



Upward Venture

Jan./Feb. 2011

Unity of Phoenix: A Positive Pathway for Spiritual Living

Special Points of Interest

- Light up your new year with inspirational services that will transform your life in extraordinary ways! Turn to page 3 for a listing of all of our Sunday worship services over the next two months.
- Join us for a discussion about Vision 2020, a review of our strategic plans, and the election of new members to our Board of Trustees; turn to page 11 to review the biographies of the individuals running.
- The most successful people in the world have been part of a Master Mind group ... now it's your turn! Attend our orientation meeting on how to form and participate in a Master Mind Prayer Group. Read all about it on Page 2.
- Make this your best year ever! Start by attending Dr. John Demartini's workshop in early January (see Page 2), and then sample our wide variety of classes designed to help you set a strong vision and positive intention for the new year. Turn to pages 4 and 5 for more information on our Spiritual Education offerings for the next two months.
- Want to impact our spiritual ministry in an extraordinary way? Turn to Page 10 for a listing of the many volunteer opportunities available for you to serve!

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TURNING THE ORDINARY INTO THE EXTRAORDINARY!



By Rev. Richard Maraj
Lead Minister

What does it take to turn something ordinary into something extraordinary? What, for you, makes the difference between an ordinary day and an extraordinary day? What turns an ordinary meal into an extraordinary one?

Starbucks has done an amazing job of turning a simple cup of coffee into something truly remarkable. Remember when we all just ordered a cup of black coffee or a coffee with cream and sugar? Now Starbucks has us ordering a "Venti soy hazelnut vanilla low-fat latte with whip" or a "Grande sugar-free decaf caramel macchiato." Not only has Starbucks spruced up the flavors and tastes of coffee beans, it has also created a culture of fun, connection and community ... all built around coffee!!!

Many of us feel that our lives are too plain, dull and boring. We long for more "extraordinary" lives ... for more of that "Starbucks star dust." We don't realize how miraculous our lives already are! In the midst of our hectic lives, we don't often

take the time to recognize — let alone appreciate — the wonders of our world. The sun sets every day, but when was the last time you let yourself be absolutely present to what a breathtaking experience it is? When did you last notice the extraordinary beauty of flowers, the magnificence of a mountain, the warmth of sunshine, the twinkling of stars, the innocent laugh of a child, the playfulness of a puppy?

Jesus invited us to celebrate the good in our lives, to recognize and appreciate the kingdom of God that is always *in* and *all around* us. He encouraged us to focus on "the good portion of life," savoring and celebrating the holiness of each and every moment.

When we are present, positive and appreciative, we can view most *any* experience as extraordinary: savoring each bite of a meal, enjoying the sudsy splash of washing dishes, breathing in the fresh smell of laundry, feeling the power of our muscles moving as we work out, drinking in the warmth of the sun, or basking in the joy of a deep conversation with a friend.

Life is overflowing with extraordinary miracles! Every day you are blessed in a thousand different ways; open your eyes to all that God provides you!

If you *still* feel that your life is somewhat less than amazing, only *YOU* have the power to change it! Jesus demonstrated that each of us has the power to transform anything we wish into something amazing ... just as he did when he performed his first miracle of turning water into wine. He turned something plain into something sweet, something ordinary into the best wine the wedding guests had ever tasted. *Every one of us has the same power of transformation.*

The first step in this process is changing our mindset. Scripture tells us that we are transformed by the renewing of our minds. A spiritual outlook can turn our perspective

of a situation from that of a challenge to a great opportunity ... from hopeless to hopeful ... from negative to positive ... from sad to joyful.

Ebenezer Scrooge is a classic example of this transformative process. Scrooge was notoriously cold, negative and cynical about life and Christmas, but in a single night experienced an inner rebirth from which he emerged joyful and appreciative. His "Bah Humbug!" perspective of the holidays completely changed into seeing Christmas as a joyful celebration of love and life. His refreshed eyes now saw everything as beautiful and miraculous.

We *ALL* have the same power of perspective, the same power to turn the ordinary into the extraordinary. Think about it! With just an "ordinary" smile, we can change someone's feelings of isolation into a warm feeling of belonging and connection. Now, that's extraordinary! If we can accomplish that with just a smile, imagine what we can create by focusing *ALL* of our energy and activity into viewing the world — as Scrooge did — with fresh eyes and a new perspective. Envision all the extraordinary miracles we can create!

This year, I invite you to transform your life by transforming your mind. Take the time to hold in consciousness the many wondrous things in your life. *God is in everything*; let yourself feel it! Open your heart and look into the eyes of your loved ones, and thrill in the extraordinary connection you feel to them. Take a few minutes each day to sit in the silence and listen to God, and experience the extraordinary gift of the divine within you. Extend your hand, share your name, and make someone feel welcome in your neighborhood or spiritual community, and feel the rush of joy that results.

So, in addition to that Starbucks, enjoy *all* the "star dust" in your life! Life is extraordinary. *YOU* are extraordinary. Drink it in!!!

VISION 2020

Exploring the infinite possibilities for our spiritual community

The excitement is building as we enter the first year of our Vision 2020 Plan, which was thoughtfully and prayerfully conceived to express the highest possibilities of what Unity of Phoenix could *look* and *be* like in the next decade. Due to the financial implications of such a plan, much of the focus over past months has necessarily been on the "bricks and mortar" aspects of the plan: building a new sanctuary, chapel, renovated youth and family ministry building, expanded playground, sports fields, amphitheatre, Tower of Unity and much more. (Read more about the Vision 2020 Plan on our website at www.unityphx.org.)

While these features are truly exciting, as we enter this first year of implementation, it's important to emphasize that the expansion of our spiritual ministry is not

about buildings ... it's about **building consciousness**. Buildings are just the means to an end. Our true vision is about more than lifting walls: it's about **uplifting spirits** ... more than mending masonry: it's about **healing hearts** ... more than transforming the landscape of our campus: it's about **transforming people's lives**.

As Sir Arthur Conan Doyle once stated, "Bricks and mortar won't make a staircase to heaven ... The human heart is the best temple."

We absolutely love the concept of renaming ourselves as a "Spiritual Center," because this term speaks — not only to a sacred gathering place where we can come together in Unity — but also to the individual paths that each of us are walking towards our own

spiritual "centers." Our goal is to build a consciousness that we are all centered in God, conscious of our Oneness and Unity, acutely aware that we are one big spiritual family whose purpose is to love and support one another. Our ministry is here to help ourselves and others awaken to that Spirit of God within us, to recognize our immense spiritual potential, and to unleash the magnificence within our souls.

Indeed, the most exciting aspect of Vision 2020 is envisioning what kind of spiritual impact achieving this goal can make. It can not only change lives, it can change the world ... one heart at a time.

As we move through our Vision 2020 plan, please hold with us the miracles that our love can build! Thank you, and bless you!!!

Upcoming Events

Annual Meeting: Celebration of Church Business

Wednesday, January 5 • 6 to 7 p.m. • Rooms 6&7

Please join us for a discussion about Vision 2020, a review of our strategic plans, and the election of new members to our Board of Trustees.

See biographies of the candidates running for the Board of Trustees on Page 11.

Afterward, join us in the Sanctuary at 7:15 p.m. for our White Stone Ceremony (see opposite page).




Countdown to the Super Bowl Cook Out

Sunday, January 30
12:30 p.m. • Courtyard

Whether you're gearing up for football or just family fun, join us in the Courtyard for hamburgers, hot dogs and community building!



Uniteen Super Bowl Bake Sale

Sunday, February 6

9 a.m. to 12:30 p.m. • Courtyard

Make the sweetest catch of the season by purchasing these delicious home-made treats from our Uniteens. Choose your favorite goodies and take them directly to your home or Super Bowl party to enjoy during the game! All proceeds from the sale will be used to help fund Uniteen retreats, events, workshops and other activities.

Dr. John Demartini

"Purpose: Life's Driving Force"

Tuesday, January 11

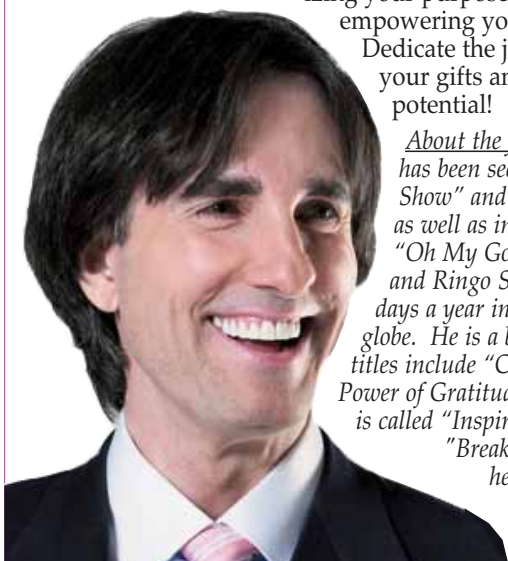
7 to 9 p.m. • Unity of Phoenix Sanctuary

Dr. John Demartini — philosopher, teacher, internationally published author and authority on maximizing human awareness and potential — will present an inspired talk that will teach you how to tap into the infinite power you have within.

He will teach you how to unblock the fears that stand in the way of actualizing your purpose and will share the secrets of empowering yourself in any area of life.

Dedicate the journey of your life to uncovering your gifts and discovering your magnificent potential!

About the facilitator: Dr. John F. Demartini has been seen on CNN's "Larry King Live Show" and featured in Oprah's "O Magazine," as well as in the hit movies, "The Secret" and "Oh My God" featuring Hugh Jackman, Seal and Ringo Starr. Demartini speaks nearly 300 days a year in more than 50 countries across the globe. He is a best-selling Hay House author; his titles include "Count Your Blessings: The Healing Power of Gratitude and Love," and his newest book is called "Inspired Destiny." His signature "Breakthrough Experience" workshop has helped thousands of people heal in a single weekend the emotional baggage they have carried for decades.



Tickets: \$25 per person

Available at the Divine Idea Bookstore, 602.978.3337 or www.unityphx.org
Purchase before January 12 and get a \$5 coupon redeemable towards Dr. Demartini's acclaimed book, "Inspired Destiny."



Family Bingo Night

B Excitement **I** Fellowship **N** Prizes

G Fun for the Entire Family!

Don't miss this FUN way to spend quality time with family and friends!
Everyone over 7 welcome with adult supervision!

Friday, February 25 • 6:30 to 9 p.m. • Sanctuary

Doors open at 6 p.m.

Game Cards will be available through the Divine Idea Bookstore.

Look for more information in our January bulletins!

Master Your Universe!

Join a Master Mind Prayer Group!

Orientation Meeting: Saturday, January 29

9 to 11 a.m. • Unity of Phoenix Sanctuary

"And whatever things you ask in prayer, believing, you will receive." ~Matthew 21:22

"For where two or more are gathered together in My name, I am there in the midst of them." ~Matthew 18:20

Wouldn't it be wonderful if you had continuous access to all of the love, encouragement and support you needed to help achieve your dreams? That's what a Master Mind Prayer Group can give you!

Mastermind Prayer Groups are small groups of people who come together with one common goal: to pray for each other's success and help make a positive difference in one another's lives. Group members support one another by praying, holding energy and setting intentions for whatever goals each person wants to achieve: success; prosperity; overcoming obstacles; inner peace; emotional

healing; forgiveness; physical health.

Each person shares their individual goals and asks for help when it's needed. In return, the group provides immeasurable wisdom, support, encouragement and inspiration, as well as additional resources and connections that can be useful to you.

Not only will you benefit tremendously from the synergy of the group, you will also develop strong relationships and long-lasting friendships!

Groups can vary in size, structure and the frequency of meetings ... but regardless of how they may differ, the results are usually the same: a

greater sense of connection with God and one another; a powerful prayer support network; and lots of fun as dreams unfold. The Master Mind concept has been used for decades by the most successful people in the world ... now it's *your* turn!

Please join our ministerial team for this orientation meeting at which we will discuss how to set up and run a successful Master Mind Prayer Group, and also help you connect with others who wish to do the same. We hope to see you there ... the first step on your new path to success!!!

Worship and Upcoming Events

Light Up the New Year with Inspirational Services that will Transform Your Life in EXTRAORDINARY Ways!

Five-Week Series *Turning Ordinary into Extraordinary*

January 2
Make It Your Own
with Rev. Richard Maraj
Musical Artist:
Kristen Drathman

January 9
Everything Matters
with Rev. Richard Maraj
Musical Artist:
Renee Morgan Brooks

January 16
Surprise and Delight
with Rev. Richard Maraj
Musical Artist:
Orgena Rose

January 23
Embrace Resistance
with Rev. Richard Maraj
Musical Artist:
Natalie Ellis

January 30
Leave Your Mark
with Rev. Richard Maraj
Musical Artist:
Jason & deMarco

Two-Week Series *The Zen of Listening*

February 6
Listening is Loving
with Rev. Richard Maraj
Musical Artist:
Todd Herzog

February 13
The Wisdom of Listening
with Rev. Richard Maraj
Musical Artists:
Kathryn Williams-Ioie

Two-Week Series *Spirituality in Everyday Life*

February 20
The Spirituality of Knitting
with Rev. Richard Maraj
Musical Artist:
Orgena Rose

February 27
The Spirituality of Skiing
with Rev. Richard Maraj
Musical Artist:
Rusty Ferracane



Wednesday Evening Service: 'Day-by-Day Spiritual Living'

Every Wednesday
7 to 8 p.m.

