The remaining portion of the Unity tithe is divided equally between the Association of Unity Churches International, Silent Unity, the Southwest Unity Region, and Unity Institute.

The other half of our monthly tithe is dedicated to community and global outreach. These tithes change each month based on where the ministry has been spiritually fed, as detailed below:

May 2008 Tithe

Greater Unity Movement
(50% of Tithe)\$8,178
Discretionary Tithe (50% of Tithe)
• Beatitudes Center\$3,178
• Roots and Wings\$2,000
• Interfaith Cooperative
Ministries\$1,500
• Susan Beck\$1,500
Total May Tithes\$16,356

June 2008 Tithe

Greater Unity Movement
(50% of Tithe)\$9,393
Discretionary Tithe (50% of Tithe)
• Association of Unity
(Convention Thank You) ...\$4,000
• New Vision-Hosting Thriving
Ministries Workshop\$893
• Gary Simmons-Facilitator of
Thriving Ministries
Workshop\$500
• Unity School-Ministerial
Scholarships\$3,500
• Rusty Ferracane\$500
Total June Tithes\$18,786

Church Cash Reserves

Board policy requires that we maintain cash reserves equivalent to three months of church expenses, which currently stands at \$500,000. To be in compliance with this fiscally sound policy, we must increase our present reserves by \$175,000.

Thank you for your support!

Volunteer/Outreach Ministry

Enrich Your Life by Volunteering at Unity of Phoenix



By Ann Hall
Volunteer Ministry Coordinator

I truly believe that every human being has the desire to connect with others and, ultimately, their own greatness by being part of a

community that feeds their soul. I also believe that each of us has innate and special gifts that we were born with, and that we can contribute immensely to the well being of our community by simply being who we really are. Trust me when I say, there are countless ways of being of service at Unity and ALL skills are treasured and valued here.

Let me introduce myself as the new Volunteer Ministry Coordinator. I'm new to this position, but not new to Unity staff. I had the pleasure of working in Youth & Family Ministry as the Family Event Coordinator for almost two years. I planned some of our fun annual events, such as the Halloween Carnival and the Easter Egg Hunt. Both of these events are possible because of the time and support of so many of our amazing volunteers, so I was able to witness first hand the love and joy that resulted from people choosing to share their time and tal-

ents. Another blessing I received from working in Y&FM was by being in the presence of the beautiful souls who committed to supporting and loving our children as teachers, co-teachers and family greeters on Sunday mornings. The community that has been created because of people being willing to do their part is absolutely awe inspiring to me.

So when the Volunteer Coordinator position opened up, I felt very drawn to it. It is such a blessing to be with and in the energy of people who have decided to be of service. And I absolutely love assisting people to find the most comfortable and fulfilling ways for each one to make a difference by simply using their own unique gifts and talents.

If any of this speaks to you, and you are ready to get involved as a volunteer at Unity, please come see me at the Volunteer Table on Sunday mornings or

Just a few of the volunteer opportunities available for you to give of your time, gifts and talents at Unity include:

- Youth & Family Ministry (Co-Teachers, Greeters, Family Events)
- Ushers & Greeters
- Hospitality (Cookies & Coffee)
- Facilities
- Bookstore
- Room Angels
- Saturday Receptionist Coverage
- Sunday Spiritual Education Table Coverage

contact me at 602.978.3200, Ext. 226 or ahall@unityphx.org at the church. I'm here to help you claim your gifts and use them!

Blessings ...

We Love and Appreciate Our Volunteers!



Youth & Family Ministry

Do you realize we need 60 volunteers *each* Sunday to make our youth ministry programs run smoothly, safely and with the excellence our families have come to expect? Wow! We extend love, honor and a HUGE thank you to the amazing volunteers (many of whom are shown above) who make it all happen.

Are you interested in joining the celebration? Linda Depke and her youth ministry team make volunteering easy, fun and rewarding (the kids play a large part in that too!). You only need to commit to every other week and you're given everything you need: complete lesson and activity plans; observation and training opportunities; and support, support, support. Give it a try!!!



Christy Brogan
Teen Sponsor

“I love working with Unity teens! It provides such a sense of fulfillment when one of our teens says, ‘What you told me really helped.’ That’s why I’ve been doing this for over 10 years now. :-)



Kim Ridgeway
Children's Shepherd

“I’m still a child at heart, and volunteering with the children allows me to show that side of myself and feel joy at reliving my childhood. I enjoy sharing time with the children, because the news is filled with negative stories about our world, but the children continue to play, dream and smile as they operate in their own world, believing and reminding *all* of us that anything is possible.



