

Special Points of Interest

- We have a variety of fun-filled events and fundraisers planned for the summer. See a schedule and description of each on Page 2.
- Dive into our summer worship services ... they'll wash over you and create more joy and prosperity in your life! Turn to Page 3 for more information.
- Our spiritual education line-up for the summer is hot, hot, hot! We've got wonderful facilitators traveling here from near and far to provide you with meaningful, inspirational classes. Turn to Pages 4-5 for a complete listing.
- We're forming a Young Adults of Unity group for 18- to 29-year-olds. Turn to Page 10 for information about the first meeting.
- Our Strategic Planning Committees are seeking the skills, gifts and experience of more individuals. Turn to Page 11 for a description of the Committees, and discern how you might contribute!

Inside:

Upcoming Events,
Fundraisers and Outreach 2
Worship & Special Services . . . 3
Spiritual Education 4-5
Pastoral Care 6
Prayer Chaplain Training 6
Youth & Family Ministry 7
Calendars of Events 8-9
Volunteer/Outreach 10
Young Adults of Unity
Group Forming 10
News from the Board 11
Financial Updates 11
Volunteers Sought for
Strategic Planning 11
Divine Idea Bookstore 12
Small Groups Ministry 13
Music Ministry 13
Milestones 14
Wish List 14
Newsletter Advertising 14
Our Unity Community . . . 14-15
Take Ownership in Unity . . . 16
Membership Information 16

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Don't Slow the 'Mo'!

Keep Up the Momentum!



By Rev. Richard Maraj
Lead Minister

Have you ever started out excited about achieving a goal, only to have your energy and enthusiasm fizzle out quickly?

Many of us have been "gung-ho" about a dream or desire, but quickly lost our drive and motivation because it was much harder and/or took longer to achieve than we expected.

Winston Churchill said, "Success is moving from failure to failure without losing enthusiasm!" The road to happiness and the fulfillment of our dreams is not always smooth, and it's easy to lose our enthusiasm and momentum. There are bumps, detours, twists and turns that can leave us discouraged and feeling like we will never fulfill our dreams. It is during those tough moments that we must dig deep, turn to God for direction, and look for inspiration to drive ourselves forward.

It is not just *external* forces that create momentum. In fact, the strongest catalyst for momentum is generated from *within*: by our mindset and the inner activity of Spirit that flows *in* and *through* us. This flow of energy is available to us at all times, but it is our responsibility to *consciously* tap into it. The force of this momentum is neutral in nature ... neither positive or negative. We are the ones who guide and direct it — and the ultimate impact it will have — based on the collective energy of our vision, intention, attitude, action and degree of enthusiasm. These internal well-springs inter-connect and build upon each other to increase the flow of ideas, connections and inspiration we experience. So if we fuel the process with positive thoughts and energy, it naturally follows that we are

most likely to achieve positive results.

So what can we do to ensure that we maintain a positive flow of momentum to help us move toward all of our goals and dreams? Following are some helpful steps!

1 Acknowledge and Rejoice in Your Progress.

Taking time to acknowledge and be thankful for how far you have come and how much you have grown is important, because it will energize and make you feel good. Let's face it: even when you already *know* you've done a good job on something, hearing praise from a boss, spouse, co-worker or friend about the accomplishment fulfills the basic human need to feel appreciated and recognized. It's best to bless *yourself* in the same manner by giving yourself the acknowledgment you deserve and crave. Each time you complete a significant task or reach a major milestone, congratulate yourself and/or reward yourself with something you enjoy. There's simply no greater motivation than measuring and taking pride in our own progress!!!

2 Learn and Make Adjustments.

Some challenges in life may make you feel as if you've run into an unexpected speed bump. It may slow you down a bit, but it doesn't have to completely stifle your forward momentum. You simply need to slow down and adjust for the "speed bump," instead of stopping altogether. And as you continue with your forward motion, the experience you have gained will help you better deal with similar "bumps" that may be lying in wait down the road.

3 Re-Center on the Reason(s) You Want to Achieve Your Dream(s).

A great way to stay motivated is to regularly remind yourself of exactly *why* you want to achieve the goal you have set. What benefit will you receive from its achievement? Visualize as clearly as possible how you will look and feel when you reach your goal, and the specific impact it will have on your life. See, feel and breathe what your life will be like, and the energy will begin to flow! Repeat this process every day, and it will inspire you anew. It will speak to you and guide you into bringing your dreams to life.

4 Pray for Strength, Clarity and Guidance.

Stay centered in Spirit, and keep your heart and mind open to God's wisdom and guidance. As

you move forward toward your goals, it's important to pause frequently along the way, seek and *listen* with your heart for that still, small voice of God. If you truly *do* listen, you will always be led to something greater and wiser.

5 Develop a Dream Team.

"No man is an island" ... we all need help and support from others to live a fulfilling and successful life. Your friends and family can be your biggest advocates; they are frequently the ones who most support your happiness and want to help you achieve it in every way they can. Share your dreams with them, and ask for help when it's needed. Just as importantly, consider joining or forming a "mastermind" group. Meeting regularly with a group of success-minded individuals can provide you with immeasurable support, encouragement, inspiration, accountability ... and even resources and connections to which you might not otherwise have access.

6 Practice Patience and Perseverance.

We live in a world obsessed with instant gratification. Most of us don't want to wait ... we want it *now!* In truth, however, success most often is the result of a lengthy, step-by-step process. Mark 4:23 states, "For the earth brings forth fruit of herself; first the blade, then the ear, after that the full corn in the ear." All change and growth takes time, and all things develop in stages. Obtaining your goals will most likely require persistent effort and, sometimes, even struggle. In the midst of these challenges, it's important to maintain patience. You *will* eventually reap what you have sown ... but usually only after praying, discerning, planning, taking a thousand necessary steps, and slowly and steadily doing all that is required to reap the rewards you are seeking.

As you move toward your goals and dreams, you will definitely encounter some road bumps along the way. But you mustn't allow the inevitable challenges of life to stop you from continuing to move closer to your dreams. Practicing these six steps can help you stay strong and centered, and remain positive, energetic, creative and enthusiastic all along the way. Even when the end of your road seems nowhere in sight, the only way to reach your final destination is to keep on going.

Don't slow the "Mo"!!!!

Update on Our Search for an Associate Minister

By Rev. Richard Maraj

As many of you are aware, we began our year by setting an intention to hire a fourth minister to help support our ministry's commitments. According to Ministry Standards, we have been working for three years now with one less minister than we should! As a result, bringing in another associate minister has been a priority to better serve our spiritual community's growing needs.

Our goal is to have our new Associate Minister hired by September, or as soon as possible thereafter. We are continuing with our discernment process as we review applicants, speak with and interview them, and assess their consciousness, skills and chemistry to assure a great team fit. Though the process is taking a bit longer than we initially anticipated, we know and trust that this process is unfolding in divine order and that we are attracting the right and perfect associate minister

in the right and perfect time.

We ask for your continued prayer support as we move through this process. We are grateful for your continued support and for holding the intention for the right and perfect associate minister to bless our ministry.

We will continue to keep you apprised of our decisions and progress along the way!

Upcoming Events

Create Greater Harmony in Your Life!!!

Sponsor a 'Key' for \$35 to Help Us Purchase a New Digital Piano for the Chapel!

Three Sundays: June 20 & 27, and July 4
8 a.m. to 12:30 p.m. • Courtyard

Music plays an important role in our worship experience ... It soothes our souls, lifts our spirits, opens our hearts and stimulates deep emotions and spiritual transformation.

Though music is a key part of communion, meditation and other services we hold in the Chapel, lately, that has been somewhat compromised by the condition of our piano there.

Our old upright has performed hard and well over the years; however, after thousands of performances, it has simply lost its lustre, tune and volume control.

Create greater harmony in your life and enhance the music in our Chapel at the same time!!!!

Purchase the corresponding piano key to:

- Calm/Peace • Devotion/Love • Energy • Faith • Gratitude • Abundance • Bliss
- Contentment • Divine Order • Fulfillment • Good Health • Achievement

When all 88 keys are claimed, we'll have enough to purchase a new piano!

Keys will be available for purchase in the Courtyard on Sunday mornings or at the Divine Idea Bookstore during the week.

Please Assist Families in Need by Contributing to Our ICM Drive

Two Sundays: July 11 and 18
8 a.m. to 12:30 p.m. • Courtyard

We will be collecting food, toiletries and other household essentials to help meet the basic needs of more than 60,000 working poor served by Interfaith Cooperative Ministries.

Many people served by ICM are unable to work; others don't make enough in their minimum wage jobs to care for themselves and their families. Your contributions can keep ICM well stocked for these deserving individuals. During our two-week drive we will be collecting the following items:

Clip and take with you as a reminder when you go to the store!

Food

- Dried or canned beans
- Rice, noodles, cereal, baking mixes
- Tuna and other canned meats
- Mayonnaise, mustard and ketchup
- Bread and tortillas
- Any non-perishable food items, including canned fruits, vegetables and tomato sauce

Baby Needs

- Diapers and pull ups (Sizes 3-5)
- Wet wipes
- Formula (Similac is most popular)

Toiletries

- Shampoo and conditioner
- Soap or liquid body wash
- Lotion
- Feminine products
- Laundry detergent
- Toothpaste and toothbrushes
- Deodorant

Other

- Empty prescription/vitamin pill bottles with screw-on lids
- Plastic or paper grocery bags
- 13-gallon drawstring garbage bags
- Bottled water



Corresponding Youth Ministry Drives

In conjunction with our ICM Drive, our Youth Ministry will be sponsoring the following drives of their own on July 11 and 18:

- **'God Can' Canned Food Drive:** Our children are asked to bring in a canned food item to replenish the St. Mary's Food Bank this summer.
- **Backpack Drive:** Our teens will be collecting new or gently used backpacks for HomeBase, a shelter for homeless teens. The backpacks will be filled with water bottles, socks, underwear and toiletries and taken to teens on the streets.

Help Us Sort the Many Items We Collect!!!

Saturday, July 24 • 7:45 to 11:30 a.m. • Meet at the Church

We are seeking at least 27 volunteers to help us sort and organize all of the items we collect during our ICM Drive. Minimum age is 6 years old. We will be working indoors; no open-toed shoes, please!



Support Our Uniteen Fundraiser!

Purchase a 2011 Entertainment Book

Two Sundays: August 15 and 22 • Courtyard
Books: \$30 each

This ultimate coupon book provides discounts at hundreds of restaurants, sporting events, performance venues, attractions, shopping centers, airlines, hotels and more. Purchase one, and start saving today!

Join Us for Movie Night at Unity!

JAMES CAMERON'S
AVATAR

Friday, July 30 • 7 to 10 p.m. • Unity of Phoenix Sanctuary

Take a journey into a spectacular world beyond imagination, where a reluctant hero embarks on an epic adventure to save the alien world of AVATARS that he ultimately learns to think of as home.

Admission in Exchange for a Love Offering

Daniel Nahmod

'Sacred Love 2' CD Concert Debut

Sunday, July 18 • Musical Artist at all Worship Services
and 1 to 3 p.m. Concert • Sanctuary



Unity congregants are in for a special treat on July 18, when Daniel debuts his 14th CD, *Sacred Love 2: Hymns For Humanity*, the follow-up to his beloved *Sacred Love* (which introduced "My Soul Is Welcome Here," "Sacred Love," "Swing Wide The Doors," and "Get Ready My Soul").

Sacred Love 2 features 15 new praise and worship songs. Daniel will perform a few during worship services; the concert will feature, not only the balance of these new songs, but also many old Unity favorites. The day is sure to be a soul-stirring spiritual experience!

Minimum Suggested Love Offering for Concert: \$15

Summer Drama Camp Production of Pinocchio

Sunday, August 29 • 1:30 p.m. • Sanctuary

Talented troupe of 4th-6th graders and adult volunteers are spending the summer preparing for this magical "rites of passage" production. Plan to attend and enjoy this enchanting story about the challenging transformation of a wooden puppet into a real boy.



Admission in Exchange for a Love Offering

Unity Fine Art Fair

A Unique Opportunity to View and Buy Original Artwork from Local Artists

Sunday, September 5 • 8 a.m. to 1:30 p.m. • Unity Campus

We encourage local artists to display their fine art pieces in any (or all!) of the following categories: watercolor; oil; acrylic; pen and ink; charcoal; or framed photography. (*Hanging art only, please!!!*) We will also feature a section of children's artwork.

This is a marvelous opportunity for local artists to gain exposure for their work from a large audience of art enthusiasts. Sign up to participate today!