Do you find it hard to deal with conflict in a positive, constructive way? Is it difficult for you to be at peace? Is it a struggle for you to keep holding a consciousness of joy and prosperity in the face of life's more difficult challenges?

Join us for this intimate service that focuses on how to overcome the daily struggles we all face, and provides step-by-step guidance in how to move through life in a positive, practical and spiritually healthy way.

- MESSAGES to empower you
- MUSIC to stir your soul
- MEDITATIONS to take you deeper

Childcare for Wednesday Evening Service • 7 to 8 p.m.
Childcare is provided during the Service to support parents who wish to attend.

Wednesday Evening Chapel Meditation

Wednesdays • 6:15 to 6:45 p.m.

Join our Prayer Chaplains in the Chapel to go deeper, build a stronger connection with God, and bring forth wisdom, healing, prosperity and everything good!!!

Childcare for Chapel Meditation • 6 to 6:45 p.m.
Childcare is provided during the Meditation to support parents who wish to attend.



White Stone Ceremony

Wednesday, January 5
7:15 p.m. • Sanctuary

"He who has an ear, let him hear what Spirit says: I will also give him a white stone with a new name written on it, known only to him who receives it."

~Revelation 2:17

It's the start of a new year and the threshold of unlimited new possibilities for the future. This ceremony symbolizes Scripture's call to claim a new identity for ourselves. The White Stone represents a new beginning ... the opportunity to live life in a new way by digging within to discover a new quality and essence of who we truly are. Listen to the new name and life that Spirit is calling you to live!



Communion

January 2 and February 6
(and the 1st Sunday of each month)
12:45 p.m. in the Chapel

Our monthly Communion includes prayer, silence, responsive readings and partaking of the elements.



During the holidays, congregants experienced one of the most beautiful and sacred worship services of the entire year at our Christmas Candlelighting Services. The services celebrated the light of the Christ child being born into the world: "the true light that gives light to everyone."

As each individual candle was lit from the flame of one, our spiritual family filled the room with brilliant, shining light, symbolic of the Christ light that shines within each of us. The lighting of the candles also symbolized that, loving and supporting others to help their light shine doesn't diminish our own light ... but, rather, creates more light for everyone. This very special service deeply touches our hearts year after year.

Spiritual Education

Classes are open to everyone; you need not be a member to attend. We ask that you register in advance so that we can plan accordingly and ensure optimal order and efficiency. You can register:

- At the Spiritual Education table in the courtyard on Sundays;
- On our website at www.unityphx.org; or
- By contacting Michelle Abraham at 602.978.3200, Ext. 251, or mabraham@unityphx.org.

TUESDAY CLASSES



Reiki Share

Tuesday, January 4 and Tuesday, February 1 (and the 1st Tuesday of each month) 6:30 to 8:30 p.m.
Facilitator: Kathy Flanigan
Minimum suggested love offering: \$10-\$20 per session

This monthly gathering is an opportunity for Reiki practitioners and Reiki I graduates to practice giving and receiving Reiki treatments. Students of this healing art use this ongoing forum to ask questions, practice and gain experience.

About the facilitator: Kathy is a Reiki Master/Teacher.

Visualizing and Visioning

Tuesday, January 4 • 7 to 9 p.m.

Facilitator: Rev. Richard Maraj

Minimum suggested love offering: \$10-\$20



Visioning helps us to set goals that bring us hope and encouragement; offers possibilities for fundamental change; generates creative thinking and passion; and gives us that extra boost needed to keep on keeping on. Join Rev. Richard as he shares the power of the visioning techniques he has used throughout his life to create amazing experiences and outcomes!

About the facilitator: Rev. Richard Maraj was ordained in June of 1998, and became Lead Minister at Unity of Phoenix in 2006. He has also served as Senior Minister at Christ Church Unity in Kansas City, Missouri, and as an Associate Minister in Raleigh, North Carolina. In addition, he has served as a guest speaker at more than 50 Unity churches throughout Canada and the United States.

Prior to becoming a minister, Richard was a professional speaker who addressed a variety of top corporations such as Xerox and Cooperators Insurance. A long-time member of the National Speakers Association and Toastmaster International, Richard was a finalist in Toastmasters World Championship of Public Speaking in Dallas in 1990. He has worked with a number of community service organizations and been recognized for his service with several awards, including the Peter Street Inspiration Award and a Canada Literacy Volunteer Award.

Richard has a degree in Political Science from McMaster University and has a passion for learning. He enjoys live theatre, NBA basketball, being on the water, traveling, juggling, and has even tried skydiving twice!

'Evolving Consciously' Series, Part 3 of 3 Integrating Transformative Shifts

3-week Class

Tuesdays, January 4 and 18 and February 1 7 to 9 p.m.

Facilitator: Rev. Mark Fisk

Eligible for Elective SEE Credit

Minimum suggested love offering: \$10-\$20 per session



Unity students are great at seeing possibilities and setting intentions ... yet awareness and intention are not always enough to initiate and maintain major shifts in our lives. Any attempt to change a pattern, begin a new spiritual practice or align ourselves with higher teachings must address both internal and external resistance. Multiple areas must shift together in order to produce bigger results than expected. This series will explore:

- How to apply Integral Theory to consciously evolve;
- Different ways to identify and address conflicting thoughts, feelings, behaviors and energies at play in our lives;
- Holistic approaches to integrating different levels of diverse spiritual practices and tools, and
- Critical steps, pattern breaks and support systems necessary for transformation.

About the facilitator: Rev. Mark Fisk is a long-time Licensed Unity teacher and spiritual coach, and is the first Teen Minister to be ordained within the Unity Church. He has served as a Family Ministry consultant for Southwest Unity Region since 1996. He left a career on Wall Street to backpack around the world and focus on education and writing and, in 1992, began facilitating retreats, training programs and other transformational processes for adolescents and adults. He began volunteering at Unity of Phoenix in 1995 and has been mentoring our teens ever since.

Lessons in Truth

5-Week Class

Tuesdays, January 11-February 15 • 7 to 9 p.m.

Facilitator: Rev. Kim O'Connor

Eligible for SEE Credit

Minimum suggested love offering: \$10-\$20 per session



This class is based on Dr. H. Emilie Cady's book, *Lessons in Truth*, which is considered by many as the standard "textbook for Unity." The book is a clear, concise representation of New Thought philosophy and metaphysical Christianity and, over the past 100 years, it has guided Unity students around the world in their quest for Truth.

The class will follow the 12 spiritual concepts outlined in the book, which are designed to teach us how to increase our personal empowerment and enhance our spiritual growth. At the core of the teachings is the Unity belief that our lives can be transformed by the power of our thoughts, words and beliefs. You will be encouraged to seek your truth within your own heart, and then to apply those truths to every area of your life.

Come learn the tools and techniques that will help you create a happier, more fulfilling life!

Required text: *Lessons in Truth* by H. Emilie Cady.

About the Facilitator: Rev. Kim O'Connor is an ordained Unity Minister and graduate of the Ministerial Education Program at the Unity Institute. She has served as a Hospice Chaplain, Minister of Pastoral Care at Unity of Sun City, and Director of Pastoral Care Services at Unity Center of Hope. She currently serves as guest speaker, teacher, and workshop presenter at various Unity churches throughout the region.

Unity Basics *

2-Week Class

Two Tuesdays: January 18 and 25 • 7 to 9 p.m.

Facilitator: Unity Ministerial Team

Minimum suggested love offering: \$10-\$20 per session

Find out what Unity is all about! Explore the history of Unity, and how the Unity spiritual movement began. You'll also learn the five foundational beliefs that are unique to Unity, and how using these five spiritual principles can transform your life, and open your heart and soul to a fuller, richer experience of God and life.

2-Week Series

Creating Health and Wellness in 2011

Two Tuesdays: February 1 and 8

Come to both of the classes in this two-week series, or pick and choose which one you want to attend! Each class will focus on a specific way to improve your health and lead a more vibrant, energized and peaceful life!

Week #1: Make 2011 Your New Lease on Health and Wellness

Tuesday, February 1 • 7 to 9 p.m.

Facilitator: Noelle Stanley

Minimum suggested love offering: \$10-\$20



It's the New Year and the #1 resolution of most people is "Health and Wellness." Learn how to set realistic goals for wellness and the strategies to fulfill them ... and how to realistically maintain your healthy habits throughout the entire year. Easy shifts in how you think will change how you take action to create and retain habits surrounding wellness that will last. You will learn behavioral techniques and systems that take your health to a higher level. Please attend this class if you would like to achieve your best health and New Year's resolution ever!

About the facilitator: Noelle is a holistic nutrition educator and raw chef who is an expert in corporate wellness and health coaching. She was awarded the Wellness Corporate Coach of the Year for 2009.

Week #2: Natural Weight Loss Strategies and Weight Loss Boosters

Tuesday, February 8 • 7 to 9 p.m.

Facilitator: Noelle Stanley

Minimum suggested love offering: \$10-\$20

Struggling with holiday weight gain? Come learn natural methods to change the acidity level of your body and increase your body's ability to digest and boost your own metabolism!

We'll discuss foods, supplements, as well as the power of thought and behaviors in successful weight loss; start *thinking* yourself thinner and healthier! You will also learn how to easily incorporate these changes into your life ... and do it on a budget. Everything you learn will assist you in shifting your metabolism to be more efficient and effective.

About the facilitator: See Noelle's biography in the prior class.

Radical Forgiveness Ceremony

Tuesday, February 8 • 7 to 9 p.m.

Facilitator: Leigh Smith

Minimum suggested love offering: \$20



Forgiveness is a powerful choice, an action to set yourself free, and reclaim your power and peace. Unfortunately, traditional forgiveness ("let bygones be bygones") is often difficult, and can take years to accomplish. "Radical Forgiveness" is a step-by-step technology that

empowers you to forgive consciously and quickly. During this sacred, mostly non-verbal and non-threatening Radical Forgiveness Ceremony you will learn, experience and integrate this amazing process. Participants leave feeling lighter, more powerful and peaceful.

About the facilitator: Leigh has worked with thousands of people nation-wide as a public speaker, trainer, coach and mentor. Her formal education includes a BA in Communications Studies and a Master's degree in Psychology. She combines her University education with 25 years of spiritual exploration, meditation, and training in transformational technologies and self-realization. Leigh has known and worked with Byron Katie for many years and facilitates "Loving What Is" workshops. She is a Certified Radical Forgiveness Coach and Ceremony Facilitator trained by Colin Tipping. As a volunteer she was trained by Al Gore and is a spokesperson for The Climate Project.

Prayer Basics *

2-Week Class

Two Tuesdays: February 15 and 22 • 7 to 9 p.m.

Facilitator: Unity Ministerial Team

Minimum suggested love offering: \$10-\$20 per session

Prayer is a foundational practice that cultivates our relationship with God. Consistency in our prayer life is the pathway to deepening our awareness of our Oneness with God.

God Has a Plan: I Am in It, and It is Wonderful!

Two Tuesdays: February 15 and 22 • 7 to 9 p.m.

Facilitator: Michelle Abraham

Minimum suggested love offering: \$10-\$20 per session



Finding the Truth of who you are can be scary or it can be wonderful! Just imagine what your life would be like if you lived it as God intended. What would that look like? In this class you will have the opportunity to "co-create" your life's plan by applying simple tools to help you discern between *your beliefs* and *God's plan*. You will learn to identify the beliefs that support you, as well as those that block you from achieving your life's plan. With this new awareness, you will learn how to release the blocks and put into action the life plan you have just created!

About the Facilitator: Michelle has been a Transformational Life Coach and inspirational speaker since 1993. Her personal life mission is to create an awareness that empowers individuals to claim their greatness by staying in the moment. Since becoming a member of Unity of Phoenix in 2003, she has served in many volunteer positions, including an usher/greeter, Prayer Chaplain, courtyard volunteer and, most recently, in the staff role of Spiritual Education Coordinator.

Metaphysics I, Part 1

5-Week Class

Tuesdays, February 22-March 22 • 7 to 9 p.m.

Facilitator: Rev. Jimmie Scott

Eligible for SEE Credit

Minimum suggested love offering: \$10-\$20 per session



By studying the works of prominent Unity writers, as well as specific metaphysical and theological views, you will be encouraged to awaken your awareness and understanding of spiritual Truth. Through the consistent use of these practical principles, you will realize more of your spiritual potential and find that your life is transformed! Topics explored in this class

Spiritual Education

are: Metaphysics and Truth; Life Is Consciousness; Self-Knowledge; Spiritual Evolution; Building Consciousness; Our Purpose; Divine Will; Divine Plan; Divine Guidance; The Silence; Meditation; and Prayer.

About the facilitator: Rev. Jimmie has served as a Unity minister since 1985. He has also served as the Chaplain at Unity Institute, and as Chairman of the Executive Board of the Association of Unity Churches International. While serving in that capacity, he ordained our own Rev. Maraj!

THURSDAY CLASSES



The Quest ~ A Journey of Spiritual Rediscovery

A Year-Long Class

Thursdays, January 13-December 17 to 8 p.m.

Facilitators: Rev. Kim O'Connor, LUT Joan Bacchus & Susan Whiting

This class can be taken for SEE Credit
Minimum Suggested Love Offering: \$5 per session



The Quest is a year-long foundational class for all ages and levels of consciousness.