Vessa Olshove
Family Greeter

“I love giving back and being a part of our amazing youth ministry.

Our Outreach Mission:

“We bring light to the world by spiritually and physically supporting and empowering those in need.”

ATTEND OUR OUTREACH KICK-OFF MEETING!
OCTOBER 5, 12:30 P.M. • SANCTUARY

Please keep a look out for information on the following Outreach Projects, which we will complete over the next year!

		
Saturday Outreach The next one will be Saturday, September 6 (See below)	Blood Drives Four times each year. The next one will be Sunday, Dec. 14	Palomino/Echo Mtn. Holiday Outreach December 2008
		
Feed the 500 February 2009	Habitat for Humanity Date to be Determined (Likely January 2009)	Interfaith Cooperative Ministries Drive June 7, 2009

Saturday Outreach Project ‘Dignity Day’ at the Phoenix Day Resource Center

Saturday, September 6
8:30 a.m. to Noon

Come help the homeless in our community! We'll journey to the Day Resource Center at the Phoenix Human Services Campus. You can either meet at the church at 7:55 a.m. and carpool to the event, or meet us at the campus, where we'll work from 8:30 a.m. to noon. Children ages 8 and older may volunteer with a parent or responsible adult.

Volunteers representing all faiths will be helping with this event. We will be completing a variety of different projects, including mail distribution; serving sno cones and popcorn; painting murals; landscaping; and a variety of other tasks. Please wear modest, older clothing.

If you are interested in helping with this incredible event, please contact Ann Hall at Ext. 226 or ahall@unityphx.org.

Divine Idea Bookstore

Bookstore Has Many Tools to Keep Your Prayer Life Fresh



By Julia Kellogg
Divine Idea Bookstore Manager

Hello, Friends!

You know how they say you need to keep a relationship fresh? How you're not supposed to be so deep in a rut that there are no surprises—nothing new? Well, I think that's true for our relationship with ourselves and with God, too. I think we sometimes get so set in our routines that we lose the joy or intent of the original purpose (that then became the routine!!!).

Where I've noticed it the most in my own life is in my prayer time. I say the same grace before every meal (that I remember to say grace for!) and I say the same blessing when I get into my car. And my time in prayer/meditation has become a ritual ... which is another way to say "routine," but now it sounds very sacred!!! I need different affirmations, tools and practices to change it up a little and keep that

communication and relationship with God new and organic. Rev. Lei Lanni Burt created a prayer album for her Prayer Chaplain program that I have fallen in love with! It has a prayer/affirmation for just about any situation: peace of mind, sale of property, healing issues, pet loss, employment ... It's very complete and every prayer (which is printed on a lovely, calming color picture) is tabbed for ease and accessibility. I highly recommend this for a home resource.

Unity has also put together a meditation kit which contains the book, *A Practical Guide to Meditation and Prayer*, a card with meditation tips, a CD of meditation music, a card with the Prayer for Protection and Prayer of Faith, and four pamphlets (Peace; The Secret Place; Guidance; and Meditation). It all comes in a handy zipper-bag that would fit nicely into a

suitcase or bag. This would be a great gift!

And, lastly, we are once again carrying malas (or prayer beads). These are wonderful tools for relaxing, creating a rhythm and/or count for repeating affirmations and for simply reminding one to pray. We have them with wooden or gemstone beads—and you can have one custom made to your preference. The Prayer Album, the Meditation Kit and the Prayer Beads are all wonderful ideas and tools to revitalize the practice of prayer, which is the most foundational method of aligning ourselves with the Oneness of all there is ... God.

May you harvest a new grain from an old rut!!!

Blessings ...

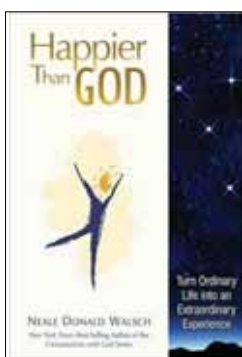
NEW IN THE DIVINE IDEA BOOKSTORE

Kids' Korner

**When Donkeys Fly:
An Inspiring Tale with a Tail**
By Ginger Hodge

This is a delightful book for children of all ages. When we were children, if someone wanted to do something that seemed impossible, they were told, "That will happen when donkeys fly." Since most people believe donkeys never fly, they would also believe the things in this book would never happen. This is a great book to help your child's imagination soar. (\$15.99)