Participation Fee: Only \$5 per fine art piece. Get an entry form online at www.unityphx.org, at the Welcome Table in the Courtyard, or at the Reception Desk in the Unity of Phoenix administration building.

Judith Orloff

"The Power of Intuition and Emotional Freedom"

Friday, September 24 • 7 to 9 p.m.
Unity of Phoenix Sanctuary

Best-selling author/psychiatrist Judith Orloff, will share insights from her latest book, *Emotional Freedom*, teaching us how to master negative emotions and use intuition to empower our lives.



Tickets: \$20 per person (on sale August 22)
Available at the Divine Idea Bookstore, 602.978.3337, or www.unityphx.org

Worship and Special Services

Dive in to our summer worship services ... The messages will wash over you, touch your heart, and create more joy in your life!

Four-Week Series Summer Book Club Series

July 4
Radical Honesty
(based on the book by Brad Blanton)
with Rev. Richard Maraj
Musical Artist: Stefan Mitchell

July 11
The Secret of Unlimited Prosperity
(based on the book by Catherine Ponder)
with Rev. Richard Maraj
Musical Artist: Renee Morgan Brooks

July 18
The Hidden Messages in Water
(based on the book by Masuro Emoto)
with Rev. Richard Maraj
Musical Artist: Daniel Nahmod

July 25
Peace is Every Step
(based on the book by Thich Nhat Hanh)
with Rev. Richard Maraj
Musical Artist: Rusty Ferracane

Three-Week Les Brown Series! Live Your Dreams

August 1
It's Possible
with Guest Speaker Les Brown
Musical Artist: James Crowley

August 8
It's Necessary
with Guest Speaker Les Brown
Musical Artist: Faith Rivera

August 15
It's You!
with Guest Speaker Les Brown
Musical Artist: Rusty Ferracane

Discover Your Power

August 22
Your Unconquerable Soul
with Rev. Richard Maraj
Musical Artist: Sally Jo Bannow

August 29
Joy
with Rev. Richard Rogers
Musical Artist: Todd Herzog

**Labor Day
Family Service**
September 5
The Spirituality of Harry Potter
with Rev. Richard Maraj
and Chris Kennedy
Musical Artists: To Be Determined

Worship is AWESOME in AWE-GUST!



*You asked for MORE LES,
so you got it!*
Les Brown
Three-Week Worship Series:
"Live Your Dreams"
August 1, 8 and 15
All Morning Worship Services:
8, 9:30 and 11:15 a.m.



Rev. Richard
"Your Unconquerable
Soul"
August 22
All Morning Worship Services:
8, 9:30 and 11:15 a.m.



Simply not to be missed!
Rev. Richard
Rogers
"Joy"
August 29
All Morning Worship Services:
8, 9:30 and 11:15 a.m.

Wednesday Evening Service

Every Wednesday • 7 p.m. • Facilitated by Rev. Maraj

"MMM MMM" Good!



MESSAGES TO EMPOWER YOU
You'll receive step-by-step guidance in how to apply and practice spiritual principles on a daily basis.

MUSIC TO STIR YOUR SOUL
Daniel Nahmod's original songs and Agape music from our talented Wednesday Evening House Band will open your heart and fill your spirit.

MEDITATION TO TAKE YOU DEEPER
A variety of meditations will take you deeper and strengthen your connection to Spirit.

Childcare for Wednesday Evening Service • 7 to 8 p.m.
Childcare is provided during the Service to support parents who wish to attend.

Communion

July 4 and August 1 (and the 1st Sunday of each month)
12:45 p.m. in the Chapel

Our monthly Communion includes prayer, silence, responsive readings and partaking of the elements.
Our July service will be facilitated by Dr. Hilary Manley; The August service will be facilitated by Susan Whiting.
Please join us for this sacred and holy time!

Save the Date ... Save the World

WORLD DAY OF PRAYER

Thursday, September 9, 2010

Living in the Flow

"We are living expressions of divine light flowing forth into the world."

Unity's World Day of Prayer is an annual celebration to affirm peace, abundance and love on an individual and global level.
Please join us for a Silent Prayer Vigil in our Chapel on this special day.

Be Still and Know ...

Wednesday Evening Chapel Meditation

Wednesdays • 6:15 to 6:45 p.m.
in the Chapel
Facilitated by our Prayer Chaplains

Doors close exactly at 6:15 p.m.
to honor our meditation time.

Childcare for Chapel Meditation • 6 to 6:45 p.m.
Childcare is provided during the Meditation to support parents who wish to attend.



Spiritual Education



'Appreciation Moments' Keep Up the Momentum

By Chris Kennedy,
Ministerial Associate

Being a bit passionate and driven in life, I used to be so focused on the next thing to do, or how to perfect what was before me, that I failed to appreciate the successes along the way. Thankfully, I'm no longer like that. I am far better able to enjoy what each day brings and the infinite successes along the way. In fact, I think continuing to celebrate each new success is one of the best ways to keep strong momentum going.

Years ago a Unity Minister shared with me her practice of taking "Appreciation Moments" ... and I'd like to pass it on to you in the hope that it will bring you as much joy as it has me. Here's how it works: in the midst of a big project or a busy week, step back just a short time to take an Appreciation Moment. Stop, breathe and appreciate—not only the current moment, but all that has led up to it, and each and every accomplishment along the way! It sounds insanely simple, and it is ... and it is also powerful! It takes attention off what *isn't* and what still needs to be done, and puts the focus back on all that we have to be grateful for *right now* ...

So as I sit here writing this article, I take a moment

to stop ... breathe ... smile (because I can't help it!) ... and appreciate:

- ▶ This very special, unique "now" moment in time;
- ▶ The opportunity to share this appreciation practice with you;
- ▶ The sun shining outside and the leaves blowing in the breeze, which provide a moving shadow and light show around me;
- ▶ The computer on which I type and the fact that I can read, write and express in this way;
- ▶ That my children are in school learning to do the same;
- ▶ That this spiritual community exists to love and support one another on this journey we call life.

I believe taking Appreciation Moments is just one small way to keep engaged in our projects and processes by taking time to celebrate all of the special moments and successes along the way.

Speaking of which, let's not forget to celebrate:

- ▶ All the worship and special services we have available to help those in our spiritual community to discover their power and transform their lives;
- ▶ The inspirational line-up of classes and workshops we have been able to host this year, and the incredible turn-out we have had for them;
- ▶ Each and every one of our amazing 600+ volunteers who contribute in large and small ways and bless each one of us;
- ▶ Our Strategic Plan Committees which — though barely a year old — have attracted incredible

individuals and accomplished unbelievable things;

- ▶ Our Youth and Family Ministry, which serves close to 200 + children every Sunday and provides an astounding array of meaningful programs, activities and family events;
- ▶ Our Outreach projects which, in the past year, alone, have:
 - Served over 1,000 homeless individuals a hot meal during two "Feed the Multitudes" events;
 - Held Saturday events throughout the year to serve others in our greater Phoenix community who have a particular need;
 - Provided gifts for more than 200 Palomino School children and food certificates for both Palomino and Echo Mountain communities;
 - Helped build and complete another Habitat for Humanity home; and
 - Collected blood and organ donor donations that have helped save lives throughout the year.

Moreover, our appreciation and celebration should not just be limited to what we've *done* (as I've just done above) ... I'd also like to invite each of you to celebrate *who you are* and *how you express* in the subtler — yet no less important — ways. Celebrate each act of kindness, each smile, and each and every choice you have made to tell the truth, take a risk, love and be loved, and express greater Truth. These, too, are worthy of celebration!

Don't forget to take a few Appreciation Moments today!

CHECK OUT THIS AMAZING ARRAY OF SPIRITUAL EDUCATION CLASSES WE HAVE LINED UP ... FACILITATED BY QUALIFIED EXPERTS FROM THROUGHOUT THE NATION!!!

Classes are open to everyone; you need not be a member to attend.

We ask that you register in advance so that we can plan accordingly and ensure optimal order and efficiency. You can register for classes a number of ways:

- At the Spiritual Education table in the court yard on Sundays;
- On our website at www.unityphx.org; or
- By contacting Ken Akers at 602.978.3200, Ext. 226, kakers@unityphx.org.

TUESDAY CLASSES



Reiki Share
Tuesday, July 6 and
Tuesday, August 3
(and the 1st Tuesday of each month)
6:30 to 8:30 p.m.
Facilitator: Kathy Flanigan
Suggested Love Offering:
\$10 minimum per session

This monthly gathering is an opportunity for Reiki practitioners and Reiki I graduates to practice giving and receiving Reiki treatments. Students of this healing art use this ongoing forum to ask questions, practice and gain experience.

About the facilitator: Kathy is a Reiki Master/Teacher.



Meditation Practices
5-Week Class
Tuesdays, July 6-August 3
7 to 9 p.m.
Facilitator: Rev. Kim O'Connor
Eligible for SEE Credit
Suggested Love Offering:
\$10 minimum per session

This class explores several different meditation practices. You will have an opportunity to experience each and discover the one(s) that work best for you. **Required texts:** *Meditation for Dummies* by Stephan Bodian and Dean Ornish, Second Book and CD edition.

About the facilitator: Rev. Kim O'Connor is an ordained Unity Minister and graduate of the Ministerial Education Program at the Unity Institute. She has worked as a Hospice Chaplain, Minister of Pastoral Care Minister at Unity of Sun City, and Director of Pastoral Care Services at Unity Center of Hope. Currently she serves as guest speaker, teacher, and workshop presenter at various Unity Churches throughout the region.

Radical Honesty

Tuesday, July 6 • 7 to 9 p.m.
Facilitator: Chris Kennedy
Suggested Love Offering: \$10 minimum

Come explore more deeply what Radical Honesty is all about as discussed in Brad Banton's well-known book by the same title.



This class will provide an opportunity to both investigate and apply the powerful practices that Rev. Richard will speak about in his July 4 Sunday worship message, which will focus on Blanton's book. Don't miss this chance to come together in a more intimate setting and practice being

"radically honest" with yourself and others. In doing so, you will be able to experience the freedom it brings and establish deeper, more life-enriching relationships with yourself and others.

About the facilitator: Chris currently serves as Ministerial Associate at Unity of Phoenix. She is ordained as a New Thought Minister, but her passion for Unity has led her to pursue becoming a licensed and ordained Unity Minister, as well. Chris is passionate about her children and helping others realize greater Truth and freedom.

Intuition, Empathy and Insight: Let Your Spiritual Intelligence Be Your Guide

2-Week Class
Two Tuesdays: July 13 and July 27 • 7 to 8:30 p.m.
Facilitator: Mary Delaney
Suggested Love Offering: \$10 minimum per session



Have you ever felt led or guided during a difficult time? Have you ever *known* something, trusted and acted on it, and wondered how you knew? Do you listen with your heart? Would you like to learn to be more in tune with your inner knowing? Mary will share how

Spiritual Intelligence (intuition, empathy and insight) can facilitate healing and growing by utilizing your spiritual gifts in your daily life.

About the facilitator: Mary is a Psychotherapist with over 26 years in private practice. She is a practical intuitive who specializes in teaching clients how to listen to and apply their intuition and inner guidance. Mary conducts workshops on such topics as spiritual intelligence, and has taught classes at ASU.

'The Hidden Messages in Water'

Tuesday, July 20 • 7 to 9 p.m.
Facilitator: Jeff Pudwill
Suggested Love Offering: \$10 minimum



Come explore more deeply "The Hidden Messages in Water" based upon Masuro Emoto's famous book by the same title. This class will provide an opportunity to both investigate and apply the powerful practices that Rev. Richard will speak about in his July 18 Sunday worship message, which will focus on Emoto's book. Don't miss this opportunity to come together in a smaller setting and put into action the spiritual practices we learn!

About the facilitator: Jeff is a long-time Unity member,

volunteer and, most recently, teacher of the 4T Prosperity Program at Unity of Phoenix. As a professional leadership development trainer, Jeff creates a powerful, fun and informational atmosphere for anyone to enjoy.

Health and Healing: 5-Week Series

Tuesdays, August 3-31
Come to *all* of the classes in this five-week series, or pick and choose which one(s) you want to attend! Each class will focus on a specific way to improve your health and lead a more vibrant, energized and peaceful life!



Week #1: Rebuilding the Four Pillars of Health
Tuesday, August 3 • 7 to 8:45 p.m.
Facilitator: Noelle Stanley
Suggested Love Offering: \$10 min.

This class will focus on how to implement the proper use of the four fundamentals of health: healthy oils in the diet; increased fiber in the diet; creating good bacteria in the body and intestinal tract; and increased enzymes in the diet. Nicole will discuss the food sources of each pillar, and how having proper amounts of each in your daily diet will create a healthier body.