Through riveting class discussions, you will discover what you truly believe, and gain a better understanding of Spiritual Truths.

The teachings of this class will serve as a bridge, taking you from the study of spiritual principles to actually living them every day. This class is like a hand-holding companion, leading you ahead on your journey of rediscovery.



The Quest is a progressive, evolutionary process. It is going to move you into unknown territory! Are you willing to go the distance?

About the Facilitators: See Rev. Kim O'Connor's bio under "Lessons in Truth" on the previous page.

Joan Bacchus, a Registered Nurse, began her path as a healer within the traditional medicine framework. She has studied several complementary healing therapies and has received certificates of completion in Advanced Therapeutic Touch and Healing Touch. She is a Prayer Chaplain Emeritus and has also served on the Health Ministry Team. An ordained New Thought minister, she is also as a Licensed Unity Teacher specializing in both Pastoral Care and Adult Education. She currently services in Unity's Pastoral Care Department as a Licensed Unity Teacher, Bereavement Specialist and Spiritual Counselor.

Susan Whiting has been a student of New Thought for 26 years and has attended Unity of Phoenix for 20 years. She is a retired School Psychologist who has held numerous volunteer as well as staff positions at Unity of Phoenix; currently she serves as Worship Team Leader and Milestones Coordinator. She is a Licensed Unity Teacher candidate and a licensed New Thought minister whose life was changed when she stepped into the world of metaphysics. Her personal goal is to be a bright light of God's goodness in everything she thinks, says and does and she is dedicated to helping people help themselves through practical enlightenment.

SATURDAY CLASSES

Back by Popular Demand! Create Your Best Year Yet!

Saturday, January 8 • 9:30 a.m. to 2:30 p.m.

Facilitator: Dr. Mitzi Lynton

Minimum suggested love offering: \$20-\$30



Are you ready to create your best, most successful year ever? If so, join Dr. Mitzi for a powerful and inspiring day of visioning and treasure mapping ... the process of visualizing on paper exactly what you desire to create in your life. The more clearly you can visualize and align your thoughts with the future you desire, the sooner you can manifest your dreams ... and the beginning of a new year is an extremely powerful time to start doing it!

Please bring a light lunch, as well as scissors, glue, poster board or paper, special magazines, photos, and other visuals to help build your map.

About the facilitator: Dr. Mitzi exudes joy and is a loving, powerful expression of peace — building bridges between people of all faiths, philosophies, cultures and races. She has been honored with several awards for commitment and loving service in the pursuit of global peace. Dr. Mitzi serves on the board of the Arizona Interfaith Movement and is co-author of "Voices of Faith," which

has received widespread praise. She is a gifted, passionate and energetic speaker who has inspired many national conferences, leadership trainings, business and networking groups, peace events, and spiritual organizations, and has also been featured on several radio and television shows. Dr. Mitzi holds a Doctorate of Religious Studies from Emerson Theological Institute and an M.A. from the University of Utah. She currently serves as the Congregant Care Minister at Creative Living Fellowship.

Transforming the Fear and Negativity of Life's Challenges!

Lessons from A Rattlesnake's Tale

Saturday, January 15 • 10 a.m. to 12:30 p.m.

Facilitator: Kevin Gregory

Minimum suggested love offering: \$10-\$20



This unique class is both an entertaining spiritual journey and a step-by-step walk through the powerful life lessons it offers. By using a true personal experience as a spiritually allegorical narrative, focus and clarity are brought to the positive attitudes and spiritual perspectives that can help us to rise above — and even transform — the fear and negative energy of life's many challenges. The class will begin with a theatrical style reading from the original narrative, *A Rattlesnake's Tale*, reminiscent of *A Prairie Home Companion*. Following the reading, the class will move into a study of the spiritual principles demonstrated by the story, with a full description and discussion of each principle.

About the Facilitator: Kevin Gregory is a member Unity of Phoenix, currently sings in the choir, was a professional speaker for 12 years in the Washington area and has given more than 300 talks on health and motivation to churches, businesses, health clubs and numerous organizations such as the Chamber of Commerce and Kiwanis. For two years he was one of only four professional community outreach speakers for Evergreen Hospital in Kirkland, Washington.

Space is Limited to 12, So Please Sign Up ONLY if You Know You Can Participate!

Authentically Expressing through Acting

7-Week Saturday Series

January 22-March 12 (No class February 26)

10 a.m. to 1 p.m.

Facilitator: Ramona Richards

Minimum suggested love offering: \$10-\$20 per session



We are energy senders and receivers. The purpose of this class is to increase our awareness of how we use energy, which is the foundation of all creativity. Have fun as you learn how to use your energy to authentically express through acting. As a group, you will co-create your own unique energy and, when it's based in the heart, it becomes a spiritual experience. You will discover or expand your oneness with Spirit. Be a part of something unique and fascinating in this seven-week acting class. No prior experience necessary!

About the Facilitator: Ramona Richards is an actor, writer and director who has performed in radio, television, film, theater, musicals and skit comedy, and has also done costume design for Paramount Pictures. She has hosted two TV series and her celebrity interview radio show, "A Celebration of Life," aired on five continents for five years. Ramona has conducted continuous performance skills workshops in the Valley since 1983. She has directed and/or performed in 104 local productions.

Unity Basics *

Saturday, February 5 • 9 a.m. to 1 p.m.

Facilitator: Unity Ministerial Team

Minimum suggested love offering: \$20-\$40

Find out what Unity is all about! Explore the history of Unity, and how the Unity spiritual movement began. You'll also learn the five foundational beliefs that are unique to Unity, and how using these five spiritual principles can transform your life, and open your heart and soul to a fuller, richer experience of God and life.

Spiritual Empowerment through Self-Acceptance

Saturday, February 12

10 a.m. to Noon

Facilitator: Joseph Bortniak

Minimum suggested love offering: \$10-\$20



This class will present practical ways to find and embrace your soul and increase the degree of personal spiritual truth in your life, with an ultimate goal of always having your truth strong and present.

We'll discuss how the four bodies — physical, emotional, mental and spiritual — and the two sides — feminine and masculine (aspects of self-worth and self-confidence) — affect your relationship with self, family, friends, co-workers and partners. This practical, enjoyable and insightful class is a fantastic opportunity for anyone who would like greater awareness and choice in their life.

Please bring your journals (or paper) and pencils!

About the facilitator: Joseph is an enlightenment consultant and psychic life coach who combines his marketing and entrepreneurial background with his natural calling and life experience to help enlighten people to their true self. He has been profiled in many newspapers and on radio and television programs throughout the nation.

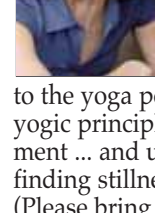
Beginning/Intermediate Yoga

Ongoing Class

Saturdays, 9:30 to 11 a.m.

Facilitator: Sally Jo Bannow

Minimum suggested love offering: \$10-\$20 per session



Each class begins with a teaching to illustrate a different yogic principle, which is then applied to the yoga postures for the day. We will practice yogic principles to find greater stillness and contentment ... and use our postures as a metaphor for finding stillness in all of life's day-to-day situations. (Please bring your own mat.)

About the facilitator: Sally Jo is a certified Yoga Instructor and well-known congregant and musical guest artist at Unity of Phoenix.

Prayer Basics *

Saturday, February 26 • 9 a.m. to 1 p.m.

Facilitator: Unity Ministerial Team

Minimum suggested love offering: \$20-\$40

Prayer is a foundational practice that cultivates our relationship with God. Consistency in our prayer life is the pathway to deepening our awareness of our Oneness with God.

*The completion of our "Unity Basics" and "Prayer Basics" courses is a requirement for membership. Please refer to Page 16 for more details.

Healing Grief Workshop:

The Journey of Grief-The Path of Healing

7-Week Series

Saturdays, January 8-February 19 • 1 to 3 p.m.

Follow Up Sessions: March 19 and April 23

Facilitator: Joan Bacchus, RN, LUT and Bereavement Specialist



This workshop combines bereavement education and spiritual support for people experiencing grief from a personal loss. If you are experiencing unresolved grief, this is one way to help resolve it. It is important to have a desire for a greater understanding of your grief and a willingness to personally work and move through the grief process towards peace and healing.

Together we will create a sacred space for healing, while honoring confidentiality, in order to provide a safe environment for the sharing of personal feelings and concerns. There will also be time for questions, and guidance toward answers.

This seven-week workshop is for 12 participants, requiring a commitment to attend all seven sessions. The class closes after the first class. Pre-registration is required; please contact Rev. Jimmie Scott in the Pastoral Care Department at jscott@unityphx.org or 602.978.3200, Ext. 234

What Is a Love Offering?

A love offering is a voluntary gift that reflects the perceived value you have received from something or someone.

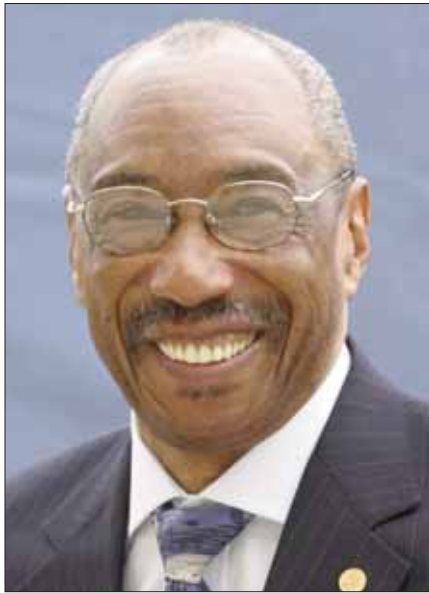
Most of our classes and workshops are provided on a "love offering" basis. Usually the church and the teacher split the love offering. In short, our teachers only receive for their services and talents a portion of what is provided through love offerings.

This is critical to understand, because it's important that our teachers be rewarded with an amount reflective of their substantial contributions.

Thank you for taking this into consideration when you attend your next class!

Pastoral Care

All of Life is Extraordinary



By Rev. Jimmie Scott
Pastoral Care Minister

When I ponder the concepts of “ordinary” and “extraordinary,” I struggle with determining where one ends and the other begins. I believe *all* life is extraordinary! Having stated that, I also know how easy it is to fall into the commonplace ... and commonplace is the one thing with which I *never* want to be too closely associated.

Moving from the ordinary to the extraordinary for me is about moving *beyond* the common — *beyond* the usual order of things — and attempting to understand the rarity of each moment, each circumstance and each condition. In the usual order of daily living, there

is a tendency on the part of humanity to want to live at a high level of intensity. We think every effort should be an earth-shattering experience. We think there should be no sadness, no moments of doubt or frustration, no inactivity and no silence. But wholeness is the result of living a balanced life. Thus, *every* experience has to be judged on its own merit.

Every day I am learning that I don't have to master everything, understand everything, do everything, or even like everything in order to be fulfilled. I am fulfilled when I contemplate the majesty and mystery of the universe. I am successful when I listen to the opinions of others and refrain from offering my perception of a better

opinion just because I can or just because I have an opinion.

Every day I see evidence of how fragile life is, and how grand it is. Every day I see how ordinary life is and how *extraordinary* it is. The only thing that shifts for me on any given day is my perspective. Today it is extraordinary! Tomorrow? I'll figure that out when it gets here.

“Every man (person) has a vocation to be someone: But he must understand clearly that in order to fulfill this vocation he can only be one person: Himself.”

~Thomas Merton

Prayer: Turning the Ordinary into the Extraordinary



By Frank Tedescom, Prayer Chaplain

Here we are, on this planet, in this life, living our existence. But what is it all really? At Unity and other New Thought churches, we are taught to always go back to our Truth. Let's take a moment to do so. Here is our Truth:

God is always and everywhere, in all things and all actions, for all time and in all matter. God creates His Creation in His Image: there is God. We gaze at the Heavens: He is there. Look out at the mountains: He is

there. The animals: He is there. The landscape: He is there. In the hymn, we sing: Yahweh, I know You are near ...

What wonders to perceive! What vastness, this Creation! All the living things; all the objects; all the actions; all ... all ... all. How extraordinary!

A new baby ... how extraordinary! Love and your beloved ... how extraordinary! The healing of our bodies and even the transition of friends and family ... how extraordinary! All of it ... extraordinary! Yet here we are, living our ordinary lives, in an ordinary place, driving an ordinary car ... and so on. But is our life so ordinary? Are we not a part of this vast extraordinary Creation? Of course we are.

God created us to partake in this extraordinary Creation. So, we are really quite extraordinary after all. Carl Sagan said we are starstuff, for all of the chemicals we are made of originated in the stars. In the emblematic song, *Woodstock*, Joanie Mitchell wrote, “We are stardust, we are golden, we are billion year old carbon ... and we've got to get ourselves back to the garden.” How extraordinary we are!

We go into prayer and meditation:

Loving God, You created all that is. You are all there is. We are a part of Your creation. We behold Your wonders, and we ourselves are wondrous. We are part of Your extraordinary existence. At once and for all time; we exist because we are You. At once and for all time; we love because we are You. At once and for all time; we are the manifestation of You. How extraordinary.

And so it is.

Our Prayer Chaplains Answer the Question ... What Helps You to Meditate Successfully?