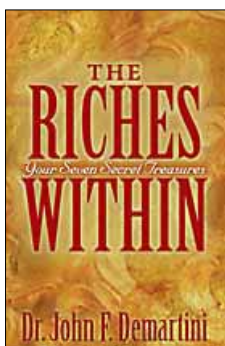
**Happier than God: Turn Ordinary Life
into an Extraordinary Experience**
By Neale Donald Walsch



You are a spiritual master, and may not know it. This is your manual. Life was meant to be happy. Do you believe that?? It's true. I know it doesn't seem like it when you look around, but it's true. YOU were meant to be happy, and if you ARE happy, you were meant to be happier. Just how happy can you be? Well.... You can be happier than God! From the

author of *Conversations with God* comes a journey to joy through a compelling message that can change your life. (\$18.95)

The Riches Within; Your Seven Secret Treasures
By John F. Demartini



We all possess seven secret treasures. What's more, we can have access to them – and to a more fulfilling life – simply by reading this book and following the clear steps it provides.

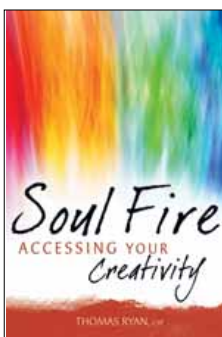
Become reacquainted with the power that you already have within you ... with respect to spirit, intellect, career leadership, finances, relationships, and your physical body. You'll learn how to maximize your potential for overall health and well being; see the power you already possess as a natural leader; discover how to build your financial wealth, and realize that everyone deserves prosperity; and more. Each chapter gives you several actionable items and helps you stay on track. (\$14.95)

**God Is Not Dead:
What Quantum Physics Tells Us About
Our Origins and How We Should Live**
By Amit Goswami, PhD



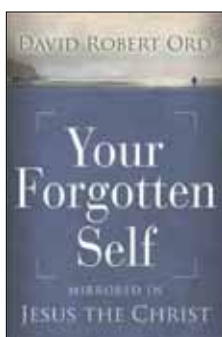
This is a fascinating guided tour of quantum physics, consciousness, and the existence and experience of God. The author, a physics professor at the University of Oregon, shows readers that God's existence can be found in the science of quantum physics; helps readers to break free of a Newtonian, materialistic view of reality to the fascinating quantum experience of God. This book will challenge readers to change how they think – and experience – the nature of reality, the existence of souls, the power of dreams, the universality of love, and the very mind of God. (\$28.95)

**Soul Fire: Accessing your Creativity
Trust the Creativity Within You – Then Get Out
of Its Way**
By Thomas Ryan, CSP



This inspiring guide shows you how to cultivate your creative spirit, particularly in the second half of life, as a way to encourage personal growth, enrich your spiritual life and deepen your communion with God. Each chapter provides questions for reflection to help you identify your creative energy, overcome your insecurities, and connect with your chosen method of expression. Practical exercises at the end of each chapter help you awaken your creative spirit within, whether you're a novice or expert; young adult, middle age or golden age; you will be challenged by this invigorating call to set free your creative potential. (\$16.99)

**Your Forgotten Self:
Mirrored in Jesus the Christ**
By David Robert Ord



If you are like millions of others who seek to understand Jesus and perhaps hope someday to be like him, chances are you don't experience the "peace that passes understanding" and the "joy unspeakable" that his first disciples did. The reason is simple ... you think of Jesus as different from yourself.

In the view of Jesus' early followers, we have no hope of enjoying the fulfilling life Jesus lived as long as we regard him as essentially different from us. To Peter, John, Mary, and Paul, Jesus was the embodiment of our true nature – a

Power on DVD

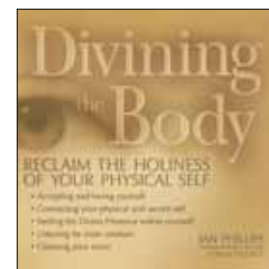
**Living Luminaries:
On The Serious Business of Happiness**
Featuring numerous best-selling authors such as Eckhart Tolle, Don Miguel, Don Miguel Ruiz, Marianne Williamson, Rev. Robert Schuller and Many More



This is a powerful new motion picture featuring the insights of the consciously evolved A-list of stars in the Cultural Creative Moment. Join our young seeker on his journey reaching some of the most inspirational individuals of our time. (\$30.00)

reflection of who we really are. This book invites you to experience yourself through new eyes. To be a believer is to see yourself mirrored in Jesus. To have faith is to understand yourself as Jesus understood himself. When this happens, the power of the Christ floods your everyday life. You begin to live as Jesus in the present moment. (\$17.95)

**Divining the Body:
Reclaim the Holiness of Your Physical Self**
By Jan Phillips



Our view of the human body is always evolving. From the goddess-worship of civilizations millennia ago ... to the strict social rules of Victorian England ... to the modern feminist movement, the human body – particularly the feminine body – has always been a point of interest, mystery, and contention.