About the Facilitator: Noelle is a holistic nutrition educator and raw chef who is an expert in corporate wellness and health coaching. She was awarded the Wellness Corporate Coach of the Year for 2009.

Week #2: Stress Management/Healing Exercises to Refresh Your Body, Mind and Spirit

Tuesday, August 10 • 7 to 8:45 p.m.
Facilitator: Mary Delaney
Suggested Love Offering: \$10 minimum

Learn the effects of shallow breathing and how the body responds to stress by initiating the "fight or flight" response. Experience a simple breathing exercise to break the "stress breathing habit" and help your body return to its natural breathing rhythm, as well as a guided muscle-by-muscle relaxation method designed to de-stress and relax the body, mind and spirit.

About the facilitator: See Mary's biography under the "Intuition, Empathy and Insight" class in the second column of this page.

Week #3: How to Gently Cleanse the Body

Tuesday, August 17 • 7 to 8:30 p.m.
Facilitator: Noelle Stanley
Suggested Love Offering: \$10 minimum

Learn to understand the benefits of a gentle cleanse and the proper way to implement it safely to effect greater energy and better health. You'll explore the three elements of cleansing: minimizing exposure to environmental toxins; building and replenishing the body's supply of nutrients; and opening the body's elimination

Spiritual Education

channels to clear existing pollutions and toxins in the body.

About the facilitator: See Noelle's biography under the "Rebuilding the Four Pillars of Health" class on the previous page.

Week #4: Basic Diet Guidelines for a Healthier, Trimmer You

Tuesday, August 24 • 7 to 8:45 p.m.

Facilitator: Noelle Stanley

Suggested Love Offering: \$10 minimum

You'll learn how to implement a healthier, well-balanced, nutrient-filled diet into your busy lifestyle. You will also explore the obstacles that might get in the way of healthy eating, and how to overcome them.

About the facilitator: See Noelle's biography under the "Rebuilding the Four Pillars of Health" class on the previous page.

Week #5: Shopping and Meal Planning Made Easy

Tuesday, August 31 • 7 to 8:45 p.m.

Facilitator: Noelle Stanley

Suggested Love Offering: \$10 minimum

Learn how to create a shopping list for healthy staples that will make multiple meals! You'll receive shopping lists, meal plans and recipes for a week of healthy, low fat planned eating ... on a budget!

About the facilitator: See Noelle's biography under the "Rebuilding the Four Pillars of Health" class on the previous page.

Creative Process of the Bible

5-Week Class

Tuesdays, August 10-September 14
7 to 9 p.m.

(No class August 31)

Facilitator: Rev. Mark Fisk

Eligible for SEE Credit

Suggested Love Offering:
\$10 minimum per session



Explore Unity's unique interpretation of the seven days of creation from the first chapter of Genesis in the Bible. Unity metaphysically interprets and uses the seven days of creation as a model for the creative process; learn to use these seven steps to create your own life.

Required texts: *The New Interpreter's Study Bible*, New Revised Standard Version with the Apocrypha; a journal for writing private responses to reflective questions; the *Metaphysical Bible Dictionary* and *The Revealing Word* by Charles Fillmore;

About the facilitator: Rev. Mark Fisk is an ordained Unity teen minister, long-time Licensed Unity Teacher and spiritual coach. He has served as a Family Ministry consultant for Southwest Unity Region since 1996. He began volunteering at Unity of Phoenix in 1995 and has been mentoring our teens ever since. As a licensed Unity Teacher, he has also facilitated many classes and workshops.

SATURDAY CLASSES

Trust Your Vibes!

Saturday, July 10 • 10 a.m. to 3 p.m.

Facilitator: Sunny Dawn Johnston

Suggested Love Offering: \$30 minimum



Everyone has an inner vibe. Most people ignore it, but it has a purpose! Your body is your best oracle. When you listen to your intuition and guidance, you can release negativity and fear. You will learn that developing your intuition gives you the opportunity to create a life of love that you may have only dreamed of ... all you need to do is listen!

About the facilitator: Sunny has become widely known and respected spiritual teacher. As a national speaker, Sunny's dynamic methods effectively reach out to help people to help themselves, and she has been featured on many local and national television and radio shows, including Coast to Coast with George Noory and Good Morning Arizona.

Pre-Requisite for Membership!

Prayer Basics

Saturday, July 17 • 9 a.m. to 1 p.m.

Facilitator: Unity Ministerial Staff

Suggested Love Offering: \$20 minimum

Find out what Unity is all about! Explore the history of Unity, and how the Unity spiritual movement began. You'll also learn the five foundational beliefs that are unique to Unity, and how using these five spiritual principles can transform your life, and open your heart and soul to a fuller, richer experience of God and life.

TRAVEL ALERT: Cynthia Williams is traveling here from Dewey to offer this special one-time class!



What Animals Teach Us

Saturday, July 24 • 9 to Noon

Facilitator: Cynthia Williams

Suggested Love Offering: \$20 minimum

Explore animal communication and how you can better relate with your pets, other animals and yourself by connecting the dots between humans and animals. Learn how to transform your life by opening your heart and letting the light of love "overshadow" any fears you may have.

About the facilitator: Cynthia's love of animals began 20 years ago as her experiences and trust in animals created positive effects in her life. She is the author of *The Eye of the Dolphin* and currently swims with dolphins through Wild Dolphin Tours in the Sea of Cortez.

TRAVEL ALERT: James Twyman is traveling here from Oregon for this one-time event!

A Special Opportunity to Meet Best-Selling Author James Twyman, and Discuss His Upcoming Release, *The Barn Dance*

Saturday, July 31 • 10 a.m. to Noon

Facilitator: James Twyman

Suggested Love Offering: \$10 minimum



On November 27, 2005, two men broke into Linda Twyman's apartment in Evanston, Illinois, and brutally ended her young life. More than three years later, guided by a series of visions and dreams, James Twyman was mystically drawn to a barn deep in the Nevada wilderness where Heaven and Earth collide and magic changes lives. His book, *The Barn Dance*, tells about his experience. Amazon.com says, "If you've ever wondered if we really can communicate with our loved ones who have passed to the other side, this book is your answer. Once you pick it up, you won't want to put it down, and your life will never be the same."

Get a **FREE** advance copy of *The Barn Dance* ... **Here's How!!!!**

James is generously offering 100 **advance copies** of this book **FREE** to Unity of Phoenix. To get one, all you have to do is **promise to read it before July 30** and then **attend his July 31 event**.

The books will be available mid-June. The July 31 session will be videotaped, so be sure to read the book so you can be an active participant in this morning of music, inspiration and conversation.

About the author: James has written 12 books, including *Emissary of Light*, *Emissary of Love*, *The Art of Spiritual Peacemaking* and, more recently, *The Moses Code*, *The Kabbalah Code* and *The Proof*. He has also produced or directed four films, including the award winning *Indigo*, and the film version of *The Moses Code*.

TRAVEL ALERT: The renowned Dr. Susan Shumsky is traveling here all the way from New York City to teach the following two classes!



Spiritual Healing and Self-Protection

Saturday, August 7 • 10 a.m. to 2 p.m.

Facilitator: Dr. Susan Shumsky

Suggested Love Offering: \$20 minimum

You'll explore proven methods of spiritual healing that you can use to heal your mind, body, and emotions by learning and practicing:

- The Prayer of Protection (develop spiritual self-defense and experience the divine presence);
- Thought-form healing (release negative thoughts and emotions); and
- Golden substance healing (fill your energy field with divine light).

About the facilitator: Dr. Susan Shumsky is a best-selling author, spirituality expert, self-development pioneer, professional speaker, New Thought minister, and Doctor of Divinity. She has authored *Divine Revelation*, in continuous print with Simon & Schuster for 14 years, as well as the award-winning *Miracle Prayer*, *Exploring Chakras* and *How to Hear the Voice of God*, plus *Exploring Meditation* and *Exploring Auras*. Her latest book, *Ascension*, was a #1 Amazon.com bestseller.

How to Hear the Voice of God

Saturday, August 14 • 10 a.m. to 2 p.m.

Facilitator: Dr. Susan Shumsky

Suggested Love Offering: \$20 minimum

Deep within the heart of every soul is the desire to experience and communicate directly with God. In fact, the divine presence is not the exclusive property of great saints, sages, and holy men ... *everyone* is a child of God and worthy to receive the blessings of Spirit. In this profound workshop, Dr. Susan will introduce proven techniques for opening your heart, mind and spirit to riches of inner divine contact. She will lead you in a guided meditation which will open the pipeline to Spirit and begin the flow of divine guidance, love, healing, wisdom, and inspiration from the center of being within.

About the facilitator: See Dr. Shumsky's biography under the "Spiritual Healing and Self-Protection" class in the previous column.

TRAVEL ALERT: Marita Gale is traveling here from Sedona to offer this special one-time class!



Promoting Peace Through Art

Saturday, August 21

10 a.m. to Noon

Facilitator: Marita Gale

Suggested Love Offering: \$10 minimum

Using chalk pastels to connect to the Divine within us, this class provides an opportunity to see yourself in brilliant, shining colors. Come learn to resolve conflicts through art, or to simply have fun in a peaceful and calming atmosphere.

About the facilitator: As a single mother, Marita raised two daughters while running her own business as a temporary legal secretary. During that time, she discovered art as a way to release fears too painful for words. Marita says she felt guided by her inner voice and began to understand that she was more than just the 'fears' she felt and that, beneath her fears, were true colors of love and joy.

TRAVEL ALERT: Dean Van Leuven is traveling here from Oregon to teach this one-time class!



Emotional Intelligence-Taking Control of Your Life

Saturday, August 28

11:30 a.m. to 5 p.m.

Facilitator: Dean Van Leuven

Suggested Love Offering: \$30 minimum

Without inner peace, it isn't possible to fully experience genuine love, joy, calmness and happiness. Learn to understand and take control of your own emotions so that you can create the life experience you desire. It is possible to live without anger and stress at home, school, in the workplace and within all your relationships. Learn how to use this process for incorporating the principles of New Thought into your life and take control of your own health and happiness.

About the facilitator: Dr. Dean Van Leuven is an award-winning author of *Life Without Anger* and founder of *World Emotional Literacy League*. As a retired City Judge and former Air Force Captain and Aircraft Commander, Dean developed a keen interest in anger issues and began his passion for personal growth.

Beginning/Intermediate Yoga

Ongoing Class

Saturdays, 9:30 to 11 a.m.

Facilitator: Sally Jo Bannow

Suggested Love Offering:

\$10 minimum per session



Each class begins with a teaching to illustrate a different yogic principal, which is then applied to the yoga postures for the day. We will practice yogic principles to find greater stillness and contentment ... and use our postures as a metaphor for finding stillness in all of life's day-to-day situations. (Please bring your own mat.)

About the facilitator: Sally Jo is a certified Yoga Instructor and well-known congregant and musical guest artist at Unity of Phoenix.

Healing Grief Workshop-The Journey of Grief; the Path of Healing

Saturdays, Sept. 11-October 23
1 to 3 p.m.

Facilitator: Joan Bacchus



This seven-week class offers spiritual support and bereavement education for people who are experiencing grief from personal loss. Reservations are required, and only 12 participants will be accepted. For more information, please contact Regina Best in the Pastoral Care Department at 602.978.3200, Ext. 255, or rbest@unityphx.org.

Pastoral Care

Don't Look Back



By Rev. Jimmie Scott
Pastoral Care Minister

My favorite witticism by Satchel Page is, "Don't look back; something might be gaining on you!" Satch — as he was affectionately referred to by his closest friends — had his own unique way of turning a phrase, but the depth of his wisdom was infallible.

Don't look back. How many times in your life has your progress been impeded because you have fixated on past mistakes? How many times have you been unable to achieve a current objective because you refuse to confront psychological or spiritual delusions? How many times have you surrendered to a false idea about

yourself without some objective self-evaluation? How many times has your ego gotten in the way of your ability to establish respectful human relationships? How many times have you done a "Don Quixote" — attacked a windmill, believing it was a giant?

Momentum is about moving forward ... despite the fact that life is sometimes up, sometimes down and occasionally static. Momentum is about overcoming and learning from the past. It's about rising above self-imposed limitations, and having the mental acuity to see beyond any externally imposed limits. Momentum is also about having confidence in yourself, your life and your dreams.

In his parable about casting out demons (unclean spirits) in Mark 23-35, Jesus said, "If a house is divided against itself, that house cannot stand." The word "stand," as it is used in this context, means to continue or to hold up ... regardless of what circumstances you are facing.