“ I need to quiet my mind. I put on some soothing instrumental music, and then focus and repeat a specific affirmation, such as, “It is the Father's good pleasure to give me the Kingdom” or “The father and I are one!” God then does the rest!

~Chaz Scarbrough

“ I've been doing a meditation called the Ishaya Ascension for about seven years. It's basically mantra-based. It takes me about 90 minutes to do it fully. To do it “successfully,” I just have to keep remembering to breathe and to come back to the mantra.

~Christy Brogan

“ I need a quiet place without distractions. I enjoy reading a spiritual message prior to closing my eyes. I light an aromatic vanilla coconut candle and breathe deeply.

~Janey Dawes

“ I have a quiet place where I won't be interrupted. I breathe consciously through my nose (or my mouth if I can't breathe through my nose), but not both. I breathe evenly and without any pauses or breaks. I sit in a chair or cross-legged on a cushion in an alert straight back position for a minimum of 15 minutes in the a.m. and p.m. I relax my body and am careful not to move any part of my body except for what it takes for in and out breathing. I regard any distractions like itching, changing positions, uncomfortable mental, physical or emotional feelings to be the gyrations of the ego, which can't stand stillness, or emotional feelings that need to be allowed to integrate. This is what now works for me, but I have dozens of tapes, CDs and a few books about and with various meditations and ways to meditate.

~Larry Derkson

“ I believe that the real secret in my meditation is that I consider this time as a personal conversation with God – like a good friend. I begin with *The Daily Word*. I have a three-ring binder I call my Meditation Book that I started with notes from Richard's Meditation and Spiritual Practices classes I took three years ago. I start with the “Letting Go, Letting God” exercise, then take the next few moments to thank God for all my blessings and visualize those blessings as I make the list that keeps growing and growing. The more I am grateful, the more I am blessed. To my book I have added (Goals and Affirmations) and some of my favorite prayers and passages. I personalize each to fit me. As I recite them, I vision each sentence and transform the words into pictures in my mind ... The most magnificent thing about my meditation is that I feel God is in the room with me. In my pauses, He talks to me.

~Breigh Hartenfeld

“ A successful meditation for me is sensing, listening and enjoying the presence of the Divine. Allowing time each and every day for God enhances the quality of my life and my day ... and being grateful for things as mundane as the traffic lights tending to be “green”!! Most of all a successful meditation allows me to be more present, accepting and loving toward myself, my family and my fellow man.

~Kay Hoke

“ Whenever or wherever I can if I focus, acknowledge God, breathe, and open myself to the true Indwelling Presence. No special formula, words, place etc. is required. I find that is the true beauty and power of this practice.

~Barb Leard

“ I practice meditation on a daily basis; I pray and meditate throughout my day (some days more than others, depending on what's happening on that particular day). For me personally to meditate successfully, I need to be quiet and still ... I do find that the peace of no noise and sitting in my favorite chair takes me to a place of stillness and listening. Before I am ready to call it a night, laying in my bed praying and then going into meditation is also a wonderful time for me.

~Cindy Hedge

Need Prayer?

Our Pastoral Care Department is Available to Serve You!

Prayer Boxes—Place your written prayer request into our Prayer Boxes, located in the Sanctuary and the Administration Building. Prayer requests are put on a weekly Prayer List, which is then distributed to the members of our Prayer Team, who will hold your request in prayer for 30 days. Your request is then sent on to Silent Unity, which holds it in prayer for another 30 days.

Prayer Chaplains—These loving individuals are available after every worship service to pray with you. Prayer Chaplains also make “wellness calls” every other month to congregants who are members of Unity of Phoenix.

Chaplain Line—Call 602.978.3200, Ext. 256, to leave a request to have a Prayer Chaplain call you back and pray with you. Members can specifically request that their Chaplain call them back if they choose.

Dial-a-Prayer—Call 602.978.3200, Ext. 260, for an uplifting recorded prayer message, which is changed daily.

Silent Unity—Unity's 24-hour live prayer line accepts prayer requests over the phone at 1.800.NOW.PRAY (669.7729) or online at unityonline.org. Phones at Silent Unity are answered 24 hours a day, seven days a week. All prayer requests are considered sacred and are held in the strictest confidentiality.

Youth & Family Ministry

A Heartfelt Goodbye



By Linda Depke
Youth Ministry Director

As this year comes to a close, so does my service to the youth of Unity in the position of Youth Ministry Director. I have decided to take a few months off, and then pursue a career in which I can work hands-on with children on a daily basis. I have sincerely loved my work here at Unity and will miss the incredible staff I have had the pleasure to work with.

Please hold in prayer with me the right and perfect leadership for the Youth and Family Ministry. We will be hearing updates as things progress. I am sure God has an amazing plan!

With great love and sincere respect to my families, children, and teens, THANK YOU!!!

CHILDREN'S Activities



Melanie Ramirez
Children's Ministry Coordinator

'What's UP' Wednesdays
Every Wednesday, 7 to 8:30 p.m.

During this regular Wednesday evening celebration, children gather together to participate in group-building, teamwork and leadership activities. They also receive an inspiring message centered on God, love and fellowship.

White Stone Service

Sunday, January 2 • Regular Children & Teen Classes
We will host a special White Stone ceremony for our children.

Mark Your Calendars!

Registration for our summer peace camp will begin on Sunday, March 6. The limited slots we have available for this popular summer camp are usually filled on the first day of registration, so be sure you're prepared to sign up early!

Serve as a Classroom Helper for Our Sunday School Classes!

You'll Never Have a Job with Better Benefits!

Help us create a loving spiritual community for our children by offering your talents, love and laughter in our classrooms. The time commitment is only two (one-hour) classes each month ... and the rewards you reap from the experience will far outweigh the time and effort you invest.

All classrooms have an experienced teacher, so our classroom helpers are well directed and supported. Since we want to maintain an adult to child ratio of 1 to 8, we would like a minimum of three adults for each classroom.

Sign up at the Volunteer Table or at the Youth & Family Ministry Office.



Unity Homeschooler's Support Group

1st and 3rd Tuesday of each month
2:30 to 4 p.m. • Room 1

This group serves as a support group for moms who are homeschooling their children, as well as a connection place for the kids. There is time for play, sharing, and a short, interactive lesson. For more information, pick up a flyer at the Youth & Family Ministry Table in the Courtyard on Sunday mornings.

Childcare for Meditation Service

Every Wednesday Evening • 6 to 6:45 p.m.
Childcare is provided during the Wednesday Evening Chapel Meditation to support parents who would like to attend.

TEEN Activities



Ken Akers
Teen Ministry Coordinator

Wednesday Night Youth Groups

Every Wednesday • 7 to 8:30 p.m.

Uniteens: Rooms 6&7 • YOU: Rooms 9&10

Teens engage in activities that draw forth and deepen their leadership qualities and team-building skills using themes and messages from the adult's Sunday morning worship services.

Sunday Teen Classes

Core Classes for Uniteen Jr. High School Program and

YOU High School Program

Every Sunday • 11:15 a.m. to 12:15 p.m.

Uniteens (Grades 6-8): Rooms 6&7

YOU (Grades 9-12): Rooms 9&10

Through these classes, we invite teens to explore what they believe and use this truth to create a personal relationship with God that brings purpose to their everyday life. Weekly ministry messages include interactive and relevant activities and discussions.

Uniteens (Grades 6-8)

New Year's Unitreat

Saturday and Sunday, January 8 and 9

Check in on Saturday and check out on Sunday at Unity of Phoenix. Teens are invited to attend Sunday morning class following the Unitreat.

Teen Mentor Nominations

Sunday, January 2 • During Teen Classes

Nominate teens for the Teen Mentor Program! Teens who participate receive training to be effective leaders and teachers for summer Peace Camp and children's classes. All nominations must be submitted by Sunday, January 23.

Rites of Passage Prayer Workshop

Saturday, January 22 • 9 a.m. to 3 p.m.

Open only to students currently enrolled in the Rites of Passage program.

Uniteen Super Bowl Bake Sale Prep

Saturday, February 5 • 6:30 to 8:30 p.m.

Help prepare for the upcoming Sunday Bake Sale.

Uniteen Super Bowl Bake Sale

Sunday, February 6 • 8 a.m. to 1 p.m. (Courtyard)

After each worship service, we will sell baked goods as a fundraiser for the Uniteens. We encourage all congregants to purchase our yummy treats to enjoy during the Super Bowl!

Winter Retreat

Saturday, February 19 through Monday, February 21

Uniteens from all over the Southwest Region will come together to share and connect at this Uniteen Camp held at Whispering Pines Camp in Prescott. This retreat provides a lot of learning, spiritual growth and fun!

Sunday Worship Collection

Sunday, February 27 • 9:30 and 11:15 a.m. Worship Services

The Uniteens will assist with collecting the offering.

Rites of Passage Meditation Workshop

Saturday, February 26 • 9 a.m. to 3:30 p.m.

This workshop will help teens to understand the types of meditation, and give time to practice each of them and connect to Spirit.

YOU - Youth Of Unity (Grades 9-12)

Teen Mentor Nominations

Sunday, January 2 • During Teen Classes

Nominate teens for the Teen Mentor Program! Teens who participate receive training to be effective leaders and teachers for summer Peace Camp and children's classes. All nominations must be submitted by Sunday, January 23.

Peer Ministry Retreat at Unity of Mesa

Saturday through Monday, January 15-17

Check in is on Saturday; the event ends on Monday. This leadership event is for those teens who exhibit leadership qualities.

YOU BBQ and Movie with Mesa

Sunday, January 23 • 12:30 to 2:30 p.m.

The YOU teens have invited their peers from Unity of Mesa to Unity of Phoenix for an afternoon of fun and time for bonding.

Super Bowl Party

Sunday, February 6 • Following 11:15 a.m. Class • Offsite

Join other YOUers to watch the big game, share snacks and connect with one another.

Sunday Hospitality

Sunday, February 27 • Hospitality Tent

Our YOUers will serve refreshments at the Hospitality Table in the Courtyard.

For details on any of these activities, please pick up a flyer in the Teen classrooms.

February 2011

SUN	MON	TUES	WED	THUR	FRI	SAT
		1 2:30 PM - Unity Home School Support Group 6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - 'Lessons in Truth' Class 'Integrating Transformative Shifts' Class 'Make 2011 Your New Lease on Life' Class Eckhart Tolle's <i>New Earth</i> Discussion Group Adult Choir Rehearsal	2 <i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> 6 PM - Young Adults of Unity (YAU) Small Group 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Unityen Fun Night YOU Wednesday Night Class	3 10 AM - Service Angels Volunteers 6 PM - Toastmasters 6:30 PM - 'Gay--Straight Alliance' Small Group 7 PM - 'The Quest' Class 'Creating Radiant Health' Small Group	Church Offices Closed No Classes or Activities	5 9 AM - Unity Basics 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Authentically Expressing through Acting' Class 1 PM - 'Healing Grief' Workshop (Closed) 1:30 PM - AA Meeting 4 PM - Unityen Bake Sale Prep
6 <i>Nonnetag/Friendship Sunday!</i> <i>In the Courtyard:</i> Unityen Super Bowl Bake Sale - 9 AM to 1 PM <i>Purchase Cards for Feb. 25 Bingo Night</i> 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) 11:15 AM - YOU and Unityen Classes 12:45 PM - Communion YOU Super Bowl Party	7 PM - Chaplain Meeting	8 6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - 'Lessons in Truth' Class 'Radical Forgiveness' Class 'Natural Weight Loss Strategies and Weight Loss Boosters' Class The Prosperity Group Adult Choir Rehearsal	9 <i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Unityen Leadership and Service Class YOU Fun Night 'Rites of Passage' Class (Closed) 'Law of Attraction' Small Group	10 10 AM - Service Angels Volunteers 6 PM - Toastmasters 7 PM - 'The Quest' Class 'Creating Radiant Health' Small Group	Church Offices Closed No Classes or Activities	12 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Spiritual Empowerment through Self-Acceptance' Class 'Authentically Expressing through Acting' Class 1 PM - 'Healing Grief' Workshop (Closed) 1:30 PM - AA Meeting
13 <i>In the Courtyard:</i> <i>Purchase Cards for Feb. 25 Bingo Night</i> 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (PreK-5th Grade) 11:15 AM - YOU and Unityen Classes 12:30 PM - YOU Business Meeting	HAPPY VALENTINE'S DAY! No Classes or Activities	15 2:30 PM - Unity Home School Support Group 6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - 'Prayer Basics' Class 'God Has a Plan' Class Eckhart Tolle's <i>New Earth</i> Discussion Group Adult Choir Rehearsal	16 <i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> Noon - VIP Luncheon 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Unityen Wednesday Night Class YOU Wednesday Night Class	17 10 AM - Service Angels Volunteers 6 PM - Toastmasters 6:30 PM - 'Gay--Straight Alliance' Small Group 7 PM - 'The Quest' Class 'Creating Radiant Health' Small Group	Church Offices Closed 6:30 PM - Unity Hiking Group's 'Moonlight Hike'	19 <i>Unityen Winter Retreat</i> 7 AM - Unity Hiking Group's 'Fitness 4 Fun' Hike 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Authentically Expressing through Acting' Class 1 PM - 'Healing Grief' Workshop (Closed) 1:30 PM - AA Meeting
20 <i>In the Courtyard:</i> <i>Purchase Cards for Our Feb. 25 Bingo</i> Unityen Winter Retreat 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (PreK-5th Grade) 11:15 AM - YOU and Unityen Classes 2 PM - Unityen Movie Day	HAPPY PRESIDENT'S DAY! Unityen Winter Retreat	22 6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - 'Prayer Basics' Class 'Metaphysics 1, Part 1' Class 'God Has a Plan' Class Adult Choir Rehearsal	23 <i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Unityen Wednesday Night Class YOU Wednesday Night Class 'Law of Attraction' Small Group	24 10 AM - Service Angels Volunteers 6 PM - Toastmasters 7 PM - 'The Quest' Class 'Divine Revelation Meditation' Small Group 'Creating Radiant Health' Small Group Sisterhood of the Hat' Small Group	Church Offices Closed 6:30 PM - Family Bingo Night	26 9 AM - 'Prayer Basics' Class 9:30 AM - 'Rites of Passage Meditation Workshop' 1:30 PM - 'Beginning/Intermediate Yoga' Class AA Meeting
27 <i>In the Courtyard:</i> <i>Sign Up for Our March 13 Blood Drive</i> <i>Register to be an Organ Donor</i> 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (PreK-5th Grade) 11:15 AM - YOU and Unityen Classes 'Young Adults of Unity' (YAU) Small Group	No Classes or Activities	28				

UNITY FAMILY BINGO NIGHT
Friday, February 25 • 6:30 p.m. • Sanctuary
Great Family Fun!!!