Discover an entirely new way to look at your body: as a pathway to the Divine. Take this energizing journey through your physical self; drawing connections between the bone, muscle, and sinew of your body and the spiritual teachings of various faith traditions, modern scientific research and the authors own experiences. You will find yourself empowered to work to transform the world around you and overcome self-defeating thoughts through positive exercises and meditations that show you how to climb back into your body and honor it as the temple of God that it is. (\$16.99)

Shop Online at
www.divineonline.com

Small Groups Ministry

Unity of Phoenix offers a wide variety of small groups through which it is easy to make friends, deeper connections and loving relationships in our spiritual community. Our new Pastoral Care Minister, Rev. Jimmie Scott, will now begin overseeing these Small Group activities.

Connecting and getting to know others at Unity of Phoenix is easy! Following are some of the small group activities that are available.

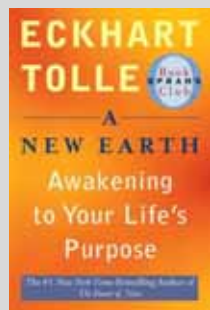
For more information about these long-term small groups, or to express an interest in forming your own, contact Rev. Jimmie Scott at 602.978.3200, Ext. 234, or jscott@unityphx.org.

Check Out Our New Groups!

A Course in Miracles:

Tuesdays, 6:30 to 8 p.m. • Room 11

Come join a study group in learning the principles of the *Course In Miracles*. Students from beginner or regular study are welcome. Learn about living life with love, happiness, forgiveness and inner peace. Facilitated by Alarra Boutell.



Starting September 16! Eckhart Tolle New Earth Discussion Group:

Join with others to discuss this inspirational book and how we can each awaken to our own life's purpose! Beginning September 16, this group will meet on the first and third Tuesday of the month from 6:30 to 8:30 p.m. in the

Gathering Room. For more information, contact Jane Norde at elnorday@cox.net

Prosperity Consciousness Group:

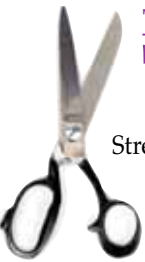
Saturday, September 13 and
Saturday, October 11
10 a.m. to Noon; Room 5

Do you desire prosperity? Do you believe you deserve financial abundance? The large majority of those who have financial abundance in our country have done so by having a plan and following through with that plan. It first took the desire, then the knowledge to know what actions they needed to take that would result in financial abundance.

The board game "Cash Flow" teaches the fundamental principles of financial success. In this game you will learn:

- A great way to raise your financial IQ quickly
- How to be a master of your money rather than a slave to it
- What the wealthy teach their kids that the poor and middle class do not
- The fundamentals which YOU will need to practice to become financially free!

Join other like-minded adults looking to grow and learn while playing a fun game of 'Cash Flow' at the church on these two Saturdays!



The Craft Connection:

This fun-loving group meets offsite on the 2nd Saturday of the month from 10 a.m. to 3 p.m. at 7th

Street north of Thunderbird. Are you crafty? Then this is the group for you! Bring your crafts and join us; everyone is welcome! We have people who scrapbook, make greeting cards, bead, knit, paint and needlepoint. We love to share ideas and encourage others to try something they haven't done before. For more information, please contact Beth Marks at bmmarks@unityphx.org.



Golf Group:

Unity Golfers meet each Monday. Please contact Bill Smith at 623.915.3272 or ellairsmith@cox.net for the location and time of the next Monday

morning golf meeting.

Hiking Group:

MOONLIGHT HIKES

Friday, September 12, 7:30 p.m. - Shaw Butte

Friday, October 10, 6:30 p.m. - North Mountain

For each of the above hikes, please meet at the designated time in the Church parking lot. NO Sign-up Required.

FITNESS FOR FUN HIKES

Saturday, September 20 - Lava River Cave west of Flagstaff

Saturday, October 18 - West Fork of Oak Creeek in Sedona**

Saturday, October 25 - Parson's Trail in Clarkdale

Please meet in the Church parking lot at 7 a.m. to carpool.