I encourage each of you to "stand" in the truth of each moment, and hold the momentum in every step of your life journey.

Peace and love ...

Keep the Commitment You've Made to Yourself — Even When It's No Longer Shiny and New



By Regina Best
Prayer Chaplain Coordinator

You are probably reading this in the middle of an Arizona summer, when we're all getting pretty tired of the heat.

An Arizona summer is a good metaphor for the boredom that can set in when we've set a goal, or made a commitment, and we're now far enough down the road that the promise we made to ourselves is no longer new — and we're losing interest. Day after day seems like the same old thing, and it can seem as if there's no progress being made, no change (read: no excitement!) in sight. In short, the inner child

has run out of attention span!

There is a lot written in spiritual and self-help circles about setting goals, but not a lot written about how to stay true to them when we become discouraged, or just bored. Here then, is the best essay I've ever read on the subject of keeping our promises to ourselves, even when it's no longer entertaining to do so. Let me introduce you to the late Dr. Howard Thurman:

The Moments of My High Resolve

Keep fresh before me the moments of my high resolve.

Despite the dullness and barrenness of the days that pass, if I search with due diligence, I can always find a deposit left by some former radiance. But I had forgotten. At the time it was full-orbed, glorious, and resplendent. I was sure that I would never forget. In the moment of its fullness, I was sure that it would illumine my path for all the rest of my journey. I had forgotten how easy it is to forget.

There was no intent to betray what seemed so sure at the time. My response was whole, clean, authentic. But little by little, there crept into my life the dust and grit of the journey. Details, lower-level demands, all kinds of cross currents — nothing momentous, nothing overwhelming, nothing flagrant — just wear and tear. If there had been some direct challenge — a clear-cut issue — I would have fought it to the end, and beyond.

In the quietness of this place, surrounded by the all-pervading Presence of God, my heart whispers: Keep fresh before me the moments of my High Resolve, that in fair weather or in foul, in good times or in tempests, in the days when the darkness and the foe are nameless or familiar, I may not forget that to which my life is committed.

Keep fresh before me the moments of my high resolve.

~ from 'For The Inward Journey' by Howard Thurman

And remember, when your vision is clouded by the dust and grit of the journey, our Prayer Chaplains will see you, and your goal clearly. They are here for you, and their commitment is to see the Christ light within you.

Prayer Chaplain Service:

Are You Being Called to Serve?



The Role of Prayer Chaplains

The role of our Prayer Chaplains is, quite simply, to pray. Chaplains are not counselors or advice-givers. The core of the Prayer Chaplain commitment is to:

- ▶ Hold spiritual space
- ▶ Lovingly listen
- ▶ Pray from the heart
- ▶ Hold in confidence what is shared

What Type of Commitment is Required of a Chaplain?

The commitment is one year for all of the following:

- ▶ Being available for one-on-one prayer after four worship services each month
- ▶ Completing two hours (approximately) of Wellness Calls per month, to be completed on church grounds
- ▶ Attending a two-hour Prayer Chaplain meeting each month

Next Steps

- ▶ Spend time in silence with the Divine, discerning if Prayer Chaplain service is yours to do
- ▶ Confirm that you have met church membership requirements (please see the back page of this newsletter for information on membership classes)
- ▶ Attend the Prayer Chaplain Orientation on Sunday, September 12, at 12:45 p.m.
- ▶ Mark your calendar for all upcoming training dates (*attendance at all dates is required*). The dates and cost for Prayer Chaplain Training are listed below.

Prayer Chaplain Training Schedule* for 2010

*You must be a member in good standing of Unity of Phoenix in order to serve as a Prayer Chaplain. (Please see the back page, Page 16, for membership information). Attendance is required at all 10 parts of the training. Chaplain Camp will be held at the Franciscan Renewal Center, and costs \$120.

Part 1: Orientation - Sunday, September 12 • 12:45 to 2:15 p.m.

Part 2: First Interviews - Times and Dates to be Determined
15-minute interviews with Rev. Jimmie Scott and Chaplain Coordinator Regina Best, held throughout the week before Chaplain Camp

Part 3: Chaplain Camp - Friday, September 24 • 6 to 9 p.m.

Part 4: Chaplain Camp (continued) - Saturday, September 25 • 8:30 a.m. to 6 p.m.

Part 5: Chaplain Camp (continued) - Sunday, September 26 • 8:30 a.m. to Noon

Part 6: On-site Training #1 - Saturday, October 2 • 9 a.m. to 1 p.m.

Part 7: Second Interviews - Times and Dates to be Determined
Held throughout the two weeks of Training Sessions #1 and #2

Part 8: On-site Training #2 - Saturday, October 16 • 9 a.m. to 1 p.m.

Part 9: Chaplain Celebration - Wednesday, October 27 • 6 to 9 p.m.

Part 10: Chaplain Dedication - Sunday, October 31 • Sunday Worship Services

For more information, please contact Prayer Chaplain Coordinator Regina Best at 602.978.3200, Ext. 255, or rbest@unityphx.org

Words of Wisdom from Our Current Prayer Chaplains for Those Considering Serving as a Prayer Chaplain

Marian Fix (11 years as a Prayer Chaplain): If you only knew of all of the ways that this program will enhance and enrich your life, you would *absolutely* sign up for the next Prayer Chaplain enrollment! A few of the gifts include: fellowship, enriched prayer life, the joy of doing God's work, laughter, a sense of fulfillment, moving to the next level of your spiritual path and personal support.

Rochele LaCosse (6 years as a Prayer Chaplain): Be prepared for your heart to open like it never has before.

Larry Derksen (first year as a Prayer Chaplain): When you look inside for peace and stillness, you already know what to do and say, for you are being led by Spirit.

Jane Norde (11 years as a Prayer Chaplain): Being a Chaplain will enrich your life beyond what you can measure!

Lisa McKenzie (5 years as a Prayer Chaplain): Being a chaplain has been a life-changing experience. It is one of the few ways in my life that I have felt so connected to others. The experience has been both an honoring way to serve others and a personal way to experience deep spiritual growth.

Diane McComb (first year as a Prayer Chaplain): Think of being a Prayer Chaplain as being a spiritual apprentice. For one year, you practice and grow as you work and serve, trained by master teachers Rev. Jimmie, Regina Best and other experienced Chaplains.

Cecilia Casillas (2 years as a Prayer Chaplain): Having the opportunity to help serve is not only rewarding for our congregants, but has been a spiritual journey for myself as well.

Frank Tedesco (2 years as a Prayer Chaplain): I remember wondering why I even had the thought (of becoming a Prayer Chaplain) ... looking up at the ceiling and saying: "You're kidding, right? Me?" ... (But eventually I just) stopped thinking and I just *did*. And the doing has transformed me.

Youth & Family Ministry

Momentum Needs a Little Motivation



By Linda Depke
Youth Ministry Director

Motivation is the incentive to do or accomplish something. Motivation typically takes two different forms. *Intrinsic* motivation comes from inside, and is based on a feeling of safety and belonging. *Outside* motivation comes from reward or fear of punishment. Both stimulate movement, but with very different results.

Momentum is also a force or strength that creates movement. But once unleashed, momentum will keep growing. When momentum is unguided — much like the snowball effect — it can turn into an avalanche.

We believe that positive motivation is the catalyst that can effectively guide and move the momentum of a group and give it dignity, meaning and lasting results. The beauty of children and teens is that they are *naturally* wired to change and accomplish things ... which is why we believe it isn't necessary to use reward or fear to motivate them. Our children and teens — like all of us — are much more motivated by creative communities that focus on *what* is right ... not *who* is right, or what you will get if you are.

Our youth classes are exactly that: creative communities that provide meaningful connections for our children and teens by linking into their interests, passions and needs. That, in turn, encourages positive motion, creates excitement, and keeps the momentum going in a purposeful and empowering way.

CHILDREN'S Activities



Melanie Ramirez
Children's Ministry Coordinator

'What's UP' Wednesdays

Every Wednesday, 7 to 8:30 p.m.

During this regular Wednesday evening celebration, children gather together to participate in group-building activities, teamwork and leadership skills. They also receive an inspiring message centered on God, love and fellowship.

'God Can' Canned Food Drive

Two Sundays: July 18 and 25 • Courtyard

All children are asked to bring in a canned food item to help replenish the St. Mary's Food Bank over the summer.

Move-Up Day for Kindergarten-5th Graders

Sunday, September 9

Our youth will "move up" to the next grade level they will be entering in the upcoming school year.

'Pinocchio'

Sunday, Aug. 29 • 1:30 p.m. • Sanctuary

The talented 4th, 5th and 6th graders involved in our Youth Summer Drama Camp are spending the summer preparing for this magical "rites of passage" production. Plan to attend and enjoy this enchanting story about the challenging transformation of a wooden puppet into a real boy.

See more details on Page 2 ("Upcoming Events").



What is the 'Rites of Passage Program'?

Rites of Passage is a unique program that celebrates the journey from adolescence to adulthood and supports teens' commitment to personal and spiritual self-discovery and community.

The program is open to eligible 8th graders, and meets from September through May on every Wednesday from 7 to 8:30 p.m. (except for the first Wednesday of the month, which is Uniteen Fun Night). The program also includes some Saturday workshops.

During this powerful program, teens have the opportunity to:

- Explore Unity's basic truth principles
- Become comfortable with prayer, meditation and spiritual readings, and the application of each to their life
- Participate in various Unity ceremonies, such as the holiday Candelighting, Burning Bowl and Hand-Washing services, and Spiritual Communion and Baptism
- Meet with our ministerial team
- Lead and facilitate spiritual lessons for peers
- Create personal mission statements and credos
- Participate in a variety of in-house and external service projects
- Participate in "Heart Talk" and life enhancement workshops
- Experiment with creative expression
- Develop relationships with other teens and sponsors at a level that invites spiritual growth and community

TEEN Activities



Ken Akers, Teen Ministry Coordinator

Wednesday Night Youth Groups

Every Wednesday • 7 to 8:30 p.m.

Uniteens: Rooms 6&7; Y.O.U.ers: Rooms 9&10

Teens engage in activities that draw forth and deepen their leadership qualities and team-building skills using themes and messages from the adult's Sunday morning worship services.

Sunday Teen Classes

Core Classes for Uniteen Jr. High School Program and Y.O.U. High School Program

Every Sunday • 11:15 a.m. to 12:15 p.m. • Uniteens: Room 9; Y.O.U.ers: Room 10

Through these classes, we invite teens to explore what they believe and use this truth to create a personal relationship with God that brings purpose to their everyday life. Weekly ministry messages include interactive and relevant activities and discussions.

Uniteen and Y.O.U. Annual Sponsor Meeting

Saturday, July 17 • 9 a.m. to 2 p.m. • Offsite

Uniteens (Grades 6-8)

Backpack Drive

Two Sundays: July 18 and 25 • 8 a.m. to 12:30 p.m. • Courtyard

Our Uniteens will collect new or gently used backpacks for the Homebase Teen Homeless Shelter. The backpacks will be filled with water bottles, socks, underwear and toiletries and then taken to teens on the streets.

Unity Movie Night

Friday, July 30 • 7 to 10 p.m.

The Uniteens will sell popcorn.

Parent/Teen Orientation for 5th Graders (who are moving up to Uniteens)

Sunday, August 1 • 12:15 to 1:15 p.m.

Graduated 5th graders and their parents will receive a brief overview of the Uniteen Program.

Rites of Passage Orientation

Sunday, August 22 • 12:45 to 2:30 p.m.

Parents and interested teens get an overview of the 'Rites of Passage' program. (An explanation of this unique program in the box in the lower left portion of this page.) *Lunch will be provided.*

Uniteen Move-Up Day for New 6th Graders

Sunday, August 8 • 11:15 a.m.

Youth entering 6th grade in the upcoming school year will move up and attend their first Uniteen class on this day.

Sunday Worship Collection

Sunday, August 8 • 9:30 and 11:15 a.m. Worship Services

The Uniteens will assist with collecting the offering.

Uniteen Bowling Party with New 6th Graders

Sunday, August 15 • 12:30 p.m. • Offsite

Entertainment Book Fundraiser

Two Sundays: August 15 and 22 • 8 a.m. to 12:30 p.m. • Courtyard

Books: \$30 each

The teens will sell the Entertainment Book ... the ultimate coupon book that provides discounts at hundreds of restaurants, sporting events, performance venues, attractions, shopping centers, airlines, hotels and more. Purchase one, and start saving today!

Y.O.U. (Grades 9-12)

Summer Connection

Friday, July 2-Thursdays, July 8

Special selected Y.O.U.ers attend this leadership summer camp program in Santa Barbara, California.

