



Upward Venture

Unity of Phoenix: Building Unity Together

Special Points of Interest

- Join us for the many services and celebrations we have planned for Holy Week as we celebrate the resurrection of Jesus and of the Christ presence in each of us! Information is included on page 2.
- As part of the Fundraising Campaign, we have scheduled many social events at which you can spend time with our ministers, share a meal, discuss the church vision and make friends. Read more about these events and other aspects of the Campaign on Page 14.
- Turn to page 11 for a review of the individuals elected to fill four open seats on the Board of Trustees.
- Discover 'The Secret' of how to have greater prosperity, joy, health, peace and love in you life! We are highlighting the spiritual principles outlined in the movie, *The Secret*, with many classes and events over the next few months, including a workshop by Dr. John Demartin! See our exciting line-up on the back page, as well as additional upcoming events.

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Lead Minister
- Bruce Mosby**
Executive Director
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Together We Prosper - God Is Our Source!



By Rev. Richard Maraj
Lead Minister

If I could snap my fingers and instantly get rid of our \$4.2 million debt, I would NOT do it! Why? Because I do not want to miss the blessing that this situation has come to bring our community. I don't want to cheat myself, or our church, of this amazing opportunity to deepen our faith, strengthen our community, and transform our ministry. I do not want to deny us the sense of accomplishment from facing and overcoming this challenge. I do not want to rob us of the feeling of triumph that comes from achieving something greater than anyone of us could have done alone.

The Chinese symbol for "crisis" is the same symbol as "opportunity." Like all challenges in life, our debt gives us the opportunity to turn to God and -- through our faith -- allow Spirit to renew, uplift and transform us. Sometimes our greatest blessings come disguised as crises and challenges, which cause us to dig deeper, get more focused on God and get more clear and intentional on the good we desire.

The Apostle Paul said, "Stir up the gift of

Let us use Jesus' example to help us move through our financial challenge. Let us not deny ourselves the great blessings that await us and our ministry. Let us face this challenge with faith. Let us turn to God and move through this experience together. And as we do, we will be blessed, our community will become closer, our church will prosper and our ministry will be transformed!

God that is in you." Challenges, if we are open to them, can be catalysts that stir up the gift of God in us. Difficulties can stir things up within us and bring forth greater gifts, strengths and power than we ever realized we had. More importantly, difficulties help us to feel a deeper and more profound connection with God, which is the greatest blessing of all.

In the story of the loaves and fishes, Jesus faced a challenge in not having enough food to feed 4,000 people. Even in this situation of apparent lack and limitation, Jesus knew the truth of God's abundance and demonstrated for us four simple, but powerful, spiritual practices.

First, He had the people sit down.

Jesus knew the importance of staying calm and relaxed. He knew the power of getting ourselves in order and allowing ourselves to be open channels for God's wisdom and guidance.

Second, He looked up. Instead of looking at the lack, thinking negatively or complaining about not having enough, Jesus lifted his thoughts to a higher perspective. Jesus turned his thoughts to God and the unlimited possibility of good, knowing that God would bring forth a positive outcome.

Third, He gave thanks to God. By giving thanks, Jesus acknowledged and focused his attention on the good, on the abundance that was present in the situation.

Fourth, He passed out the food. By passing out the food Jesus put abundance into motion. He gave out the food knowing that as He gave, as He trusted, as He did his work, God would provide what was needed with plenty to spare.

I have to admit that I have felt a little nervous at times about the financial challenge we face, but each time I do, I turn

to God to remind myself of the Truth. I re-read and re-affirm these words from scripture to help myself remember the Truth that sets us free:

"I can do all things through God who strengthens me."

"With God all things are possible."

"Decide upon a thing and it will be established for you."

"The Lord is my Shepherd; I shall not want."

"He who believes in me shall do the works that I do and even greater works shall he do."

"If you have faith ... even if you say to this mountain, 'Be lifted up and thrown into the sea,' it will be done for you."

Jesus never let the challenging conditions He faced stop Him from knowing the truth: *that with God all things are possible.* He never let the appearance of lack stop him from knowing the Truth of Abundance. Jesus turned to God in all things. Through his faith He moved mountains and opened the doors to the blessings of the Kingdom of Heaven.

Let us use Jesus' example to help us move through our financial challenge. Let us not deny ourselves the great blessings that await us and our ministry. Let us face this challenge with faith. Let us turn to God and move through this experience together. And as we do, we will be blessed, our community will become closer, our church will prosper and our ministry will be transformed!