** Confirmation needed to vanpool for the October 18 hike.

Otherwise, NO Sign-Up Required



In September we are hiking west of Flagstaff to the Lava River Cave. In October we are trekking two trails in the Sedona/Clarkdale area. On the October 18 hike, we will be car/van pooling with the Christ Church of the Valley Hiking Group. On the first and third hikes we will be car pooling from Unity.

All of the "Fitness for Fun Hikes" are designed to accommodate a wide range of hiking abilities and participants are encouraged to hike at their own pace. See our *Unity Trail Mix* newsletter for full details! Come join us for the day!

We recommend sturdy hiking or walking shoes, sun screen and sunglasses or a hat, and snacks and water for both during and after the hike (1-2 quarts of water per person). Just come to the church on hiking day at the designated time to carpool to the trailhead.

If you have further questions regarding hiking group activities, or wish to receive the monthly *Trail Mix* newsletter, please contact Don Clausing at 602.866.0285 or dclausing@unityphx.org.

The Law of Attraction Connection Group:



This group gets together on the 2nd and 4th Wednesday of each month from 7 to 9 p.m. in Room 11 at Unity of Phoenix. This is an ongoing group that comes together to learn, study, practice and apply the principles of

the Law of Attraction, and celebrate together the transformations in our lives. For more information, please contact Jane Francis at 602.978.9782 or janeslight@aol.com.

Unity Business Leaders:



Unity Business Leaders is a group of spiritual-minded business professionals who come together to network and support

each other. Unlike other network groups, who push products and business cards at one another, we work to get to know each other on a more personal level by building relationships and community. We have about 60 people attend each event.

If you would like to grow your business relationships with a group of high energy people, you've found the right group!

Our September mixer will be Monday, September 22, from 6 to 8 p.m., and our October mixer will be Monday, October 13, from 6 to 8 p.m. Both will be held at Anna Banana Realty, located at 2301 W. Dunlap, Suite 105. A \$25 entrance fee covers food, beverages and all the fun of building relationships and community with a group of like-minded people.

To RSVP or for more information, contact Anna Banana at 602.595.8900 or anna.banana@cox.net or annabananarealty.com.

Unity Singles:



Our Unity Singles events provide a safe, supportive and loving environment for fun, fellowship and spiritual enrichment. If you're single and over

the age of 18, please make plans to join us every Sunday at 12:45 p.m. for lunch, as well as every Friday evening at 5:30 p.m. for socializing & dancing.

In addition to these weekly events, our Singles

Criteria for Forming a Small Group Ministry

Our Small Groups are created by congregants of Unity of Phoenix, just like yourself! These groups invite like-minded people to meet and establish a greater connection and to support our ministry. If you're interested in starting your own group, please follow this process!

- 1 Put together a group of people from the ministry who are interested in your connection group. Prepare your roster of participants, including names, email addresses and phone numbers.
- 2 As a group, adopt the Spiritual Intention of the group (which must align with the Vision and Mission statement for Unity of Phoenix). Have all group members sign this document and return it to the Ministry.
- 3 Decide upon a name for your group and the day(s) and time(s) you will meet. You are encouraged to meet offsite, due to limited classroom space at the church.
- 4 Create a description of your group that can be used in printed publications distributed by Unity of Phoenix to attract new members.
- 5 As a group, decide upon two or three Outreach Projects in which you would like to participate each year. There are many projects available through the Unity of Phoenix's Outreach Ministry; you are welcome to find community projects outside of the ministry.
- 6 Consider hosting the Hospitality Tables in the Courtyard to support the ministry and promote your group.

After you have completed this checklist, the leader/main contact for the group should send the information to Pastoral Care Minister Jimmie Scott at Unity of Phoenix (jscott@unityphx.org). Your information will then be reviewed by the Pastoral Care Minister and you will be contacted.

Group sponsors a wide variety of activities, including movies, plays, comedy clubs, museums, house parties, bowling, bicycle riding, hiking, dance lessons, discussion groups, and game nights.

Our group also supports and gives back to Unity of Phoenix by volunteering for Unity sponsored events and projects on a regular basis.

For a detailed listing of events, times and locations, please go to the Unity website at www.unityphx.org/connecting/singles.html. If you have questions, please contact Phoebe Hendrix at 602.841.0235 or email her at liaisonuop@azboss.net.

VIP-OWLS Luncheon:

STARTING BACK UP AGAIN IN OCTOBER!

October 15

Noon to 1:30 p.m. • Rooms 6&7



As we move into autumn, our beloved VIP-OWLS (Very Important People - Older Wiser Loving Seniors) will be coming back together for a season of learning

and laughing together over great food. If you are 55 or older we invite you to attend this monthly luncheon.