Sunday Hospitality

Sunday, July 18 • Hospitality Tent

Our Y.O.U.ers will be serving refreshments in the Courtyard.

Y.O.U. Senior Bowling and Lunch Party

Sunday, July 18 • 1 to 3 p.m. • Offsite

The Y.O.U.ers will host a party for their four graduated seniors (Parker Groves, Brady Ormsby, Nikki Peterson and Quacy Skinner).

Y.O.U. Move-Up Day for New 9th Graders

Sunday, August 1 • 11:15 a.m.

Youth entering 9th grade in the upcoming school year will move up from Uniteens to Y.O.U., and will attend their first Y.O.U. class on this day.

International Y.O.U. Event

Sunday, August 1-Friday, August 6

A very committed week of Peace Ambassador Training at Unity Village for select Y.O.U.ers.

Y.O.U. Sponsor Meeting

Sunday, August 8 • 6 to 8 p.m. • Offsite

Y.O.U. Bodacious Outrageous "Get-To" Blast

Sunday, August 8 • Time and Location to be Determined

An event to "get-to" know your fellow Y.O.U.ers.

August 2010

SUN	MON	TUES	WED	THUR	FRI	SAT
<p><i>Naming/Friendship Sunday!</i> International Y.O.U. Event (Offsite) 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:15 PM - Parent/Teen Orientation for New 6th Graders Moving Up into Untieen Class 12:45 PM - Communion Singles Luncheon</p> <p>1</p>	<p>International Y.O.U. Event (Offsite)</p> <p>2</p>	<p>International Y.O.U. Event (Offsite) 5 PM - 'Golden Light Meditation' Group 6:30 PM - 'A Course in Miracles' Discussion Group Keiki Share 7PM - 'Meditation Practices' Class 'Rebuilding 4 Pillars of Health' Class 'New Earth' Discussion Group Unity of Phoenix Choir Rehearsal</p> <p>3</p>	<p>International Y.O.U. Event (Offsite) <i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Wednesday Evening Service Y.O.U. & Untieens Classes</p> <p>4</p>	<p>International Y.O.U. Event (Offsite) 10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 7 PM - 'The Quest' Class (Closed)</p> <p>5</p>	<p>Church Offices Closed International Y.O.U. Event (Offsite) 5:30 PM - Unity Singles Outing</p> <p>6</p>	<p>9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Spiritual Healing & Self Protection' Class 1:30 PM - AA Meeting</p> <p>7</p>
<p>8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:30 PM - Y.O.U. Bedacious Outrageous 'Get-to' Blast 12:45 PM - Singles Luncheon Y.O.U. Sponsor Meeting (Offsite)</p> <p>8</p>	<p>No Classes or Activities</p> <p>9</p>	<p>5 PM - 6:30 PM - 7 PM - 'Golden Light Meditation' Group 'A Course in Miracles' Discussion Group 'Stress Mgmt./Healing Exercises' Class 'Creative Process of the Bible' Class Unity of Phoenix Choir Rehearsal</p> <p>10</p>	<p><i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Wednesday Evening Service Y.O.U. & Untieens Classes 'Law of Attraction' Small Group</p> <p>11</p>	<p>10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 7 PM - 'The Quest' Class (Closed) 'Gratitude Girls' Small Group</p> <p>12</p>	<p>Church Offices Closed 5:30 PM - Unity Singles Outing</p> <p>13</p>	<p>9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'How to Hear the Voice of God' Class 1:30 PM - AA Meeting Youth Summer Drama Camp Rehearsal 3 PM -</p> <p>14</p>
<p>In the Courtyard (8 AM to 12:30 PM) - Entertainment Book Fundraiser 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:30 PM - New Member Orientation Untieen Bowling Party w/ New 6th Graders 12:45 PM - Singles Luncheon</p> <p>15</p>	<p>No Classes or Activities</p> <p>16</p>	<p>5 PM - 6:30 PM - 7 PM - 'Golden Light Meditation' Group 'A Course in Miracles' Discussion Group 'How to Gently Cleanse the Body' Class 'Creative Process of the Bible' Class 'New Earth' Discussion Group Unity of Phoenix Choir Rehearsal</p> <p>17</p>	<p><i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Wednesday Evening Service Y.O.U. & Untieens Classes</p> <p>18</p>	<p>10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 7 PM - 'The Quest' Class (Closed)</p> <p>19</p>	<p>Church Offices Closed 5:30 PM - Unity Singles Outing</p> <p>20</p>	<p>7 AM - 'Fitness for Fur' Hike 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Promoting Peace Through Art' Class 1:30 PM - AA Meeting Youth Summer Drama Camp Rehearsal 3 PM -</p> <p>21</p>
<p>In the Courtyard (8 AM to 12:30 PM) - Entertainment Book Fundraiser 8, 9:30 & 11:15 AM - Sunday Worship Services (<i>New Member Recognition!</i>) 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:30 PM - New Member Celebration Gathering 12:45 PM - 'Rites of Passage' Orientation Singles Luncheon</p> <p>22</p>	<p>No Classes or Activities</p> <p>23</p>	<p>5 PM - 6:30 PM - 7 PM - 'Golden Light Meditation' Group 'A Course in Miracles' Discussion Group 'Basic Diet Guidelines for a Healthier Trimmer You' Class 'Creative Process of the Bible' Class Unity of Phoenix Choir Rehearsal</p> <p>24</p>	<p><i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Wednesday Evening Service Y.O.U. & Untieens Classes 'Law of Attraction' Small Group</p> <p>25</p>	<p>10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 6:45 PM - 'Sisterhood of the Hat' Small Group 7 PM - 'The Quest' Class (Closed)</p> <p>26</p>	<p>Church Offices Closed 5:30 PM - Singles Outing</p> <p>27</p>	<p>9:30 AM - 'Beginning/Intermediate Yoga' Class 11:30 AM - 'Emotional Intelligence' Class 1:30 PM - AA Meeting Youth Summer Drama Camp Rehearsal 3 PM -</p> <p>28</p>
<p>8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 1:15 AM - Y.O.U. and Untieen Classes 12:45 PM - Singles Luncheon 1:30 PM - Youth Summer Drama Camp's 'Pinochio'</p> <p>29</p>	<p>No Classes or Activities</p> <p>30</p>	<p>5 PM - 6:30 PM - 7 PM - 'Golden Light Meditation' Group 'A Course in Miracles' Discussion Group 'Shopping and Meal Planning Made Easy' Class Unity of Phoenix Choir Rehearsal</p> <p>31</p>	<p style="text-align: center;">The Unity Youth Summer Drama Camp Presents 'PINOCCHIO' Sunday, August 29 • 1:30 p.m. • Sanctuary</p>			

WORSHIP SERVICES Every Sunday, 8 AM, 9:30 AM, 11:15 AM
Every Wednesday, 7 PM

CHILDREN'S MINISTRY/NURSERY Sunday, 9:30 AM, 11:15 AM
TEEN MINISTRY All Sundays Untieens (6th-8th) 11:15 AM; Y.O.U. (9th-12th) 11:15 AM

CHAPEL MEDITATION Every Wednesday, 6:15 PM
COMMUNION 1st Sunday of the Month, 12:45 PM

July 2010

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>DONATE TO OUR ICM DRIVE Food ~ Baby Care ~ Toiletries Two Sundays: July 11 and 18 • Courtyard</p>		<p>UNITY MOVIE NIGHT “Avatar” Friday, July 30 • 7 to 10 p.m. • Sanctuary</p>		<p>1 10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 7 PM - 'The Quest' Class (Closed)</p>	<p>2 Church Offices Closed 5:30 PM - Unity Singles Outing</p>	<p>3 Y.O.U. Summer Connection (Offsite) 1:30 PM - AA Meeting</p>
<p>4 HAPPY INDEPENDENCE DAY! Naming Sunday! In the Courtyard (8 AM to 12:30 PM) - Chapel Piano Fundraiser Y.O.U. Summer Connection (Offsite) 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:30 PM - Singles Group Pool Party/ Potluck 12:45 PM - Communion Singles Link Potluck/ Pool Party/ Fireworks</p>	<p>5 Y.O.U. Summer Connection (Offsite) INDEPENDENCE DAY OBSERVED Church Offices Closed</p>	<p>6 Y.O.U. Summer Connection (Offsite) 5 PM - 'Golden Light Meditation' Group 6:30 PM - 'A Course in Miracles' Discussion Group Reiki Share 7 PM - 'Radical Honesty' Class 'Meditation Practices' Class</p>	<p>7 Y.O.U. Summer Connection (Offsite) <i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Y.O.U. & Untieens Classes Law of Attraction Small Group</p>	<p>8 Y.O.U. Summer Connection (Offsite) 10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 7 PM - 'The Quest' Class (Closed) 'Gratitude Girls' Small Group</p>	<p>9 Church Offices Closed 5:30 PM - Unity Singles Outing 8:30 PM - Singles Link Karaoke Night</p>	<p>10 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Trust Your Vibes' Class 1:30 PM - AA Meeting</p>
<p>11 In the Courtyard (8 AM to 12:30 PM) - ICM Drive Children's Canned Food Drive Untieen Backpack Drive 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:45 PM - Singles Luncheon</p>	<p>12 No Classes or Activities</p>	<p>13 5 PM - 'Golden Light Meditation' Group 6:30 PM - 'A Course in Miracles' Discussion Group 7 PM - 'Meditation Practices' Class 'Intuition, Empathy & Insight' Class</p>	<p>14 <i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Y.O.U. & Untieens Classes Law of Attraction Small Group</p>	<p>15 10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 6 PM - Les Brown Follow-Up Workshop (Closed) 7 PM - 'The Quest' Class (Closed)</p>	<p>16 Church Offices Closed 5:30 PM - Unity Singles Outing</p>	<p>17 7AM - 'Fitness for Fur' Hike 9 AM - Annual Teen Sponsor Meeting 'Prayer Basics' Class 9:30 AM - 'Beginning/Intermediate Yoga' Class 1:30 PM - AA Meeting 6 PM - Singles Link Saturday Game/ Fun Night</p>
<p>18 In the Courtyard (8 AM to 12:30 PM) - ICM Drive Children's Canned Food Drive Untieen Backpack Drive 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:45 PM - Singles Luncheon Y.O.U. Senior Bowling and Lunch Party</p>	<p>19 No Classes or Activities</p>	<p>20 5 PM - 'Golden Light Meditation' Group 6:30 PM - 'A Course in Miracles' Discussion Group 7 PM - 'Meditation Practices' Class 'The Hidden Messages in Water' Class</p>	<p>21 <i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Y.O.U. & Untieens Classes</p>	<p>22 10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 6:45 PM - 'Sisterhood of the Hat' Small Group 7 PM - 'The Quest' Class (Closed)</p>	<p>23 Church Offices Closed 5:30 PM - Singles Outing 8:30 PM - Singles Link Karaoke Night</p>	<p>24 7 AM - ICM Drive Sorting Party 9 AM - 'What Animals Teach Us' Class 9:30 AM - 'Beginning/Intermediate Yoga' Class 1:30 PM - AA Meeting</p>
<p>25 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 AM - Youth Summer Drama Camp Rehearsal 9:30 & 11:15 AM - Nursery for Children (0-3) Classes for Children (Pre-K- 5th) 11:15 AM - Y.O.U. and Untieen Classes 12:30 PM - Singles Link Lunch Outing 12:45 PM - Singles Luncheon</p>	<p>26 No Classes or Activities</p>	<p>27 5 PM - 'Golden Light Meditation' Group 6:30 PM - 'A Course in Miracles' Discussion Group 7 PM - 'Meditation Practices' Class 'Intuition, Empathy & Insight' Class</p>	<p>28 <i>An inspirational lesson and fun activities are available for children between 6 and 8:30 p.m. while parents attend meditation and/or services.</i> 6:15 PM - Wednesday Evening Chapel Meditation Y.O.U. & Untieens Classes Law of Attraction Small Group</p>	<p>29 10 AM - Service Angels Volunteers 5:45 PM - Toastmasters 7 PM - 'The Quest' Class (Closed)</p>	<p>30 Church Offices Closed 5:30 PM - Singles Outing 7 PM - Unity Movie Night: 'Avatar'</p>	<p>31 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - A Special Opportunity to Meet Best-Selling Author James Twyman 1:30 PM - AA Meeting 4 PM - Singles Link Saturday Game Night/ Pool Party/ Grill Out</p>

WORSHIP SERVICES Every Sunday, 8 AM, 9:30 AM, 11:15 AM
 Every Wednesday, 7 PM

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TEEN MINISTRY All Sundays Untieens (6th-8th) 11:15 AM; Y.O.U. (9th-12th) 11:15 AM

CHAPEL MEDITATION Every Wednesday, 6:15 PM
COMMUNION 1st Sunday of the Month, 12:45 PM

Volunteer/Outreach Ministry

Celebrating Our 'Unsung Heroes': Volunteers Who Serve Behind the Scenes at Unity of Phoenix



By Chris Kennedy,
Ministerial Associate

Our theme this month is "Keeping Up the Momentum"

... and one of the ways we do that is by sharing our gifts with others! There is an energy we feel and so much that we get back when we give of ourselves joyfully, lovingly and openly. Just ask our

volunteers; they'll enthusiastically tell you. Better yet, find out for yourself!