New Leadership Model Will Help Meet Spiritual Needs of Church

At the Annual Meeting held in January of this year, our congregation approved bylaws for a new Unity of Phoenix leadership model that will help enhance the spiritual depth our church is able to offer.

This exciting new model separates the leadership responsibilities of the church into two distinct spheres, which will be overseen, respectively, by the Lead Minister and Executive Director.

Previously, the Lead Minister was responsible for *all* aspects of the church, both spiritual and financial. Under the new model, the Lead Minister -- Rev. Richard Maraj -- maintains responsibility for all spiritual matters of the church, while the Executive Director -- Bruce Mosby -- has responsibility for all business matters of the church, including finance and accounting, human resources, operations, and the day-to-day maintenance of Church facilities.

Both of these positions now report directly to the Board of Trustees, and both also have a voting seat on the Board.

While the two positions have distinct responsibilities, both are committed to working collaboratively to ensure that *all* of the church's needs are met.

This model is designed to improve the degree to which congregants can be spiritually fed by the church.

The model will also provide the Board of Trustees, which oversees both positions, an accurate accounting and balanced perspective of the church's overall health, both spiritually and managerially.

"I am excited about the new model because it will help us better serve the spiritual needs of our community and run the business of the church in a more effective way," Rev. Maraj said.

Executive Director Bruce Mosby is also excited by the possibilities that the new leadership model provides.

"My principle responsibility as Executive Director is to be a good steward of Church



resources so that we have the tools we need to support our spiritual work and mission," Bruce said. "Unity of Phoenix offers many programs and opportunities to advance our congregants' spiritual growth. The business, financial and operational aspects of the church exist solely to support those spiritual activities.

"The new model helps to ensure focus on the important spiritual aspects of the church, and also provides appropriate oversight of *all* areas of the church. This will provide a stable and balanced environment that, in turn, will support all of the spiritual work that is ours to do, and support our mission of enlightening and transforming our world."

Read Board President Georgia McGraw-Ball's perspective on the new leadership model on Page 10.

Holy Week Activities

Holy Week: A Week of Transformation

Palm Sunday Services

Sunday, April 1 • 8:15, 9:45 and 11:15 a.m. • Sanctuary

Discover the meaning for the triumphant coming of the Christ!
Prepare the way of the Lord in your very own soul.

Holy Thursday Communion Service

Thursday, April 5 • 7 p.m. • Sanctuary

Surrender is an important and necessary step in the spiritual evolutionary process.
We will discover and participate in the evolution of our own souls.
Join us for this holy time as we honor the Christ in us
through partaking in sacred communion.

Good Friday Tenebrae Service

Friday, April 6 • 7 p.m. • Sanctuary

Come experience the power of the last hours and last words of Jesus on the cross.
This service invites us into the ultimate experience of surrendering our lives to God.

Easter Sunday

Sunday, April 8

6:15 a.m. Sunrise Service • Petersen Grove

8:15, 9:45 and 11:15 a.m. Family Services • Sanctuary

What is your image of Jesus? What meaning does His life have for You?
Join us for a powerful Easter celebration, "Meeting Jesus Again for the First Time,"
as we have a deeper look at our image and relationship with Jesus.
Orgena Rose and Ramon Pratt will lend their vocal talents to our spiritual celebration.

Easter Art Walk

Sunday, April 8 • 9 a.m. to 1 p.m. • Courtyard

Each year the children prepare their depiction of Jesus' life through art creations.
Congregants are invited to take an "Easter Walk" and experience all the amazing works of art
that will be displayed at the booths in the Courtyard on Easter Sunday.

Share the Beauty of Easter

We will once again be decorating our Sanctuary with Easter lilies
for our Easter Celebrations. If you would like to share in this tradition,
you may purchase one -- or several -- of these lilies in advance,
then take them home after the 11:15 a.m. Easter service.

Sign-up sheets are available in the Courtyard.
This is a wonderful way to enjoy the beauty of the lilies for our Celebrations,
and to share our love with others during this holy season.

Special Services for Children and Teens

Easter Egg Hunt

Saturday, April 7 • 10 a.m. • Playground

Join us for Unity's annual Easter Egg Hunt. Refreshments, games, an egg hunt
and the Easter Bunny are all a part of this family experience.
Donations of decorated hard-boiled eggs or non-chocolate treats
and/or small toys to fill our plastic eggs are appreciated.