WORSHIP SERVICES Every Sunday, 8 AM, 9:30 AM, 11:15 AM
Every Wednesday, 7 PM

CHILDREN'S MINISTRY/NURSERY Sunday, 9:30 AM, 11:15 AM
TEEN MINISTRY All Sundays Uniteens (6th-8th) 11:15 AM; Y.O. U. (9th-12th) 11:15 AM

CHAPEL MEDITATION Every Wednesday, 6:15 PM
COMMUNION 1st Sunday of the Month, 12:45 PM

January 2011

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>2</p> <p><i>Nonnetag/Friendship Sunday!</i> <i>In the Courtyard:</i> <i>Purchase Tickets to Dr. John DeMartini!</i></p> <p>8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (Pre-K - 5th Grade) 11:15 AM - YOU and Uniteen Classes 12:45 PM - Communion</p>	<p>3</p> <p>7 PM - Chaplain Meeting</p>	<p>4</p> <p>2:30 PM - Unity Home School Support Group 6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - Risk Share Visualizing and Visioning Class 'Integrating Transformative Shifts' Class Eckhart Tolle's <i>New Earth</i> Discussion Group</p>	<p>5</p> <p><i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> 6 PM - Annual Meeting Young Adults of Unity (YAU) Small Group 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Uniteen Fun Night 7:15 PM - YOU Wednesday Night Class Wednesday Evening Service-White Stone Ceremony</p>	<p>6</p> <p>10 AM - Service Angels Volunteers 6 PM - Toastmasters 6:30 PM - 'Gay-Straight Alliance' Small Group</p>	<p>Church Offices Closed No Classes or Activities</p>	<p>HAPPY NEW YEAR!!!! Church Offices Closed No Classes or Activities</p> <p>9:30 AM - 'Beginning/Int. Yoga' Class 1 PM - 'Create Your Best Year Yet!' Class 1:30 PM - 'Healing Crier' Workshop 2:30 PM - AA Meeting Uniteen New Year's Uritreat Begins</p>
<p>9</p> <p><i>In the Courtyard:</i> <i>Purchase Tickets to Dr. John DeMartini!</i></p> <p>8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (PreK-5th Grade) 11 AM - Uniteen New Year's Uritreat Ends 11:15 AM - YOU and Uniteen Classes 'Young Adults of Unity' (YAU) Small Group 12:30 PM - YOU Business Meeting</p>	<p>No Classes or Activities</p>	<p>6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - 'Purpose: Life's Driving Force': Dr. John Demartini! 'Lessons in Truth' Class The Prosperity Group</p>	<p>12</p> <p><i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Uniteen Leadership and Service Class YOU Fun Night 'Rites of Passage' Class (Closed) 'Law of Attraction' Small Group</p>	<p>10 AM - Service Angels Volunteers 6 PM - Toastmasters 7 PM - 'The Quest' Class 'Creating Radiant Health' Small Group</p>	<p>Church Offices Closed 6:30 PM - Unity Hiking Group's 'Moonlight Hike'</p>	<p>7 AM - YOU Peer Ministry Retreat 8 AM - Unity Hiking Group's 'Fitness 4 Fun' Hike 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - Lessons from a Kabbalist's 'Tale' Class 1 PM - 'Healing Crier' Workshop (Closed) 1:30 PM - AA Meeting</p>
<p>16</p> <p>7 AM - YOU Peer Ministry (Offsite) 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (PreK-5th Grade) 11:15 AM - YOU and Uniteen Classes</p>	<p>HAPPY MARTIN LUTHER KING/ CIVIL RIGHTS DAY! Church Offices Closed 7 AM - YOU Peer Ministry (Offsite)</p>	<p>2:30 PM - Unity Home School Support Group 6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - 'Gay-Straight Alliance' Small Group 'Integrating Transformative Shifts' Class 'Lessons in Truth' Class Unity Basics' Class Eckhart Tolle's <i>New Earth</i> Discussion Group Adult Choir Rehearsal (Session Begins)</p>	<p>19</p> <p><i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> Noon - VIP Luncheon 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Uniteen Wednesday Night Class YOU Wednesday Night Class</p>	<p>10 AM - Service Angels Volunteers 6 PM - Toastmasters 6:30 PM - 'Gay-Straight Alliance' Small Group 7 PM - 'The Quest' Class 'Creating Radiant Health' Small Group</p>	<p>Church Offices Closed No Classes or Activities</p>	<p>8 AM - SW Unity Youth Directory Conference 9 AM - Rites of Passage Prayer Workshop 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Authentically Expressing through Acting' Class 1 PM - 'Healing Crier' Workshop (Closed) 1:30 PM - AA Meeting</p>
<p>23</p> <p><i>In the Courtyard:</i> <i>Purchase Cards for Bingo Night!</i></p> <p>8 AM - SW Unity Youth Director Conference 8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (PreK-5th Grade) 11:15 AM - YOU and Uniteen Classes Young Adults of Unity' (YAU) Small Group 1 PM - YOU BBQ and Movie with Mesa</p>	<p>No Classes or Activities</p>	<p>6:30 PM - <i>A Course in Miracles</i> Discussion Group 7 PM - 'Lessons in Truth' Class Unity Basics' Class Adult Choir Rehearsal</p>	<p>26</p> <p><i>Activities are available between 6 and 8:30 p.m. for children whose parents are attending Wednesday evening activities.</i> 6:15 PM - Wednesday Evening Chapel Meditation 7 PM - Uniteen Wednesday Night Class YOU Wednesday Night Class 'Law of Attraction' Small Group</p>	<p>10 AM - Service Angels Volunteers 6 PM - Toastmasters 7 PM - 'The Quest' Class 'Divine Revelation Meditation' Small Group 'Sisterhood of the Hair' Small Group 'Creating Radiant Health' Small Group</p>	<p>Church Offices Closed No Classes or Activities</p>	<p>9 AM - Strategic Planning Volunteer Leaders Orientation 9:30 AM - 'Beginning/Intermediate Yoga' Class 10 AM - 'Authentically Expressing through Acting' Class 1 PM - 'Healing Crier' Workshop (Closed) 1:30 PM - AA Meeting</p>
<p>30</p> <p><i>In the Courtyard:</i> <i>'Countdown to Super Bowl'</i> <i>Cook Out - 12:30 to 2 PM</i> <i>Purchase Cards for Our Feb. 25 Bingo Night!</i></p> <p>8, 9:30 & 11:15 AM - Sunday Worship Services 9:30 & 11:15 AM - Nursery for Children (0-3 Years) Classes for Children (PreK-5th Grade) 11:15 AM - YOU and Uniteen Classes 'Young Adults of Unity' (YAU) Small Group 1 PM - Uniteen Sponsor Meeting</p>	<p>6 PM - YOU Sponsor Meeting</p>					
<p>31</p>						

DR. JOHN DEMARTINI
"Purpose: Life's Driving Force"
Tuesday, January 11 • 7 p.m. • Sanctuary
Start your New Year right with the published author and recognized authority on maximizing awareness and human potential!

WORSHIP SERVICES Every Sunday, 8 AM, 9:30 AM, 11:15 AM
 Every Wednesday, 7 PM

CHILDREN'S MINISTRY/NURSERY Sunday, 9:30 AM, 11:15 AM
TEEN MINISTRY All Sundays Uniteens (6th-8th) 11:15 AM; Y.O.U. (9th-12th) 11:15 AM

CHAPEL MEDITATION Every Wednesday, 6:15 PM
COMMUNION 1st Sunday of the Month, 12:45 PM

Volunteer/Outreach Ministry

A Heartfelt Thanks to Our Truly Extraordinary Volunteers!



By Chris Kennedy
Ministerial Associate

Not a day goes by in which volunteers aren't serving at Unity of Phoenix. Without our volunteers we would have no bookstore, no Sunday classes for children and teens, no one to hand

you a bulletin and greet you each Sunday, no Prayer Chaplains to pray with you, no Halloween Carnival for our children and families, and no Trolley Rides at Christmas ... not to mention no cookies and coffee on Sunday mornings!!!

The love, compassion, support, work, energy and enthusiasm that each volunteer shares with us is what helps make this community the amazing place that it is. Our volunteers turn the ordinary into the extraordinary every day.

Did you know that, each and every week, our Seat Angels bless the seats you sit on each Sunday as they stuff the pockets on each chair? That our clerical volunteers do everything from answering phones to shredding papers and data entry? That our Board Members dedicate anywhere between 10 and 60 hours each month to serving this community?

Were you aware that our Outreach volunteers feed the hungry, build

We extend a heartfelt thank you to each and every one of our amazing volunteers.

homes for the homeless, provide love and nurturance to infants in the Crisis Nursery, and donate gallons of much needed blood through our blood drives? Did you know that our volunteers provide encouragement to women and children in Domestic Violence Shelters as they create safer and more fulfilling lives for themselves? And support our neighboring Palomino and Echo Mountain school communities during the holidays with presents and much needed food certificates for their families?

Did you know that our Youth and Family Ministry sparkles each week because a volunteer helps scrub and clean it seven hours every week? And that we create community in amazing ways through the efforts of volunteers on our Social, Marketing, Outreach, Endowment, Courtyard and New Ideas Committees?

We extend a heartfelt thank you to each and every one of our amazing volunteers.

If you're not currently part of our amazing volunteer corps, I invite you to begin the new year by turning the ordinary into the extraordinary by discovering the joy of serving yourself. Many folks have told me that volunteering is the most "selfish" thing they do because they get so much out of it!!!

Take a look at the myriad opportunities we have to serve our spiritual and larger community, and find something that matches your interests, skills and schedule. You can visit our Volunteer Table in the Courtyard on Sunday mornings, check out our website at www.unityphx.org, or call me at 602978.3200, Ext. 299. I would love to help you find the right and perfect opportunity to serve using your unique gifts and talents. Much love and gratitude to you!

Match Your Unique Spiritual Gifts to Volunteer Opportunities

Following are just some of the many volunteer positions available!

Worship

Greeters. Hand out bulletins and create a loving and sacred space for everyone who comes to worship at Unity of Phoenix. *(Two services a month.)*

Ushers. Assist folks in finding seats, pass out welcome brochures, collect offerings. *(Two Sunday and/or Wednesday services a month.)*

Special Services. Serve in a wide variety of ways during our special services. *(As needed.)*

Membership Team. Plan and coordinate our New Member Orientation luncheons and recognition. *(Two times a year.)*

Seat Angels. Replenish prayer slips and other information in the seat backs. *(Weekly.)*

Sunday Courtyard

Welcome Team. Greet, welcome and answer questions at the Welcome Tent for newcomers to Sunday morning worship services. *(Two services a month.)*

Hospitality Team. Serve smiles along with goodies and beverages after Sunday worship services.