Volunteers touch every aspect of this ministry. Indeed, there is little that would happen here without our volunteers. You see many of them in action every Sunday morning: serving as ushers, greeters and Prayer Chaplains, or serving in the courtyard at the hospitality table, volunteer table, welcome tent or Spiritual Education table. You see them having fun while "working" in the bookstore and leading our Youth and Family Ministry classes.

Yet we also have many volunteers that you *don't* always see. And though they are not as visible, they are every bit as important! These individuals are hard at work behind the scenes each and every week at Unity of Phoenix. I'd like to share a little more about some of these "Unsung Heroes."

Our **Medical Response Team** predominantly consists of doctors and nurses who are ready to respond to any first aid or emergent medical needs that arise at the many services and activities that we host. They respond to everything from bug bites

and bruises to chest pain, shortness of breath and falls. They tend to those in need with compassion, competence and care, efficiently assessing the situation, providing first aid, and enlisting the aid of our "911" system, as needed. We are truly blessed to have this team at work behind the scenes. While we are grateful that we don't often have to call them into action, we are even more grateful to have them here — ready and willing to serve — whenever the need arises.

Our **Prayer Team** is a group of volunteers whose sole responsibility is to pray. They are sometimes affectionately referred to as our "Undercover Agents for God," because their identities remain anonymous to protect the confidential nature of our prayer list process. These loving individuals hold our congregation and those on our prayer lists in prayer as part of their personal prayer practice, making a commitment of *daily* prayer to both themselves and our congregation for one year at a time. We are blessed by their diligent prayer work and the powerful consciousness they hold!!!

Our **Service Angels** volunteer for three to four hours every Thursday morning, helping with everything from folding and stuffing bulletins, preparing mass mailings, and cutting out hearts or other shapes for our Youth and Family Ministry. You are blessed each week by their willingness to serve; be sure to send loving thoughts to them every time you open your bulletin!!! They can use some help, especially during the summer ... so if you have free time at 10 .m. on Thursday, they would love to have you join the fun!

Our **Seat Angels** bless and restock every chair in our Sanctuary each week after our worship services. The seat you sit in has been touched, blessed and

stocked with tissues, pens, prayer request forms, envelopes and other information by one of these giving individuals.

These are just a few of our behind the scenes volunteers; the list goes on and on!!! Others include:

- **Dial-a-Prayer** volunteers, who leave a newly recorded prayer on our Dial-a-Prayer line each and every day;
- **Prayer List Typists**, who confidentially type up the prayer requests that you fill out each week so our Prayer Team can hold the requests in prayer;
- **Set Up and Clean Up Volunteers**, who help prepare for and clean up after events such as our monthly VIP lunches;
- **Communion Angels**, who single-handedly set up our Communion Service and clean up afterward;
- **Phone Call Team Members**, who make phone calls to remind congregants about upcoming events for which they have signed up;
- **Office Support/Clerical/Administrative and Data Entry Volunteers**, who assist with everything from xeroxing, to answering phones, to data entry and so much more;
- **Money Counters**, who bless and count our Sunday contributions each and every week;
- **Lending Library Helpers**, who keep our lending library organized and in order; and
- **Note or Minute Takers** for our Board and Strategic Planning Committees.

Thank you to each and every one of these "unsung heroes"! You know who you are ... please know, as well, how very much you help us to keep up the momentum here at Unity of Phoenix!

Love, gratitude and blessings to you all ...



'Feed the Multitudes' Outreach Project

Over 100 Unity of Phoenix volunteers served up love, dignity, hamburgers, chips and cold drinks to over 1,000 individuals in need who came to the Phoenix Human Services Campus for dinner on May 14. Our volunteers made a point of not just filling stomachs, but also filling souls by being totally present and demonstrating unconditional love and support. The event blessed not only the diners in need of a little help, but also all those who volunteered that day. We extend a very special thanks to the incredible Committee who organized this event, and the volunteers who made it happen.

Attend Our July 11 Feedback Session!

Are You Between 18 and 29? Tell Us What Kind of Spiritual Group You're Seeking!

We are currently in the process of forming a new **Young Adults of Unity** study/discussion group geared toward 18- through 29-year-olds who wish to come together with other like-hearted individuals to further their personal spiritual growth.

An organizational meeting will be held on Sunday, July 11, at 11:15 a.m. in Room 7 of the Unity of Phoenix administration building. We welcome your input — upfront — to help us design a program that best meets your needs and schedule!

Initial thoughts are to meet at 6 p.m. on the first Wednesday of each month beginning August 4, and then the second and fourth Sundays of each month beginning September 12 ... so mark your calendars now!

We are contemplating an hour-long format that will include check-in, sharing and prayer requests, and discussions about the spiritual message/meaning of select movie clips, book excerpts, current event news articles, and more.

This would be a special time for young adults — whether in college or already working — to come together, stay connected, provide support for one another's spiritual paths, and create opportunities for service and personal growth. Spread the word, invite your friends, and join us on July 11 ... We need and value your feedback, so come and let your voice be heard!

For more information, or to get on our contact list if you cannot attend the July 11 meeting, please contact Pam Petersen at pam-petersen@cox.net or Christy Brogan at cbalance@cox.net.



News from the Board



By Katie Williams
President, Board of Trustees

YOU Can Help Keep Our Momentum Going by Serving in a Leadership Role for the Church

As I was reflecting on our theme this month — Keeping Up the Momentum — I thought back on everything that we as a community have accomplished over the past couple of years. We are in such a wonderful place, with so many people involved and committed to making this church the exciting and vibrant environment that it is. We have created and grown committees that have served this ministry and the greater Phoenix community in many ways. We all should be so very proud.

Given that, there is still work to be

done. We could not have accomplished all of this without leadership, so I ask you to consider becoming part of our leadership: by serving as a member of our Board of Trustees.

During his full-day seminar, Les Brown said, "If you do what is easy, your life will be hard ... but if you do what is hard, your life will be easy." Being a board member is not easy; it requires giving of your time and talents, serving on committees, and being responsible to the people that you serve. Yet, having experienced this myself, I guarantee that you *will* be

blessed through your service in so many ways. You may have considered this at some point and let the moment pass, thinking that you do not have what it takes or feeling afraid of what it might mean. I ask you to reflect and pray about it, and consider if you are being called to step out of your comfort zone and try something new.

We need people from all sorts of backgrounds to help lead this ministry. We have created such wonderful momentum: consider how *you* can help keep it going!

Unity of Phoenix Statement of Activities Through May 31, 2010

[The Fiscal Year for Unity of Phoenix Started October 1, 2009 and Runs Through September 30, 2010]

	Actual for May	Budget for May	Variance for May	Actual Year-to-Date	Budget YTD	Variance Actual to YTD Budget
INCOME						
Worship/Love Offering Receipts	\$135,395	\$146,676	-\$11,281	\$990,078	\$1,089,073	-\$98,995
All Other Receipts	\$11,973	\$14,790	-\$2,817	\$164,606	\$149,601	\$15,005
Total Operating Income	\$147,368	\$161,466	-\$14,098	\$1,154,684	\$1,238,674	-\$83,990
EXPENSES						
Total Operating Expenses	\$121,716	\$135,542	-\$13,826	\$1,125,103	\$1,190,004	-\$64,901
Net Operating Income Over/Under Exps	\$25,652	\$25,924	-\$272	\$29,581	\$48,670	-\$19,089

Average Per Person Giving

April 2010\$17 per week
April 2009\$19 per week
May 2010\$18 per week
May 2009\$18 per week

Average Weekly Attendance

April 20101,278
April 20091,418
May 20101,189
May 20091,175

Church Cash Reserves

Board policy requires that we maintain cash reserves equivalent to three months of church expenses, which currently stands at \$450,000.

To be in compliance with this fiscally sound policy, we must increase our present reserves by \$124,000.

Thank you for your support!

We are committed to keeping our congregants informed about the church's financial status and other key issues.

What additional information would you like to see included on this page? Please let us know! Contact Unity Communications Coordinator Sue Thompson at sthompson@unityphx.org or 602.978.3200, Ext. 230.

Thank you!

As a tithing ministry, Unity of Phoenix gives one-tenth of all we receive back to where this spiritual community is, itself, spiritually fed. Fifty percent of our regular monthly tithe supports the greater Unity movement: the Association of Unity Churches International, Silent Unity, the Southwest Unity Region, Unity Institute and ministerial scholarships.

The other half of our monthly tithe is dedicated to community and global outreach. These tithes change each month based on where the ministry has been spiritually fed, as detailed below:

March 2010 Tithe

Greater Unity Movement (50% of Tithe)\$ 6,219
Discretionary Tithe (50% of Tithe)	
• Feed the Multitudes\$ 3,500
• SW Unity Region Scholarship Fund\$ 2,529
• Hunger Project\$ 190
Total March Tithes\$ 12,438

April 2010 Tithe

Greater Unity Movement (50% of Tithe)\$ 6,950
Discretionary Tithe (50% of Tithe)	
• SW Unity Region Scholarship Fund\$ 6,950
Total April Tithes\$ 13,900

Benefit Unity of Phoenix with Your Skills, Talents and Experience!

We cordially invite you....

to experience the blessings of serving with like-hearted people of Unity by participating on one of our Strategic Planning Committees!

Courtyard Committee:

Create a vibrant Courtyard experience that inspires a sense of community by planning and implementing a variety of events throughout the year.

Endowment Committee:

Develop, implement and manage a planned giving program for the church.

Marketing Committee:

Make recommendations for effective, creative ways to promote church activities and ideas.

New Ideas and Research:

Brainstorm new programs and activities for the church, and conduct related research.

Outreach Committee:

Explore, plan and execute projects for volunteer participation both for our spiritual community and to benefit the greater Phoenix community.

Social Committee:

Coordinate a variety of events through which congregants can gather together outside of worship services to build community and to enjoy friendship and fun.

If you are interested in sharing your special gifts with one of these committees, please visit the Volunteer Table in the Courtyard on Sunday mornings, or contact Chris Kennedy at 602.978.3200, Ext. 299, or ckennedy@unityphx.org.

Divine Idea Bookstore

New Thought Authors are Now Writing for Children!



By Julia Kellogg
Divine Idea Bookstore Manager
Hello, Friends!

Twelve years ago, Neale Donald Walsch wrote a children's book that brought the *Conversations with God* message to a younger audience. *The Little Soul and the Sun* quickly became a favorite, as there was nothing like it available at the time: a best-selling adult book that simplified its message for children. In the last five years, that has wonderfully changed and there is now quite a selection of New Thought authors writing for children.

- **Wayne Dyer** has several books out, my favorite being *Incredible You!* Based on his book, *10 Secrets for Success and*

Inner Peace, it shares 10 ways for children to let their greatness shine through.

- **Louise Hay** has written a book teaching kids the power of affirmations. *I Think, I Am!* helps children understand the powerful idea that they have control over their thoughts, just as she has taught adults that "your thoughts create your life."

- *Tiger-Tiger, is it True?* takes **Byron Katie's** *The Work* and asks kids four questions that help them realize that problems are not caused by *things* but, rather, by one's *thoughts* about things!

- **Doreen Virtue** introduces children to the world of angels with her book *Thank You, Angels!* She teaches them how to ask an angel for help and how

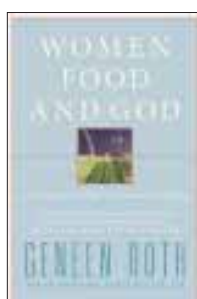
to recognize an angel's voice — how to realize that they are never alone.

- *You with the Stars in Your Eyes* has **Deepak Chopra** telling about a little girl's glimpse at cosmic consciousness. The story explains that everyone we see is our own self in a different form.

Don't these books sound great? Don't you wish they had been around when you were a child? Next time you are in the bookstore (and I'm sure it will be soon!!!), treat yourself with a browse through our children's section. You may find something for the child in your life ... or you may just find something for the child in you!