Beginning this year in October, and moving to the third Wednesday of the month, the VIPs will get to know Rev. Jimmie Scott, learn how to handle the holidays with a sense of joy, and celebrate St. Patrick's Day with fun-loving Divine Idea Bookstore Manager Julia Kellogg.

Later in the season -- which runs through May -- we'll learn a few basics of metaphysical Bible interpretation with Rev. Sandy Kale, and we'll "pray with our whole being" by practicing the art of moving prayer.

On October 15, "Welcome, Rev. Jimmie Scott!" We'll get to know our new Pastoral Care Minister. The church will supply the pizza; please bring a salad or dessert to share.

If you have any questions or would like to know more about this group, contact Rev. Jimmie Scott at jscott@unityphx.org or 602.978.3200, Ext. 234.

We look forward to seeing you there!

Our Unity Community

Beauty and the Beast

Our 4th, 5th and 6th graders who participated in this year's Youth Summer Drama Camp showed off their talent -- and costumes -- during dress rehearsal for their summer production of *Beauty and the Beast*. The final production was presented in the Sanctuary on August 24.

Thank You, Desert Foothills Theater!

We extend our deepfelt appreciation to the Desert Foothills Theater, which provided significant support for our Summer Drama Camp and loaned us some amazing elements for the play sets.

You can read more about the Desert Foothills Theater at www.desertfoothillstheater.com or by calling 480.575.2440.

Thanks and blessings to this wonderful group!



Boy Scouts Building the Labyrinth

Boy Scout Troop #41 rolled up their shirtsleeves and gave their all to making our new Gratitude Labyrinth a reality for Unity of Phoenix. Many thanks to the congregants who donated supplies for the new Labyrinth. Construction is expected to be completed in the near future.



Paving of the Front Parking Lot

We extend a huge thanks for the congregant gifts that made the paving of the parking lot by Southwest Slurry Seal possible! Happy parking to all!

Our Entire Unity Staff is Here to Bless and Serve You! This Month, Meet the Members of Our Business Office



Dottie Hawk
Data Management Coordinator
and Technical Coordinator

Dottie is responsible for collecting pertinent data about congregants, maintaining the integrity of that information, and supporting all departments with the information while complying with confidentiality.

She also plans, implements and coordinates the church's information technology, ensuring that all data and reporting requirements are complete, accurate and secure. In addition, she assists all end users with technical issues.

"I love having a job that matters, and finding ways to make it easier and simpler to offer better quality programs to our congregation."



JC Mason
Facilities and
Operations Manager

JC is responsible for the day-to-day operations of the facility, and oversees all facilities management programs.

"I have always loved working with the staff of Unity of Phoenix. It can be a fun environment to be of service to Spirit and the congregation, as well as the other staff members. I feel my purpose here is to support all in any way I am capable."



Bridgette Marentes
Accounting Manager and
Personnel Manager

Bridgette directs and organizes all general accounting activities and staff for the church, and ensures that all accounting systems and record keeping is done and accurate. She also assists the executive director in administering the business affairs and numerous administrative matters of the church.

Bridgette also administers all personnel and payroll affairs relating to all ministries of the church, maintains personnel records and assists and supports employees with personnel issues.

"What I love best about working at Unity are the staff, volunteers and all of the wonderful opportunities for spiritual growth."



Mary Vranicar
Data Entry

Mary enters congregant contributions, addresses, phone numbers, attendance and other data into the church's database. She also makes follow-up and congregant service phone calls and merges electronic data into church communications.

"This is such a wonderful ministry! Although I work 'behind the scenes,' I know I am serving the congregation, board members, volunteers, and staff in a consciousness of love and joy - it's the best job around!"

Our Unity Community

JC Mason Named Facilities & Ops Manager



After holding the position on an interim status for just a short time, JC Mason has been officially named as Operations and Facilities Manager for Unity of Phoenix.

JC has been with Unity of Phoenix for seven years and has served in many capacities. As a staff member, she began as the Night Manager; then worked in Accounts Payable, Data Entry and Accounts Receivable; and most recently served as Operations Assistant.

As a volunteer, JC has worked in the Youth & Family Ministry, served as an Usher/Greeter, filled the role of Worship Coordinator (when it was still a volunteer position!); helped with the Palomino project; and assisted with GolFest. She has also earned her CEP certification (which is now known as SEE certification).

The Operations and Facilities Manager position requires a trustworthy, reliable, knowledgeable and focused individual; in the midst of all of the change occurring in the ministry, this is more true than ever. JC is all of that and more! JC knows our ministry well, and has filled a wide variety of roles here. We believe she will serve our ministry extraordinarily well in her new position.