Name Badge Team. Greet visitors and provide everyone who doesn't have one with a name badge. *(1st Sunday of the month.)*

Volunteer Recruitment Team. Greet, welcome and answer questions at the Volunteer Table in the Courtyard on Sunday mornings. *(Two services a month.)*

Pastoral Care Prayer Team. Modeled after Silent Unity, this anonymous group prays for our congregation and ministry daily as part of their personal prayer practice. *(One-year commitment of daily prayer.)*

Prayer Chaplain. Pray with others after our worship services. Listen with love, pray from your heart and hold in confidence what is shared. *(Four times a month for one year; training and church membership is required.)*

Medical Response Team. Medical professionals volunteer to be on campus and respond to first aid/medical needs that arise on campus during Sunday morning services. *(Two worship services a month.)*

Spiritual Education

Spiritual Education Table. Promote our classes by staffing the Spiritual Education Information Table in the Courtyard between Sunday morning worship services. *(One Sunday a month.)*

Room Angel. Support a class facilitator by organizing the room beforehand, performing sign ins and sales, taking the offering and cleaning up afterward. *(The duration of one class.)*

Youth & Family Ministry

Storyteller. Lead our classroom "circle time" in a joyous, creative way. You will be provided with a complete lesson plan, training and plenty of support. *(One class per week.)*

Classroom Helpers. Create a loving spiritual community for our children by offering your gifts and talents. *(Two classes a month.)*

Teen Sponsor. Create a safe environment for our teens to explore their spiritual selves. *(Two classes a month.)*

Front Desk Greeter. Smile, greet new families, and enter attendance for Sunday School classes. *(Two classes a month.)*

Beautification. Clean and tidy the children's classrooms. *(Two hours a week.)*

Administrative

Receptionist Support. Answer phones, greet visitors and answer general questions received at the reception desk. *(One Saturday a month or occasional weekdays.)*

Divine Idea Bookstore. Assist customers and ring up sales. Volunteer for one of the available weekday or weekend shifts! *(Four hours a week; week day and weekend shifts available; six-month commitment required.)*

Grounds and Facility Support. If you're handy with a hammer, or a paintbrush, have special skills as a plumber or electrician, or enjoy landscaping, be part of our campus beautification and maintenance team! *(As needed.)*

Phone Call Team. Assist with reminder calls regarding outreach programs, classes and special events and/or assist with calls to those who wish to explore volunteering or receive additional information about our ministry. *(One hour a month.)*

Service Angels. Assist with a variety of tasks from folding bulletins to preparing church mailings. *(Thursday mornings.)*

Office Support. Assist in keeping all of our records up to date. *(Two hours a week.)*

Money Counters. Assist as we count our blessings and Sunday contributions. *(Once a month.)*

Professional Photographers. Photograph events, staff, volunteers, and congregants for the *Upward Venture* and other church publications. *(As needed.)*

Strategic Planning

Strategic Planning Committees. Serve on one of our Strategic Planning Committees, which plan and implement key programs and activities. *(Hours vary depending on the nature and volume of projects.)*

Current committees include Courtyard; Endowment; Marketing; New Ideas and Research; Outreach; and Social.

2011 Outreach Programs

Join us throughout the year as we participate in a variety of outreach events to bring light to the world by spiritually and physically supporting and empowering those in need.

Habitat for Humanity

January 15 and 29

Help us build homes for qualifying families. There are volunteer opportunities for everyone ... no experience is required!

Blood Drives & Organ Donor Registration

Four Sundays:

March 13, May 15, September 18 and December 11

Give the gift of life! Our goal is to supply 50 pints of blood each quarter. While you're at it, register to be an organ donor.

Feed the Multitudes

Dates to be Announced

Help us prepare serve a meal to 1,000 homeless individuals and, more importantly, feed their souls!

Interfaith Cooperative Ministries

Collection Date to be Announced

Our drives provide everything from clothing and household items to tuna, peanut butter, diapers and baby formula to those in need.

Palomino/Echo Mountain Christmas Project

November/December

Purchase gifts and food certificates to ensure Palomino and Echo Mountain school students and their families enjoy a happy holiday and meals during the winter break.

Saturday Outreach Projects

Kitchen On the Street (January 22). Distribute food to families in the Palomino community.

Spa Day at Palomino (March 13). Provide a day of much needed pampering to moms of the Palomino community during the Women's Expo Day.

Spa Day at the Ozanam Manor (May 7). Provide spa services and recreational activities for residents of this transitional housing complex for homeless men and women age 50 and above.

St. Vincent de Paul (May 1). Serve lunch to approximately 800 homeless people.

Sort and Organize Donations from the ICM Drive (the week following the drive).

Special Olympics (October). Provide event support for Special Olympics, such as registration, score-keeping, timing, staging of the athletes and award presentation.

HomeBase Youth Services (December). Make a positive difference in the lives of at-risk and homeless youth.

News from the Board



By Katie Williams
President, Board of Trustees

We've Accomplished a Great Deal Over the Past Two Years

As I write my last article and think back over my last two years as President of the Board of Trustees, I am overwhelmed by all that has been accomplished. We paid down \$1.6 million of debt with the capital campaign, and created and implemented a strategic plan. We brought in many new members, warmly welcoming them into our Unity family. We have watched our Sunday morning and Wednesday Evening services grow, and our Youth and Family Ministry is bulging at the seams. We've also seen huge increases in the numbers of people who have stepped up to volunteer in all areas of this ministry. In addition, we created a 10-year plan in Vision 2020 that is bringing a great deal of excitement to our campus.

With the tough economic times came some staff reductions and, as always, the employees stepped up to continue providing the great service with which they have blessed us throughout the years. I cannot thank them enough for all that they do. They are truly **WONDERFUL** and we are blessed to have them.

I would like to take this time to thank **EACH** and **EVERY** volunteer, staff member and board member for the gift of their time and talent. It is because of **YOU** that Unity of Phoenix is the outstanding place that it is!

For those of you who have supported us with your money, **THANK YOU, THANK YOU, THANK YOU.** Your generosity makes possible the work of this ministry.

And, finally, I want to take this opportunity to thank our outgoing board members — Hugh Hansen and Robert Vest — for everything they have given to this ministry. Both of them served on the Executive Committee this year, and their dedication and unwavering support is appreciated by everyone. Thank you both for all you have done to bless our spiritual community.

Our annual meeting will take place on Wednesday, January 5, at 6 p.m. (just prior to the White Stone Ceremony). Please plan to attend! We will be electing three new trustees to the board and presenting our annual report to the congregation. I encourage each of you to come and hear our new goals for this ministry over the next two years.

Unity of Phoenix Statement of Activities Through November 30, 2010

[The Last Fiscal Year for Unity of Phoenix Started October 1, 2010 and Ended September 30, 2011]

	Actual for Nov.	Budget for Nov.	Variance for Nov.	Actual Year-to-Date	Budget YTD	Variance Actual to YTD Budget
INCOME						
Worship/Love Offering Receipts	\$117,557	\$107,990	\$9,567	\$235,609	\$236,310	-\$701
All Other Receipts	\$21,146	\$21,720	-\$574	\$34,558	\$33,859	\$699
Total Operating Income	\$138,703	\$129,710	\$8,993	\$270,167	\$270,169	-\$2
EXPENSES						
Total Operating Expenses	\$118,424	\$122,071	-\$3,647	\$236,758	\$245,689	-\$8,931
Net Operating Income Over/Under Exps	\$20,278	\$7,639	\$12,639	\$33,409	\$24,480	\$8,929

Average Per Person Giving

October 2010	\$16.92 per week
October 2009	\$18.77 per week
November 2010	\$18.53 per week
November 2009	\$18.36 per week

Average Weekly Attendance

October 2010	1,063
October 2009	1,090
November 2010	1,069
November 2009	1,135

If we continue our average weekly attendance of 1,100 people, we will meet our Worship Services budget goals for the current fiscal year if our per person giving averages \$18.25 per week. If the "per person giving" were to rise to \$20 per week, we would meet our budget goals for 2011 and make up the deficit we incurred for 2010. (Per person giving this year is averaging just under \$18 per week.)

Church Cash Reserves

Board policy requires that we maintain cash reserves equivalent to three months of church expenses, which currently stands at \$390,000. To be in compliance with this fiscally sound policy, we must increase our present reserves by \$64,000. Thank you for your support!

We are committed to keeping congregants informed about the church's financial status and other key issues. What additional information would you like to see included on this page? Let us know! Contact Sue Thompson at sthompson@unityphx.org or 602.978.3200, Ext. 230. Thank you!

As a tithing ministry, Unity of Phoenix gives one-tenth of all we receive back to where this spiritual community is, itself, spiritually fed. Fifty percent of our regular monthly tithe supports the greater Unity movement.

The other half of our monthly tithe is dedicated to community and global outreach. These tithes change each month based on where the ministry has been spiritually fed, as shown below:

September 2010 Tithe

Greater Unity Movement
(50% of Tithe) \$ 5,393

Discretionary Tithe (50% of Tithe)
• Palomino/Echo Mtn.
Christmas Angels \$ 3,693
• Feed the Multitudes \$ 1,700
Total September Tithes \$ 10,786

October 2010 Tithe

Greater Unity Movement
(50% of Tithe) \$ 6,573

Discretionary Tithe (50% of Tithe)
• DUET: Partners in Health and Aging \$3,287
• American Foundation for Suicide Prevention \$3,287
Total October Tithes \$ 13,147

Nominees for the Board of Trustees

In January, Unity of Phoenix members will vote on whom they wish to fill three open seats on the Board of Trustees. This can be done by returning an absentee ballot or voting at our January 5 Annual Meeting, which will be held at 6 p.m. in Rooms 6&7. Following are the candidates running for open spots on the Board of Trustees. Each spot is for a three-year term.



Larry Derksen

Unity of Phoenix has been my spiritual home now for about three years. I was raised in a Catholic household and went to Catholic schools through college. The dogma did not match up with life as I knew it, nor did any other churches or faiths that I attended until I found Unity. I became a Prayer Chaplain in 2009 and continue serving in that way. I attend the *A Course in Miracles* study group on Tuesdays and many of the other classes and lectures offered by Unity. Revs. Richard, Jimmie and Chris have been an inspiration to me. I graduated from the University of Arizona in 1969 with a bachelor's degree in Science, and have been a Realtor for over 25 years. I served on the Phoenix Association of Board of Directors for 20+ years and served as President of that Board in 2007. The Phoenix Association of Realtors at that time was the 5th largest association in the country. I retired from the Board on November 1 and would love to serve on the Board of Trustees for Unity of Phoenix. Thank you!



Dr. Joyce Flowers

I have been a member of Unity of Phoenix for over four years, and have attended since moving here from Overland Park, Kansas eight years ago. I am an Elementary School Principal in central Phoenix, have consulted nationally for an educational testing service, and have worked as a Professional Development Director for a university. I received a Doctor of Education degree from the University of Kansas. I have led strategic planning efforts for not-for-profit agencies and public school districts. I have managed a budget for a public school as well as acting as administrator for grant dollars in several settings. I am a runner, a mother, and an avid reader, and have provided over 1,500 hours of volunteer experience working with people suffering from addiction.



Gerry Johnson

From shortly after my graduation from the ASU College of Business in 1970 until early 2009, I owned and operated several companies. While rewarding, it consumed almost all of my time. When I finally slowed down, I felt compelled to "give something back," and I asked for God's guidance to show me where I could use my business abilities to make a substantive contribution. When approached to run for a Board of Trustees position for Unity of Phoenix, it felt like the right thing to do. I have always tried to be pragmatic and use common sense, humor, compromise and empathy in my business dealings. This is the approach I will use here!



In August 2009, Wes Christie was appointed to the Unity of Phoenix Board of Trustees, filling the position left open by Kim Weller's departure. Under Unity of Phoenix's bylaws, the appointment must be ratified by the active membership at the January 5 Annual Meeting.

Divine Idea Bookstore



John Demartini Will Provide 'Aha' Moments

By Julia Kellogg
Divine Idea Bookstore Manager

The last time Dr. John Demartini spoke in our Sanctuary, we were almost at standing room only. April of 2007, he spoke on relationships. This time, January 11, he is speaking on tapping the infinite power you have within and living your life on purpose.

Seems to me, that if you get that infinite power rockin' and rollin' within, your whole life gets better, including relationships! What a fabulous message to begin the New

Year and to support a new you!!!

Dr. Demartini's talk will be based on his latest book, *Inspired Destiny: Living a Fulfilling and Purposeful Life*. I've been browsing through this book, and have decided that I need to purchase it as I've had about three "aha" moments just skimming! Included in the book are thought-provoking (also know as "aha!") exercises, action steps and powerful affirmations.

Tickets for Dr. Demartini's speaking engagement are \$25 and, if you purchase your ticket by January 10, you will receive a coupon for \$5 off the

cover price of this book, soon to be in my personal library!!! I hope you take advantage of this great opportunity ... I mean, really, \$25 to get motivated and inspired and "aha'd" seems like a good deal, especially considering I'd put the same amount of money into a pedicure chased by something Starbucks-y!!!

Have an amazing 2011!
Blessings!

No time to visit the store?
Shop online any time at:
www.shopdivineonline.com

NEW IN THE DIVINE IDEA BOOKSTORE

New DVDs for Rent

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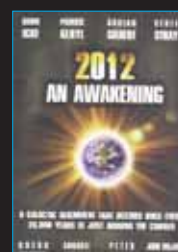
The Quantum Activist



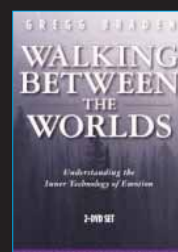
Spirit Space



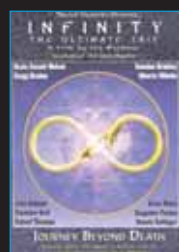
2012 The Odyssey



2012 An Awakening



Walking Between the Worlds with Gregg Braden



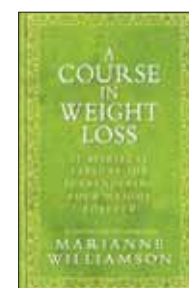
Infinity: the Ultimate Trip with Neale David Walsh

ONLY \$5 for 14 DAYS

Come browse our diverse selection and take a DVD home to view tonight!!!

A Course in Weight Loss: 21 Spiritual Lessons for Surrendering Your Weight Forever

By Marianne Williamson



What is the connection between spirituality and weight loss? Best-selling author Marianne Williamson is about to answer that question for you in her groundbreaking new book, bringing you 21 spiritual lessons to help you surrender your weight forever.