Blessings ...

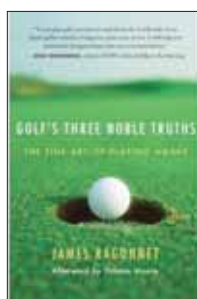
NEW IN THE DIVINE IDEA BOOKSTORE



Women, Food and God: An Unexpected Path to Almost Everything
By Geneen Roth

If you suffer about your relationship with food — you eat too much or too little, think about what you will eat constantly or try not to think about it at all — you can be free. Just look down at your plate. The answers are there. Don't run; look! Because when we welcome what we most want to avoid, we contact the part of ourselves that is fresh and alive. We touch the life we truly want and evoke divinity itself.

According to Roth, your relationship with food, no matter how conflicted, is the doorway to freedom. What you most want to get rid of is itself the doorway to what you want most: the demystification of weight loss and the luminous presence that so many of us call "God." Packed with revelations on every page, this book is a knock-your-socks-off ride to a deeply fulfilling relationship with food, your body ... and almost everything else. *Women, Food and God* is, quite simply, a guide for life. (\$24.00)



Golf's Three Noble Truths: The Fine Art of Playing Awake
By James Ragonnet

The Buddha's seven years of wandering in search of enlightenment ended in frustration. So did the author's 30 years of traversing golf courses! Neither found what they were looking for until they stopped searching outside and started looking *within*. The result for James Ragonnet was the kind of "second birthday" Eastern thinkers describe as when you "wake up to everything happening around you."

Through delightful anecdotes and practical lessons, Ragonnet reveals the power of awareness, balance, and unity to banish the dissatisfaction and stagnation so many golfers experience. He shows how "all golf Buddhas — Bobby Jones, Jack Nicklaus, Annika Sorenstam, Tiger Woods — play with their outer and inner eyes wide open," describes his 12th-green OOG ("out-of-golf-experience"), and offers readers simple truths that prompt flashes of understanding. These insights invite birdies, drop handicaps, and transform experiences both on and off the course. (\$14.95)

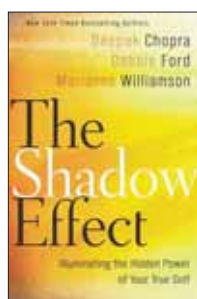


A Life of Being, Having, and Doing Enough
By Wayne Muller

From the moment we are born, we are seekers. Our culture obsessively promotes the pursuit of money, success, and self-improvement. At the end of each activity-jammed day, though, we collapse into bed discouraged by everything we have not checked off on our "to-do" lists, in despair that whatever we have accomplished is never enough. Worse still, when our

dreams become derailed by the inherent tragedies of life — job loss, financial peril, sickness, or the death of a loved one — we feel devastated by the pain and injustice of it all.

Author, therapist and minister Wayne Muller offers healing for the perpetually stressed in this book. By learning compassion and mercy for ourselves, and by recognizing what is most profoundly true about who we are and what we need, we can gain self-acceptance ... so that whatever we choose to do in this moment is wholly enough. The answer to what he describes as "authentic happiness" lies not in seeing the glass as half full instead of half empty ... in reality, he writes, the glass is *always* half full and half empty. The world is neither broken nor whole, but eternally engaged in rhythms between joy and sorrow. With Muller's guidance, we may find ourselves on the most courageous spiritual pilgrimage of our lives. (\$25.00)



The Shadow Effect: Illuminating the Hidden Power of Your True Self

By Deepak Chopra, Debbie Ford and Marianne Williamson

These three best-selling authors and acclaimed teachers have joined together to share their knowledge on one of the most crucial obstacles to happiness we face: the shadow. These three luminaries, each with a signature approach, bring to light the parts of ourselves we deny but that still direct our life ... for it is only when we embrace our shadow that we discover the gifts of our authentic nature.

The shadow exists within all of us. It is a part of us, and yet we spend most of our life running from it. Far from being scary, however, our dark side holds the promise of a better, more fulfilling life. Our shadow makes itself known every day. It is the reason we get furious over a friend showing up 10 minutes late, yell at our parents or kids when they have done nothing

wrong, and sabotage our own success at the worst possible time. Until we are able to embrace our dualistic nature, we will continue to hurt ourselves and those closest to us and fall short of our potential. Combining the wisdom of three experts, this book is a practical and profound guide to discovering the gifts of our shadow. (\$25.99)



Hand Wash Cold: Care Instructions for an Ordinary Life
By Karen Maezen Miller

It's easy to think that meaning, fulfillment, and bliss are "out there," somewhere outside of our daily routine. Yet in this playful — yet profound — reflection on awareness, the compelling voice of a contemporary woman reveals the happiness at the bottom of the laundry basket, the love in the kitchen sink, and the peace possible in one's own backyard.

Follow Karen Maezen Miller through youthful ambition and self-absorption, beyond a broken marriage and into the steady calm of a so-called "ordinary" life. In her hands, household chores and care giving tasks become opportunities for self-examination, lessons in relationships, and liberating moments of selflessness. With attention, it's the little things — even the unexpected, unpleasant, and unwanted things—that count. (\$14.95)

Please make a note:

The Bookstore will be closed on Saturdays for the summer beginning Saturday, July 3. We'll re-open for Saturday business on Sept. 4.

But remember ...
you can shop online anytime at

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Small Group Ministry

Unity of Phoenix offers a wide variety of small groups through which it is easy to make friends, deeper connections and loving relationships in our spiritual community. Our Pastoral Care Minister, Rev. Jimmie Scott, oversees these small group activities.

Our small groups are created by Unity of Phoenix congregants. These groups invite like-minded people to meet, establish a greater connection, and support the ministry. If you are interested in starting a small group, the five steps are included in the box below.

For more information, or to express an interest in forming your own group, contact Rev. Jimmie Scott at 602.978.3200, Ext. 234, or jscott@unityphx.org.

'A Course in Miracles' Discussion Group:

Every Tuesday • 6:30 to 8 p.m. • Room 3

Based on the teachings of *A Course In Miracles*, this study group focuses on learning and living the spiritual principles of Christ love, forgiveness and inner peace. For more information, contact Alarra Ashanaya at 480.473.0565.

The Craft Connection:

ON HIATUS FOR THE SUMMER - WILL RESUME IN SEPTEMBER

2nd Saturday of the month • 11 a.m. to 3 p.m. Offsite (near 3rd Street & Thunderbird)

Are you "crafty"? Then this fun-loving group is for you! Bring your crafts and join us; everyone is welcome! We have people who scrapbook, make greeting cards, bead, knit, paint and needlepoint. We love to share ideas and encourage others to try something they haven't done before. For more info, contact Anna Huggup at 602.595.0364.

Eckhart Tolle New Earth Discussion Group:

ON HIATUS IN JULY - WILL RESUME IN AUGUST
1st and 3rd Tuesday of each month
7 to 8:30 p.m. • Room 2

Join with others to discuss this inspirational book and how we can each awaken to our own life's purpose! NOW is a great time to join, because the group has just begun the book over again in May. For more information, contact Jane Norde at elnorday@cox.net.

Golden Light Meditation Group:

Every Tuesday • 5 to 6 p.m. • Chapel

This group's focus is to become and remain centered by self love and empowerment. Unity means "Oneness with Source" and with all people; this group strives to experience unity with Source and to express love for all of life. Each week we use a Golden Light Meditation in addition to sharing time together. For more information, contact Lisa McKenzie at lmckenzieatpeace@msn.com.

Golf Group:

Every Monday Morning • Offsite

Please contact Bob Snair at ersnair1@cox.net or 602.995.3343 for the location and time of the next Monday morning golf game.

Gratitude Girls Networking Circle

2nd Thursday of each month
7 to 8:30 p.m. • Room 7

This group comes together each month to center themselves in gratitude, grow, and connect with new, amazing women! Each meeting features a new topic, allowing participants to dig deeper into their own personal growth.

Cost of participation for each meeting is \$15. Meets the 2nd Thursday of the month at Unity of Phoenix at 6:30 p.m. For information, go to www.gratitude-girls.com or contact Elizabeth Hartigan at elizabeth@sterlingexpectations.com.

Hiking Group:

MOONLIGHT HIKES ARE ON HIATUS FOR THE SUMMER - WILL RESUME IN SEPTEMBER

FITNESS FOR FUN HIKES

Saturday, July 17 • 7 a.m.
Rocky Ridge - Flagstaff

Saturday, August 21 • 7 a.m.
Mt. Kendrick - Flagstaff

Meet in the church parking lot at the designated time to carpool to the trailhead. NO advance sign-up required.

Our July and August hikes lead us back to Flagstaff to above 8,000 feet in elevation. Experience cooler weather this summer by heading north with these two popular trails. Please refer to our *Trail Mix* newsletter for full details.

All hikes are designed to accommodate a wide range of hiking abilities and participants are encouraged to hike at their own pace. We recommend sturdy hiking or walking shoes, sunscreen and sunglasses or a hat, and snacks and water for both during and after the hike (1-2 quarts of water per person).

If you have further questions, or wish to receive the monthly *Trail Mix* newsletter, please contact Don Clausing at 602.866.0285 or dclausing@unityphx.org.

The Law of Attraction Small Group:

2nd and 4th Wednesday of each month
7 to 8:30 p.m. • Room 5

This is an ongoing open group that comes together to learn, study, practice and apply the principles of the Law of Attraction, and celebrate together the transformations in our lives. We have general discussion and sharing time, and often have a guest speaker and/or fun worksheets or activities. For more information, please contact Jane Francis at 602.978.9783 or janeslight@aol.com.

Personal Peace Meditation:

Monday Evenings • Offsite

Guided group meditation which includes prayer and exercises that can help you go deeper into meditation. Very spiritually uplifting! Afterward, share experiences and fellowship. For more information, call Rev. Doina Barkhaus at compheal@cox.net or 602.978.5640.

Singles Link (formerly Singles Ink):

If you enjoy laid-back movie and game nights or picnics in the park to meet and mingle, this Singles Group is for you! Our mission is to create a safe, positive community where like-minded singles can connect for fun, fellowship and spiritual enrichment. For more information, please email singleslink@hotmail.com, stop by our table in the Courtyard on Sundays, or contact Cheri at 602.863.9966 or Eric at 480.636.6057.

Sisterhood of the Hat:

4th Thursday of the month
6:45 to 8:30 p.m. • Room 7

This group will include women who are -- or wish to be inspired -- and who wish to share laughter, prayer and support for one another. We will gather to share inspirational experiences, stories, poems, books and prayer. For more information, please email Mary Dunn at mdunn11@cox.net.

Newly Forming Small Groups

'Band of Brothers' Men's Group:

A few of our congregants are attempting to form a men's group. The intention of the group is to gather in friendship and community, spending time together doing fun activities like fishing, retreats and sports, and also performing service activities that benefit both the church and our greater community. If you are interested, please contact Victor Peyton at 480.433.5611 or vicarman@yahoo.com.

Unity Homeschoolers Support Group:

ON HIATUS THROUGH AUGUST - WILL RESUME IN SEPTEMBER

1st and 3rd Tuesday of each month
2:30 to 4 p.m. • Room 1

This group serves as a support group for moms who are homeschooling their children, as well as a connection place for the kids. For more info, please contact Briana Beveridge at 602.992.0336.

Unity Singles:

Fridays: Socializing/Dancing • 5:30 p.m. • Offsite
Sundays: Lunch • 12:45 p.m. • Offsite
Plus Lots, Lots More!!!

Our Unity Singles events provide a safe, supportive and loving environment for fun, fellowship and spiritual enrichment. If you're single, please make plans to join us every Sunday afternoon and Friday evening.

In addition to these weekly events, our Singles Group sponsors a wide variety of activities, and also gives back to Unity of Phoenix by volunteering for Unity sponsored events and projects. For information about events, times and locations, go to www.unityphx.org/connecting/singles.html.

If you have questions, please contact Jules Wise at uop_singles_liaison@yahoo.com or 602.909.9473.

VIP Luncheon:

ON HIATUS THROUGH SEPTEMBER - WILL RESUME IN OCTOBER

3rd Wednesday of the month
Noon to 1:30 p.m. Rooms 6&7

Our VIP Luncheon is for our Very Important People who are 55 or older. We invite all of our seniors to attend this monthly luncheon. It is a time for fun and fellowship; we always have a special guest speaker or activity planned for each luncheon. Please join us for this great way to stay connected, share your spirit and enjoy wonderful food, company and speakers.

Questions? Contact Regina Best at 602.978.3200, Ext. 255, or rbest@unityphx.org.