Reporting to the Executive Director, JC will oversee the Reception Desk staff, Facilities Assistants, Hospitality Coordinator and Housekeeping staff.

Please join us in welcoming JC to her new role!!!!

Susie Whiting Becomes Milestones Coordinator



Susie Whiting has been appointed Milestones Coordinator for Unity of Phoenix, filling the spot left open by Marilyn Smith's departure. Susie has already been serving as a hostess for weddings and christenings, but now adds the coordination of *all* milestones events (including memorials) to her duties. She is also continuing her duties as Front Desk Receptionist and Hospitality Coordinator.

Susie invites Unity of Phoenix congregants to consider the Sanctuary, Prayer Garden and Chapel for their celebrations and events. "We do the organizing, the decorating, and we provide some wonderful ceremony suggestions for these events," she said. "Some people are surprised to learn that we do baptisms for adults, as well as christenings for children. These ceremonies are all so honoring and celebratory, everyone should have a chance to experience them! Our ministers keep the events relaxed and fun, but sacred at the same time."

Please call Susie at 602.978.3200 ext. 274 to find out if the church can help you with any of your plans!

MILESTONES

Baptisms

Stephanie Ehrick was baptized on June 15, 2008.

Memorials

Nicole Bolde made her transition on March 4, 2008. A memorial was held in her honor on June 7, 2008.

Lee Newsom MacDonald made her transition on January 20, 2008. A

memorial was held in her honor on June 14, 2008.

Bob Hitch made his transition on June 11, 2008. A memorial was held in his honor on June 21, 2008.

Helen Ruth Schroeder made her transition in July of 2008.

Helen E. Mantooth made her transition on July 18, 2008. A memorial service is pending.

Welcome, New Members!

- | | | |
|-------------------|----------------------------|--------------------|
| • Sally Barnhart | • Angela Johnson McCormack | • Marylin Redfern |
| • Lori Bray | • Lisa Kellem | • Trisha Reed |
| • Karen Brown | • Cynthia Larson | • Garry Rogers |
| • Maxine Brown | • Mike Laureano | • Cynthia Salk |
| • Linda Burns | • Diane Lee | • Barb Sedgwick |
| • Darlene Carlson | • James Lee | • Jim Sedgwick |
| • John Carlson | • Patty Lewis | • Michael Shell |
| • Sue Clark | • Bev Maxton-Gross | • Quacy Skinner |
| • Tracy Collins | • David McCormack | • Tessa Skinner |
| • George Cuyjet | • Jeremy Morgan | • Tom Swett |
| • Tim Eddy | • Kevin Neal | • Trevor VanHuizen |
| • Jane Francis | • Ursula Neal | • Troy Warren |
| • Jennifer Geis | • Terry Plavala | • Jane Wituschek |
| • Lauralee Green | • Marcy Poet | • Ernest Yancy |
| • Joseph Gross | • Donald Pryor | • Phyllis Yancy |
| • Jason Hensley | • Jeff Pudwill | |
| • Kenneth Howard | | |

Help Us Secure Our 'Wish List'!

We are often asked by congregants if there are items that we have a need for, or how they can contribute to Unity of Phoenix in a meaningful way above and beyond their tithing. Our "Unity Wish List" identifies those services and items highest on our list of priorities. A list of current "Wish" items is included below. Thank you in advance for holding this list in prayerful consideration!

- Repair of steel posts in the Courtyard. (\$5,000)
- Kurzweil electric keyboard. (\$3,000)
- Air conditioning repair (compressor) in Youth Ministry building. (\$2,100)
- Firewall upgrade. (\$2,000)
- Two-way radio communication system. (\$1,480)
- Commercial-grade landscape sprayer. (\$1,400)
- Air conditioning repair (condensers) in Sanctuary. (\$1,100)
- Food coupons for families in need. (\$500/month)
- Saving Jesus DVD-based program for Spiritual Education class. (\$300)
- Prayer Chaplain camp scholarships. (\$160/person)
- Seven programmable thermostats. (\$150/each)
- Pest control service. (\$60/month)
- First aid kit supplies. (\$25)
- Bottled water. (\$5/case)
- Candle lighters. (\$5/each)

Unity
Wish
List

Would you like a meaningful way to contribute to the Church?



Join the Unity of Phoenix Choir!

Come make a joyful noise unto the Lord! Music is an important part of our ministry, and we'd love to have your voice heard! For more information, contact Unity of Phoenix Music Director Jerry Wayne Harkey at jharkey@unityphx.org.