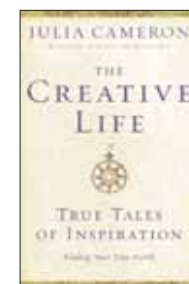
These lessons form a holistic paradigm for weight loss, addressing the spiritual, emotional, and psychological elements involved in what Williamson refers to as "conscious weight loss." If you are a food addict, a compulsive eater, or someone who for any reason sees food as the enemy, this book is for you.

A Course in Weight Loss addresses the true causal root of your weight-loss issues: a place within you where you have forgotten your Divine perfection. This forgetfulness has confused not only your mind, but also your body, making you reach for that which cannot sustain you ... and reject that which does. As your mind reclaims its spiritual intelligence, your body will reclaim its natural intelligence, as well.

The 21 lessons in this book will take you on a deep, sacred journey. One step at a time, you will learn to shift your relationship with yourself — and your body — from one of fear to one of love. And you will begin to integrate the various parts of yourself — mind, body, and spirit — to become, once again, and in all ways, the beautiful and peaceful person you were created to be. As the author writes: "When it comes to your enjoyment of eating, your best days are not behind you but ahead of you." So get ready to begin a new relationship with food ... and with yourself. (\$24.95)

The Creative Life: True Tales of Inspiration, Finding Your True North

By Julia Cameron



This inspiring new book from the best-selling author of *The Artist's Way* guides readers in creating lives built around their art. According to Julia Cameron, when we allow our creative spirit to serve as our compass, we discover that the art we have always longed to produce is suddenly within our grasp.

In this book, Cameron shows readers how to use their creative hearts and minds to cultivate lives that nourish and sustain their art. Through beautifully drawn scenes from her own experience as an artist, Cameron reveals that creativity often flourishes during the quiet pauses in our lives spent with dear friends and fellow artists — and that it is only when we permit ourselves to slow down and savor these moments in life that we will see the way to depict it sensitively and poetically in our art. By opening the curtain on her own creative process, Cameron introduces readers to a world rich with creative possibility. (\$23.95)

The Untethered Soul: The Journey Beyond Yourself

By Michael A. Singer



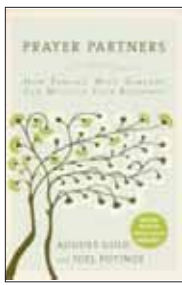
Who are you really? What would it be like to be free from limitations and soar beyond your freedom? *The Untethered Soul* offers a simple, profoundly intuitive answer to these questions. Whether this is your first exploration of inner space or you've devoted your life to the inward journey, this book will

transform your relationship with yourself and the world around you. It begins by walking you through your relationship with your thoughts and emotions, helping you uncover the source and fluctuations of your inner energy. It then delves into what you can do to free yourself from the habitual thoughts, emotions, and energy patterns that limit your consciousness. Finally, with perfect clarity, this book opens the door to a life lived in the freedom of your innermost being. (\$16.95)

Prayer Partners: How Praying With Someone Can Multiply Your Blessings

By August Gold and Joel Fotinos

"Wherever two or more are gathered ..."



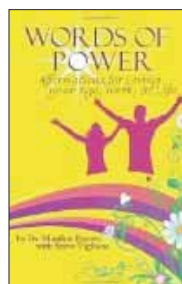
Master a uniquely powerful spiritual practice that maximizes your prayers! *Prayer Partners* helps you to do what the greatest spiritual masters throughout history have urged us to do: pray with one another. In these pages, the authors show you how to strengthen your faith and open up your heart and mind to be more receptive to God's answers to your prayers.

Both practical and inspiring, this book explains how the authors developed the practice, how it works, and how anyone can benefit from finding a spiritual peer. The first part of the book lays out the basics of Prayer Partnering, from finding a compatible partner, to arranging logistics, to keeping each other motivated and excited about your journey

together. Personal stories illustrate how people from all walks of life and all faiths have made Prayer Partnering a part of their spiritual life and attained profound and sometimes surprising results. Also included is the 90-day *Prayer Partner Experience*, an interactive workbook and guide designed to help you begin the process. (\$19.99)

Words of Power: Affirmations for Loving Your Age, Work and Life

By Dr. Marilyn Powers with Steve Viglione

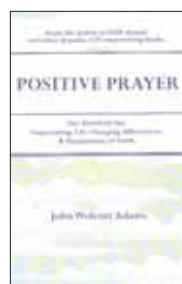


How do you know if this book is for you? Do you feel the good things in life have passed you by? Do you ever find yourself asking, "Is there more to my life than this?" Do you ever feel like you are just "going through the motions" without passion for life? Do you feel "stuck" — not wanting to repeat the past, but having no vision of your future? Are you afraid to step out of the familiar and take a risk? Do you have secret desires and wishes that you would like to live out and express?

I'm guessing if you answered "yes" to any of those questions, you may want to take a look at this book!!! (\$14.95)

Positive Prayer: 101 Empowering, Life-Changing Affirmations & Declarations of Truth

By John Wolcott Adams



This is a Power Book. It gives you the power of Positive Prayer. Coupled with your dynamic "I AM," positive prayer mystically invokes the Law of Attraction to establish your heart's desires in your life. As you apply the teaching of this book as instructed, you experience positive changes in your thinking and in your life. This book helps you to focus on God, the source of all your good, and the Power to make your life beautiful in every respect. (\$15.95)

Small Group Ministry

Newly Forming Small Groups

Creating Radiant Health

Every Thursday
7 p.m. • Room 8

First Meeting: Thursday, January 13

This small group, facilitated by Certified Holistic Health Coach Lynn Janson, is designed to attract individuals interested in supporting and nurturing one another to explore a healthy food program and gain insight into their dietary habits.

The group could also serve as support for anyone who wishes to stop smoking or rid themselves of other habits destructive to their health. For more information, contact Lynn Janson at 602.300.0797 or ljanson_11@hotmail.com.

Healing through Heart-Felt Sharing and Compassionate Listening

Life Coach Russell Groen will be holding an introductory session for people interested in forming a small group in the area of Heart-Felt Sharing and Compassionate Listening. In order to progress towards maturity, happiness, peace, joy and abundance, we must quiet our mental activity and allow healing beyond our emotional hurt and spiritual blockages.

This group will provide an opportunity to practice and improve in sharing and listening at a deeper level than usual. You will practice being totally present as you listen to another, as well as listening with wonder, honor, admiration, sensitivity, compassion and love.

If you're interested in participating in this small group, please contact Russell at 602.722.7628 or groenrussell@gmail.com.

A Course in Miracles Discussion Group

Every Tuesday • 6:30 to 8 p.m. • Room 3

Based on the teachings of *A Course In Miracles*, this study group focuses on learning and living the spiritual principles of Christ love, forgiveness and inner peace. For more information, contact Alarra Ashanaya at 480.473.0565.

'Band of Brothers' Men's Group:

The intention of this men's group is to gather in friendship and community, spending time together doing fun activities like fishing, retreats and sports, and also performing service activities that benefit both the church and our greater community. Group members will help determine the direction the group will take! If you are interested, please contact Victor Peyton at vicarman@yahoo.com or 480.433.5611.

Divine Revelation Meditation:

4th Thursday of each month
7 to 8:30 p.m. • Chapel

Divine Revelation Meditation® — as taught by Dr. Susan Shumsky and facilitated by Doina Marie Barkhaus — is a guided group meditation that takes you into deep inner peace, stops the mind chatter, and helps connect you to the divine presence within. This meditation includes prayers and exercises deepening this spiritually uplifting experience of connecting with the presence of God.

This group follows *How to Hear the Voice of God* and *Divine Revelation* books and workshops offered by Dr. Susan Shumsky or the personal peace meditation workshop offered by Doina Marie Barkhaus. Anyone who sincerely desires to make the connection to inner divinity/God is welcome to attend.

For more information, call Doina Barkhaus at compheal@cox.net or 602.978.5640.

Eckhart Tolle New Earth Discussion Group:

1st and 3rd Tuesday of each month
7 to 8:30 p.m. • Room 2

Join with others to discuss this inspirational book and how we can each awaken to our own life's purpose! For more information, contact Jane Norde at elnorday@cox.net.

EventsLink

Formerly "SinglesLink"

The Small Group formerly organized as "SinglesLink" has transformed from a singles group into an events group. It is now known as "EventsLink." The purpose of the group is

to allow families and individuals of all ages, relationships and marital status to participate in a broad range of activities.

If you are interested in finding out more about this fun-loving group, please email your name to eventslink@hotmail.com and let them know you'd like to be added to their email distribution list.

Please also include any other information you feel is appropriate, such as what service you attend, your interests, if you have children, your birthday, and the type of events you might be interested in hosting or attending.

Gay~Straight Alliance:

1st and 3rd Thursday of each month
6:30 to 8 p.m. • Rooms 6&7

Please join us to help facilitate the formation of this social/community service group. All are welcome!!! Some initial thoughts are to host at least one social event each month, and also to support the gay and lesbian community through outreach and volunteer work.

For more information, please contact Andie Joachim at andiej1@cox.net or 602.561.0937.

Golf Group:

Every Monday Morning • Offsite

Please contact Bob Snair at rsnair1@cox.net or 623.444.4669 for the location and time of the next Monday morning golf game.

Hiking Group:

MOONLIGHT HIKES:

Friday, January 14 • 6:30 p.m. - Shaw Butte

Friday, February 18 • 6:30 p.m. - North Mountain

FITNESS FOR FUN HIKES

Saturday, January 15 • 8 a.m. (note winter time!)

Ford Canyon Trail - White Tank Regional Park

Saturday, February 10 • 7 a.m. (note regular time)

Desert Classic (or Alta Trail) - South Mountain Park

Meet in the church parking lot at the designated time to carpool to the trailhead. NO advance sign-up required.

January brings us to our traditional White Tank area trails, with February trekking in South Mountain Park. Please refer to our *Trail Mix* newsletter for full details.

All hikes are designed to accommodate a wide range of hiking abilities, and participants are encouraged to hike at their own pace. We recommend sturdy hiking or walking shoes; sunscreen, sunglasses and a hat, and snacks and water for during and after the hike (1-2 quarts of water per person).

If you have further questions, or wish to receive the monthly *Trail Mix* newsletter, please contact Don Clausing at dclausing@unityphx.org or 602.866.0285.

The Law of Attraction Small Group:

2nd and 4th Wednesday of each month
7 to 8:30 p.m. • Room 5

This is an ongoing open group that comes together to learn, study, practice and apply the principles of the Law of Attraction, and celebrate together the transformations in our lives. We have general discussion and sharing time, and often have a guest speaker and/or fun worksheets or activities. For more information, please contact Jane Francis at janeslight@aol.com or 602.978.9783.

The Prosperity Group

2nd Tuesday of each month
7 to 9 p.m. • Room 1

Unity of Phoenix's Executive Director John Schroeder facilitates this group each month to share practical advice on budgeting, credit scores, investment guidelines and how to maintain a strong prosperity consciousness. For more information, please contact John Schroeder at 602.978.3200, Ext. 254, or jschroeder@unityphx.org.

Sisterhood of the Hat:

4th Thursday of the month
7 to 8 p.m. • Room 10

This group will include women who are -- or wish to be inspired -- and who wish to share laughter, prayer and support for one another. We will gather to share inspirational experiences, stories, poems, books and prayer. For more information, please email Mary Dunn at mdunn11@cox.net.

Unity of Phoenix offers a wide variety of small groups through which it is easy to make friends, deeper connections and loving relationships in our spiritual community. Our Pastoral Care Minister, Rev. Jimmie Scott, oversees these small group activities.

Our small groups are created by Unity of Phoenix congregants. These groups invite like-minded people to meet, establish a greater connection, and support the ministry.

For more information, or to express an interest in forming your own group, contact Rev. Jimmie Scott at 602.978.3200, Ext. 234, or jscott@unityphx.org.

Unity Homeschoolers Support Group:

1st and 3rd Tuesday of each month
2:30 to 4 p.m. • Room 1

This group serves as a support group for moms who are homeschooling their children, as well as a connection place for the kids. For more information, please contact Briana Beveridge at 602.992.0336.

Unity Singles:

Our Unity Singles events provide a safe, supportive and loving environment for fun, fellowship and spiritual enrichment. If you're single, please make plans to join us for the wide variety of activities in which we participate, including Sunday lunch outings, dancing on Tuesdays and Thursdays, "happy hours" and much more!

For information, go to www.unityphx.org/connecting/singles.html. If you have questions, please contact Earl Rondeau at uop_singles_liaison@yahoo.com.

VIP Luncheon:

Wednesday, January 19
Wednesday, February 16
(and the 3rd Wed. of each month)
Noon to 1:30 p.m. • Rooms 6&7

Our VIP Luncheon is for our Very Important People who are 55 or older. We invite all of our seniors to attend this monthly luncheon to enjoy fun and fellowship; we always have a special guest speaker or activity planned for each luncheon. Please join us for this great way to stay connected, share your spirit and enjoy wonderful food, company and speakers. The church will provide the main dish; please bring a side dish or dessert to share.

In January, Warren Hatfield will entertain the group with his musical skills on the alto saxophone.

In February, get geared up for "Guyz 'n Dollz"! The popular song-and-dance troupe (with our own DC Black) is back by popular demand!