Music Ministry

Unity Adult Choir

Every Tuesday • 7 to 8:30 p.m. • Chapel

Music is an important part of our ministry; come join the fun! For more information, contact Music Director Jerry Wayne Harkey at jharkey@unityphx.org.

Unity Chimes Choir

ON HIATUS IN JULY

Every Thursday • 7 to 8:30 p.m. • Room 1

No experience necessary; just come to have fun and express yourself through music. For more info, contact Janice Winscot at 602.843.6637 or janicewins@gmail.com.

Want to form a new Small Group? Here's how!

1

Roster

Put together a group of people from the ministry who are interested in participating in your group.

Prepare your roster of participants, including names, email addresses and phone numbers.

2

Intention

As a group, adopt the spiritual intention for the group (which should be in alignment with the vision, mission and values of Unity of Phoenix).

3

Name

Create a name for the group. Designate the day(s) and time(s) the group will meet. (Due to limited space at the church on Tuesday and Wednesday evenings, groups are encouraged to meet offsite, if possible.)

4

Description

Create a description of your group that can be used by Unity of Phoenix in its various communications venues to attract new members.

5

Service

As a group, consider participating in at least one of the many outreach projects sponsored by the Unity of Phoenix Outreach Ministry. Each year, our Outreach program includes both internal and external projects.

Our Unity Community

Beautification Saturday

Thanks to all of our staff and congregants who came out to help beautify the Unity of Phoenix campus grounds by trimming, weeding, planting and picking up trash.



Advertise to the Unity Community!

This newsletter reaches thousands of people each month, most of whom read it from cover to cover. It is also posted on our Web site, which receives many, many visitors. Our rates are:

- **Half Page** (9.75" x 7.75"): \$450
- **Quarter Page** (4.65" x 7.75"): \$275
- **Eighth Page** (4.65" x 3.625"): \$165

Pricing is for camera ready submissions. An additional fee is charged for creating ads for clients. The deadline for receipt of ads is the 1st of the month preceding the month of publication (e.g., August 1 for the September/October 2010 edition.) Contact Communications Coordinator Sue Thompson 602.978.3200, Ext. 230, or sthompson@unityphx.org. Thanks!

MILESTONES

Memorials

Bill Koble made his transition on April 25, 2010. A service was held in his honor on May 1, 2010.

Neil Barnes made his transition on May 28, 2010. A service was held in his honor on June 12, 2010.

Weddings

Kimberly Battocchio and **Roy Swope** were married on April 16, 2010.

Jean Noto and **Jim Nelson** were married on May 1, 2010.

Help Us Secure Our 'Wish List'!

Congregants often ask if there are items for which we have a need, or how they can contribute to Unity of Phoenix in a meaningful way above and beyond their tithing. Our "Unity Wish List" identifies those services and items highest on our list of priorities. A list of current "Wish" items is included below. Thank you in advance for holding this list in prayerful consideration!

Pastoral Care

- **Chaplain training scholarships:** \$70 (returning Chaplain) or \$120 (new Chaplains)

Medical Team

- **Battery for automatic external defibrillator:** \$400

Grounds Improvement

- **Paint steel posts in Courtyard:** \$15,500
- **Wood chipper (3" minimum diameter capacity):** \$1,200
- **Rolloff dumpster (for landscape cleanup):** \$400

Building Improvement

- **Repair Sanctuary light dimmers:** \$1,500
- **Tint counseling room windows:** \$300
- **3 programmable thermostats:** \$150 each
- **Pest control service:** \$60/month

Technology

- **Videotape editing program:** \$750
- **Firewall upgrade:** \$2,000

Miscellaneous

- **Bottled water:** \$5/ case
- **Candle lighters:** \$5 each

** Donations received beyond the expense of each "Wish List" item will be appropriated to other, most needed items on the list.*

Friendship Sunday Potluck Celebration

On May 2, congregants gathered together to enjoy food, fun and fellowship, and to give thanks for our Unity Community and the successful end of our three-year Fundraising Campaign.

Rev. Richard's Appreciation Party

On April 23, congregants joyfully gathered to celebrate the five-year anniversary of Rev. Richard Maraj's tenure at Unity of Phoenix.



Our Unity Community

Unity of Phoenix Staff Milestones - Keeping Up the Momentum!!!



Rev. Jimmie Scott
Pastoral Care
Minister
Celebrating his
2-year anniversary
on the Unity staff



Debra Chester
Bookstore Ass't.
Celebrating her
5-year anniversary
on the Unity staff



Christina Mauk
Child Caregiver
Celebrating her
1-year anniversary
on the Unity staff



Donna Nalley
Child Caregiver
Celebrating her
8-year anniversary
on the Unity staff



Dara Smithers
WebMaster
Celebrating her
10-year anniversary
on the Unity staff



Sue Thompson
Communications
Coordinator
Celebrating her
9-year anniversary
on the Unity staff



Susan Whiting
Worship Team
Leader and
Milestones Coor.
Celebrating her
4-year anniversary
on the Unity staff



Malinda Young
Accounts
Receivable/Payable
Clerk
Celebrating her
2-year anniversary
on the Unity staff

GolFest 2010

On April 24, Unity of Phoenix golf enthusiasts hit the links and teed up for a great day of golf and good company! A portion of the proceeds from the event — which was held at Scottsdale's prestigious Hyatt Gainey Ranch Golf Club — benefited Habitat for Humanity.



Les Brown Workshop

On June 5, renowned motivational speaker Les Brown and his daughter, Ona, led over 300 congregants in a workshop designed to help them "get out of their heads and get into their greatness." The interactive day featured a number of introspective exercises, "story-telling" and goal sharing within work groups. A follow-up workshop to track the progress of participants is scheduled for Thursday, July 15, from 6 to 9 p.m.



Peace Camp

June's week-long Peace Camp for kindergartners through 5th graders featured a theme of BIRDS OF A FEATHER. Teen Mentors served in a supportive role to adult teachers, using games, crafts and teamwork activities to explore themes of safety, trust and self-esteem, and to reinforce important life and spiritual lessons.



Take Ownership in Unity!



By John Schroeder
Executive Director

Momentum is an interesting concept. It is a demonstrated fact that professional sports teams win more often playing at home than they do in away games ... Have you ever wondered why? The laws of physics and the players' skill remain the same no matter where the games are played, yet the advantage — or *momentum* — most often favors the home team.

Therein lies an important lesson, not just for people involved in professional sports, but for *everyone*. Our good intentions, encouragement, patience, forgiveness and faith that combine for more "home

KEEPING UP THE MOMENTUM

team wins" also make us winners at work, with our loved ones and in making the most of our spiritual home.

Keeping the momentum going at Unity of Phoenix requires a personal commitment to our own excellence, as well as a special commitment to support this ministry in ways that science cannot yet measure. We may not be able to scientifically gauge how God's love works in our lives, yet we *do* know that momentum favors the home team whose supporters share a common, positive goal and outcome.

During these challenging economic times, many people feel that their momentum has slowed, or even vanished. However, not much gets accomplished by assuming the fetal position, no matter how safe it seems. The tough part is keeping a positive attitude when little progress is shown for the effort.

I'd like to share a dream I had long ago, because it taught me a better way to view our most challenging times.

I was flying in an airplane and was concerned at how close the plane was tracking the earth below. I did my best to pull the plane away from the ground without success. I became more anxious with each passing moment, because I felt in imminent danger of crashing. Suddenly, the ground fell away beneath me and I realized the truth of my situation. I had been climbing a mountainside that rose at the same rate as my airplane could lift. Once I cleared the mountaintop, I could see how much progress had truly been made, despite my earlier fears.

From that one dream I learned that doubts and fears are of no help in soaring to new heights. If we are doing all we can to manifest God's loving ways in

our lives, we can't *help* but succeed, no matter how desperate our situation may appear. We are told that — with faith — we can move mountains ... and I know from personal experience that is true. Eventually, we come to understand how well God *always* provides for us, no matter how ugly life can appear to be at times.

I invite everyone to assume the perspective of being the "home team," and knowing that God is rooting for and supporting us all. Knowing that God ensures us a winning outcome gives us *endless* momentum. If God is for us, no one can be against us! That's not only comforting: it is a divine promise we can count on forever.

Keeping up the momentum is as easy as we choose to make it. God's promises are *always* sure. It is up to *us* to decide how much joy or fear we prefer to have in our lives.

Our Vision:

Centered in God, we live in a world of peace, love and abundance.

Our Mission:

To inspire a greater experience of God in ourselves and each other.

Our Values:

- God First
- Love
- Diversity
- Service
- Community

Services:

Sunday Morning Worship:
8, 9:30 and 11:15 a.m.
Sanctuary

Wednesday Evening Worship:
7 p.m. • Sanctuary

Communion:
1st Sunday/Month
12:45 p.m. • Chapel

Guided Meditation Service:
Wednesday, 6:15 p.m.
Chapel

Youth Programs:

Sunday Children's Ministry:
(Age 0-3 years):
9:30 and 11:15 a.m.
Administration Building
(Age 3-Grade 5)
9:30 and 11:15 a.m.

Sunday Teen Ministry:
Uniteens (Grades 6-8), R10
11:15 a.m.
Y.O.U. (Grades 9-12), R9
11:15 a.m.

Church Office:

Telephone: 602.978.3200

Fax: 602.978.3248

Website: www.unityphx.org

Staff Email:

First initial, Last name
(i.e., rmaraj@unityphx.org)

Church Office Hours:

Sun.: 8 a.m.-2 p.m.
Mon.-Thurs.: 9 a.m.-5 p.m.
Fri.: Closed
Sat.: 9 a.m.-3 p.m.

Divine Idea Bookstore:

Telephone:
602.978.3337 / 800.853.1372

Website:
www.shopdivineonline.com

Email:
bookstore@unityphx.org

Bookstore Hours:
Sunday: 8:30 a.m.-1:30 p.m.
Monday/Friday: Closed
Tues./Wed.: 10 a.m.-7 p.m.
Thursday: 10 a.m.-5 p.m.
Closed Saturdays beginning July 3 ... re-opening for regular Saturday business in September.

Ministry:

Lead Minister:
Rev. Richard Maraj, X-237

Pastoral Care Minister:
Rev. Jimmie Scott, X-234

Ministerial Associate:
Chris Kennedy, X-299

Chaplain Line: X-256

Dial-A-Prayer: X-260

Staff:

Executive Director:
John Schroeder, X-254

Youth Ministry Director:
Linda Depke, X-334

Spiritual Education and Volunteer Ministry:
Chris Kennedy, X-299

Grief/Counseling:
Joan Bacchus, LUT, RN

Weddings, Memorials, Christenings and Baptisms:
Susan Whiting, X-274

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BECOME A MEMBER!

Make a commitment to your spiritual growth and fully support and participate in your spiritual community!

Two times each year, we offer congregants the opportunity to become members of our spiritual community. You can become a member in three easy steps:

STEP #1: Complete Unity Basics and Prayer Basics.

The completion of these two inspirational courses is a pre-requisite for becoming a Unity of Phoenix member, prayer chaplain, teen sponsor or board trustee. These classes provide a comprehensive introduction to our Unity principles and emphasize the importance of prayer in deepening our experience of God. (See below for the next offering of these classes.)

STEP #2: Attend our New Member Orientation.

At this mandatory gathering with our ministers, you'll learn more about our ministry; what it means to be a member; and how to take your next steps as a member. These Orientations are offered only two times each year, so please plan ahead! Our next New Member Orientation will be held on **Sunday, August 15 from 12:30 to 2 p.m.**

STEP #3: Celebrate with us at our New Member Recognition services.

On the Sunday following Orientation, new members are recognized at all morning worship services and then enjoy a Celebration Gathering with their families and our ministers at 12:30 p.m. (Though this step is optional, it is a wonderful way to celebrate your new member status!) Our next New Member Recognition will be held on **Sunday, August 22**

MEMBERSHIP CLASSES

If you are interested in becoming a member, please make a note of the last chance you will have to take membership classes before our August 15 Membership Orientation!

UNITY BASICS

HURRY! Saturday, June 26 • 9 a.m. to 1 p.m.
Suggested Love Offering: \$20 minimum

Find out what Unity is all about! Explore the history of Unity, learn the five foundational beliefs that are unique to Unity, and find out how using these five spiritual principles can transform your life, and open your heart and soul to a fuller, richer experience of God and life.

PRAYER BASICS

Saturday, July 17 • 9 a.m. to 1 p.m.
Suggested Love Offering: \$20 minimum

Prayer is a foundational practice that cultivates our relationship with God. Consistency in our prayer life is the pathway to deepening our awareness of our Oneness with God.