Lend Some Sunday Morning Support!

Would you like to help create and support our Sunday morning worship experience? Join our Usher/Greeter/Welcome team! For information, contact Volunteer Coordinator Ann Hall at 602.978.3200, Ext. 226, or ahall@unityphx.org.

Save the Date for Two Great Church Events!



Congregant Christmas Party Friday, December 5

Tickets go on sale November 9!



Unity Biz Fair

Sunday, March 8, 2009

Table sales begin February 15, 2009!

Advertise to the Unity Community!

Advertising in this newsletter is a wonderful way to reach an important market niche: Unity of Phoenix congregants!!! This newsletter reaches thousands each month, most of whom read it from cover to cover. It is also posted on our Web site, which receives many, many visitors. Our rates are:

- Half Page (9.75" x 7.75"): \$450
- Quarter Page (4.65" x 7.75"): \$275
- Eighth Page (4.65" x 3.625"): \$165

Pricing is for camera ready advertisements only. An additional fee is charged for creating advertisements for clients. For questions and deadline information, please contact *Upward Venture* Editor Sue Thompson at 602.494.9708 or sue_thompson@qwest.net.

Thank you!!!!

Our Mission:

As expressions of God, we create a consciousness of love and celebrate the Divinity within all people.

Our Vision:

We are a spiritual light for peace, love and healing, and a magnifying power for the miraculous transformation of the world.

Unity Services:

Silent Meditation Service:
Tuesday, 6:15 p.m.

Guided Meditation Service:
Wednesday, 6:15 p.m.

Sunday Morning Services:
8, 9:30 & 11:15 a.m.

Communion:
1st Sunday/Month
12:45 p.m.

Sunday Children's Ministry
(Age 0-3 years):
8 a.m.

(Age 3-Grade 5)
9:30 and 11:15 a.m.

Sunday Teen Ministry
Uniteens (Grades 6-8), R10
9:30-10:30 a.m.
11:15 a.m.-12:15 p.m.

Y.O.U. (Grades 9-12), R9
11:15 a.m.-12:15 p.m.

Church Office:

Telephone:
602.978.3200

Fax:
602.978.3248

Website:
www.unityphx.org

Staff Email:
First initial, Last name
(i.e., rmaraj@unityphx.org)

Hours of Operation:
Mon.-Thurs: 9 a.m.-5 p.m.
Fri.: Closed
Sat.: 9 a.m.-3 p.m.
Sunday: 8 a.m.-2 p.m.

Bookstore:

Telephone:
602.978.3337
or 800.853.1372

Email:
bookstore@unityphx.org

Hours of Operation:
Sun.: 8:30 a.m.-1:30 p.m.
Mon.: Closed
Tues.-Wed.: 10 a.m.-7 p.m.
Thurs.: 10 a.m.-5 p.m.
Fri.: Closed
Sat.: Closed on Saturdays
until November

Ministry:

Lead Minister:
Rev. Richard Maraj, X-237

Pastoral Care Minister:
Rev. Jimmie Scott, X-234

Ministerial Associate:
Chris Kennedy, X-299

Chaplain Line: X-256
Dial-A-Prayer: X-260

Staff:

Executive Director:
Bruce Mosby, X-254

Youth Education Director:
Linda Depke, X-334

Volunteer Coordinator:
Ann Hall, X-226

Counseling/Grief Counseling:
Joan Bacchus, LUT, RN

To contact a member of our
Board of Trustees, please
email board@unityphx.org.

10th Anniversary Celebration

There's No Place Like Home!

10TH ANNIVERSARY OF

NOVEMBER 1998

10

OUR CHURCH HOME

NOVEMBER 2008



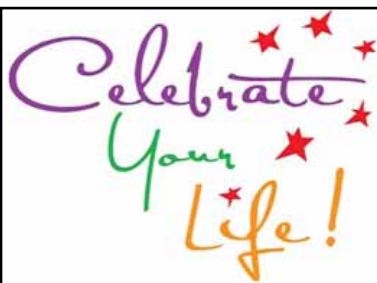
Get Ready to Celebrate!

Sunday, November 9 • After Morning Services

Join us as we give thanks and celebrate 10 years in our current church home. We will:

- Rejoice in our success over the past years
- Create excitement about our future
- Re-energize our spiritual community regarding our Fundraising Campaign
- Celebrate our "treasures" with drawings and auction items before and after services

Keep an eye out for more information in upcoming bulletins and newsletters.



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