Questions? Contact Rev. Jimmie Scott at 602.978.3200, Ext. 234, or jscott@unityphx.org.

Young Adults of Unity Group:

1st Wednesday of each month
6 to 8:30 p.m. • Room 5
2nd and 4th Sunday of each month
11:15 a.m. to 12:15 p.m. • Chapel

This group enables young adults — whether in college or already working — to come together, stay connected, provide support for one another's spiritual paths, and create opportunities for service and personal growth.

The Wednesday evening meetings will include discussions about meditation practices and the spiritual message/meaning of select movie clips, book excerpts, current event news articles and other cultural media, while the Sunday meetings (which follows the 9:30 a.m. worship service) will discuss that day's worship message, taking it to a deeper level. For more information, please contact Pam Petersen at pampetersen@cox.net or Christy Brogan at balance@cox.net.

Music Ministry

Unity Adult Choir

Every Tuesday • 7 to 8:30 p.m. • Chapel

Music is an important part of our ministry; come join the fun! The next session begins Tuesday, January 18, and runs for only about two months ... the only commitment you need make! For more information, contact Music Director Jerry Wayne Harkey at jharkey@unityphx.org.

Our Unity Community

Unity of Phoenix Staff Anniversaries



"Jo Jo" Campaigne
Facilities Assistant
1st anniversary



Eleanor Cicerelli
Child Caregiver
3rd anniversaryPhoenix



Jerry Wayne Harkey
Music Director
9th anniversary



Rick Hartman
Hospitality
Coordinator
1st anniversary



Melanie Ramirez
Children's Ministry
Coordinator
3rd anniversary



Marcie Scheffner
Front Desk
Coordinator
4th anniversary



JoAnn Schwesinger
Child Care Giver
1st anniversary



Thank You to All of Our Christmas 'Angels'

Spearheaded by congregant Pam Petersen (pictured above in center) and the Outreach Committee, our Christmas Angel outreach program was a resounding success this year, thanks to the generosity of our congregants.

We adopted 285 4th and 5th grade students at Palomino Intermediate, and provided "gift baskets" to 12 teachers.

In addition, we raised almost \$7,000 for food certificates. Combined with our church tithes to this program, we donated over \$10,000 in food certificates to Palomino and Echo Mountain families!

We also collected two huge truckloads of used jackets, sweaters, sweat-shirts and blankets during our "Warmth Drive," which have been donated to the Palomino Thrift Store. Thank you, and bless you all!!!

Unity Business Fair

The November 14 Business Fair — organized by Sue Thompson and the Marketing Committee (bottom right corner) — gave business professionals an opportunity to showcase their products and services, and benefit the church, as well! More than 100 vendors displayed their wares to over 1,000 congregants. In combination with the Unity Online Business Directory (available around the clock at www.unityphx.org), the event raised approximately \$11,500 for the church.



CONGREGANT MILESTONES

Memorials

Al Garvey made his transition on November 17, 2010. A service was held in his honor on December 3, 2010.

Christenings

Suzanne Miranda Benavidez was christened on November 28, 2010.

Weddings

Katie Ziemann and Sean Moro were married on November 6, 2010.

Krishna Koontz and Jeremy Stevens were married on November 13, 2010.

Help Us Secure Our 'Wish List'!

Congregants often ask if there are items for which we have a need, or how they can contribute to Unity of Phoenix in a meaningful way above and beyond their tithing. Our "Unity Wish List" identifies those services and items highest on our list of priorities. A list of current "Wish" items is included below. Thank you in advance for holding this list in prayerful consideration!

Medical Team

- Battery for automatic external defibrillator: \$400

Grounds Improvement

- Paint steel posts in Courtyard: \$15,500
- Wood chipper (3" minimum diameter capacity): \$1,200
- Rolloff dumpster (for landscape cleanup): \$400

Building Improvement

- Repair Sanctuary light dimmers: \$1,500
- Tint counseling room windows: \$300
- 3 programmable thermostats: \$150 each
- Pest control service: \$60/month

Technology

- Videotape editing program: \$200
- Firewall upgrade: \$2,000

Miscellaneous

- Bottled water: \$5/case
- Candle lighters: \$5 each

** Donations received beyond the expense of each "Wish List" item will be appropriated to other, most needed items on the list.*



VIP Christmas Luncheon

Our Very Important People over 55 attended a festive Christmas luncheon on December 15, enjoying food and fellowship together, as well as entertainment by "singing fireball" vocalist Kristina O'Boyle (bottom left), who led the group in Christmas carols and music from the 50's and 60's.



Our Unity Community



Crafts of Christmas

At this annual "make it and take it" craft event hosted by the Youth & Family Ministry, kids of all ages created holiday gifts and decorations, made crafts and decorated cookies. Santa even paid a special trip to the upper level of the building to visit the 6th-8th grade Uniteens, who were enjoying their own celebration (pictured upper right corner).



Holly Jolly Sing-Along

Congregants got into the holiday spirit by spreading Christmas cheer with Lynne Haeseler, vocalist Renee Morgan Brooks and storyteller Sandra Ogelsby at this fun family sing-along!!!



Photos with Santa

Unity Music Director Jerry Harkey and his band members (below left) took a break between December 12 worship services to have their photograph taken with Santa in the Courtyard. Over 100 additional congregants and groups also stopped for a close-up with Jolly Old St. Nick, including Barry and Kay Hoke (below, top right), who were celebrating their 50th wedding anniversary.



Unity of Phoenix Christmas Party

Unity's Christmas party — spearheaded by Social Committee Chair Connie Cornelius and Bookstore Manager Julia Kellogg (upper left photo) — allowed congregants to celebrate the holidays in the "Sanctuary" of their spiritual home, enjoying a sumptuous buffet (lovingly prepared by Board President Katie Williams), dancing, laughter and lots of light-hearted holiday fun!!!!

We ALL Have the Ability to Create 'Magic'



By John Schroeder
Executive Director

Magic has always fascinated me. Seeing a magician who appears to have "super powers" perform extraordinary feats is great entertainment. People like magicians, who turn the *ordinary* into the *extraordinary*, can appear to be bigger than life ... but it's worth

considering that we're *all* here to do the same. Jesus said we would do even greater things than *he*: "Most assuredly, I say to you, he who believes in Me, the works that I do he will do also, and greater works than these he will do ..." (John 14:12).

Given our capacity for great works, what better time than this New Year to create some magic — or even miracles — in our lives?

Many inspiring stories are based on the miracle of simply changing our attitudes. Scrooge exemplified this when he transformed, not only his attitude, but his entire life overnight in the story of *A Christmas Carol*. Like Scrooge, each of us likely has a story of how a simple change in attitude created a major change in our lives. Moods can shift according to what's in front of us at the moment, so our underlying attitudes towards life can ensure our happiness regardless

of our ever-changing surrounding conditions.

Changing our attitude can make the difference between feeling fear and sadness or feeling love and happiness. The question becomes, "How happy and loved do we *want* to feel?" It really *can* be that simple if we keep in mind the true source of everything. Training our minds to refocus on God's love and abundance any time we feel fearful or lonely is a great way to ensure we maintain a good attitude. This is not some psychological trick to fool ourselves; it is a realization of the Truth: knowing God is with us, who could be against us?

That all sounds good in theory, but how does it work in real life? If we find ourselves short on money and become fearful of what comes next, do we simply ignore the ugly possibilities of the future and

go forth as if nothing is wrong? Of course not. But what if we acknowledge that God has already provided a solution to our dilemma, and just needs our cooperation to help? Then we can pray and meditate with the unflinching expectancy that all is well, as we ask how we can help God create a miracle in our lives. It may be that we feel compelled to call a particular person, to help someone, or even do something we have never tried before. The answer will come when we hold an attitude of love and faith in knowing that God truly provides everything we need.

I invite everyone to share in this wonderful knowledge that we can *all* turn the ordinary into the extraordinary. A positive attitude and faith in our loving God can create miracles in our own lives, and also allow us to reach out and make a difference in the lives of everyone we meet.



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BECOMING A MEMBER

Twice a year, we offer congregants the opportunity to become members of Unity of Phoenix. Membership is not required ... It's simply a way of affirming that this is *truly* your spiritual home. You can become a member in three simple steps:

1 Complete our *Unity Basics* and *Prayer Basics* classes.

The completion of these two courses is a pre-requisite for becoming a Unity of Phoenix member, prayer chaplain, teen sponsor or board trustee. Both classes must be completed before you attend Membership Orientation. These classes provide a comprehensive introduction to our Unity principles and emphasize the importance of prayer in deepening our experience of God. (See below for the next offering of these classes.)

2 Attend our New Member Orientation.

At this mandatory gathering with our ministers, you'll learn more about our ministry; what it means to be a member; how to become more involved; and your next steps as a member. You'll also have the opportunity to meet members of the staff and Board of Trustees. Orientations are offered only twice each year, so plan ahead!

Our 2011 Member Orientations will be held on:
Sunday, March 20 and Sunday, September 11

3 Celebrate at our New Member Recognition services.

On the Sunday following our New Member Orientation, new members are both collectively and individually recognized at each morning worship service. Afterward, our new members also enjoy a Celebration Gathering with their families and our ministers.

Our 2011 New Member Celebrations will be held on:
Sunday, March 27 and Sunday, September 18

MEMBERSHIP CLASSES

If you are interested in becoming a member, please make a note of upcoming opportunities to complete these required classes!

Unity Basics

Find out what Unity is all about! Explore the history of Unity, and how the Unity spiritual movement began. You'll also learn the five foundational beliefs that are unique to Unity, and how using these five spiritual principles can transform your life, and open your heart and soul to a fuller, richer experience of God and life.

Our 'Unity Basics' class will be offered four times in 2011:

- **Two Tuesdays: January 18 and 25 ~ 7 to 9 p.m.**
Minimum suggested love offering: \$10-\$20 per session
- **One Saturday, February 5 ~ 9 a.m. to 1 p.m.**
Minimum suggested love offering: \$20-\$40
- **Two Tuesdays: May 10 and 17 ~ 7 to 9 p.m.**
Minimum suggested love offering: \$10-\$20 per session
- **One Saturday, July 23 ~ 9 a.m. to 1 p.m.**
Minimum suggested love offering: \$20-\$40

Prayer Basics

Prayer is a foundational practice that cultivates our relationship with God. Through affirmative prayer and meditation, we can connect with God, access the Christ power within us, and manifest the best that life has to offer.

Our 'Unity Basics' class will be offered four times in 2011:

- **Two Tuesdays: February 15 and 22 ~ 7 to 9 p.m.**
Minimum suggested love offering: \$10-\$20 per session
- **One Saturday, February 26 ~ 9 a.m. to 1 p.m.**
Minimum suggested love offering: \$20-\$40
- **Two Tuesdays: June 21 and 28 ~ 7 to 9 p.m.**
Minimum suggested love offering: \$10-\$20 per session
- **One Saturday, August 20 ~ 9 a.m. to 1 p.m.**
Minimum suggested love offering: \$20-\$40

Our Vision:

Centered in God, we live in a world of peace, love and abundance.

Our Mission:

To inspire a greater experience of God in ourselves and each other.

Our Values:

- God First
- Love
- Diversity
- Service
- Community

Services:

Sunday Morning Worship:
8, 9:30 and 11:15 a.m.
Sanctuary

Wednesday Evening Service:
7 p.m. • Sanctuary

Communion:
1st Sunday/Month
12:45 p.m. • Chapel

Guided Meditation Service:
Wednesday, 6:15 p.m.
Chapel

Youth Programs:

Sunday Children's Ministry:
(Age 0-3 years):
9:30 and 11:15 a.m.
Administration Building
(Age 3-Grade 5)
9:30 and 11:15 a.m.

Sunday Teen Ministry:
Uniteens (Grades 6-8)
11:15 a.m., Rooms 6&7
Y.O.U. (Grades 9-12)
11:15 a.m., Rooms 9&10

Church Office:

Telephone: 602.978.3200

Fax: 602.978.3248

Website: www.unityphx.org

Staff Email:

First initial, Last name
(i.e., rmaraj@unityphx.org)

Church Office Hours:

Sun.: 8 a.m.-2 p.m.
Mon.-Thurs.: 9 a.m.-5 p.m.
Fri.: Closed
Sat.: 9 a.m.-3 p.m.

Divine Idea Bookstore:

Telephone:
602.978.3337 / 800.853.1372

Website:
www.shopdivineonline.com

Email:
bookstore@unityphx.org

Bookstore Hours:
Sunday: 8:30 a.m.-1:30 p.m.
Monday: Closed
Tues./Wed.: 10 a.m.-7 p.m.
Thursday: 10 a.m.-5 p.m.
Friday: Closed
Saturday: 9 a.m.-3 p.m.

Ministry:

Lead Minister:
Rev. Richard Maraj, X-237

Pastoral Care Minister:
Rev. Jimmie Scott, X-234

Ministerial Associate:
Chris Kennedy, X-299

Chaplain Line: X-256

Dial-A-Prayer: X-260

Staff:

Executive Director:
John Schroeder, X-254

Spiritual Education and Volunteer Ministry:
Chris Kennedy, X-299

Grief/Counseling:
Joan Bacchus, LUT, RN

Weddings, Memorials and Christenings:
Susan Whiting, X-274

Communications Coordinator:
Sue Thompson, X-230