Palm Sunday Experience for Children

Sunday, April 1

Children will receive palm branches and celebrate Jesus' triumphant entry into Jerusalem
as part of their Easter journey this year.

'Upper Room' Experience for Teens

Thursday, April 5 • 7 p.m.

Our teens are invited to re-enact "The Last Supper" with Jesus. There are only 12 spots available, so register quickly!
This amazing time of sharing, insight and experience has always been a heartfelt connection.

Easter Sunday

Sunday, April 8

There will be no children's or teen classes on Easter Sunday. Families are invited to worship together.
The Nursery will be available for children under age 3.

Worship & Special Services

**RESURRECT THE CHRIST PRESENCE
IN YOU AT UNITY OF PHOENIX!**

**JOIN US ON SUNDAY MORNINGS
FOR WORSHIP SERVICES THAT WILL
REBIRTH YOUR SPIRITUALITY!**



Continuation of the Six-Week Series

"Real Joy"

March 4

"Part 3: Joy in Creating"

with Rev. Richard Maraj
Musical Artist: Kristen Drathman

March 11

"Part 4: Joy in Community"

with Rev. Richard Maraj
Musical Artists: Ramon Pratt and
the Unity of Phoenix Children's Choir

March 18

"Part 5: Joy in Contributing"

with Rev. Richard Maraj
Musical Artist: Daniel Nahmod

March 25

"Part 6: Joy Now"

with Rev. Richard Maraj
Musical Artist: Katie Williams-Ivie

Holy Week

April 1

"Palm Sunday"

with Rev. Alice Anderson
Musical Artist: Unity of Phoenix Adult Choir

April 5

"Holy Thursday Communion Service"

with Rev. Richard Maraj
Musical Artist: Sally Jo Bannow

April 6

"Good Friday Tenebrae Service"

with Rev. Richard Maraj
Musical Artist: Sally Jo Bannow

April 8

"Easter Sunday"

with Rev. Richard Maraj
Musical Artists: Ramon Pratt and
Orgena Rose

Four-Week Series

"Are You Ready for a Miracle?"

April 15

"I am Ready for a Miracle"

with Rev. Richard Maraj
Musical Artist: Rusty Ferracane

April 22

"Life is a Miracle"

with Rev. Richard Maraj
Musical Artists: Katie Williams-Ivie and
the Unity of Phoenix Children's Choir

April 29

"I Expect a Miracle"

with Rev. Richard Maraj
Musical Artist: Sally Jo Bannow

May 6

"I Experience a Miracle"

with Rev. Richard Maraj
Musical Artist: Orgena Rose



**The Church
of What's
Happening
Now!**

**6 p.m.
1st Sunday
of the month**

Join us for a contemporary worship experience as we study the headlines of the week and give spiritual perspective to world events and God in daily life.

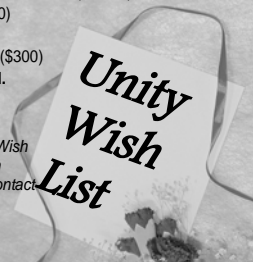
Led by Rev. Alice Anderson, Music Director Jonathan Ivie and Video Director Jason Catlin.

Help Us Secure Our 'Unity Wish List'!

We are often asked by congregants if there are items that we have a need for, or how they can contribute to Unity of Phoenix in a meaningful way above and beyond their tithing. Our "Unity Wish List" identifies those services and items highest on our list of priorities. Thank you in advance for holding this list in prayerful consideration!

- Church loan due April 2007. (Total loan: \$4.2 million)
- Carpet installation. (We received half, but still need \$6,500)
- Parking lot paving and striping. (\$13,000)
- Underwrite annual Volunteer Celebration. (\$2,000)
- Phone system upgrade. (\$2,000)
- Signs for the Sanctuary. (\$500)
- Microphone for video camera. (\$300)
- New benches for our Courtyard. (\$100 each)
- Cases of water. (\$5 each)

For a complete list of items on our Wish List, or for more specific information on any of the items listed, please contact Executive Director Bruce Mosby at 602.978.3200, Ext. 254, or bmosby@unityphx.org.



Advertise to the Unity Community!

Advertising in this newsletter is a wonderful way to reach an important market niche: Unity of Phoenix congregants!!! This newsletter reaches thousands each month, most of whom read it from cover to cover. It is also posted on our Web site, which receives many, many visitors. Our rates are:

Half Page (9.75" x 7.75"): \$450; Quarter Page (4.65" x 7.75"): \$275
Eighth Page (4.65" x 3.625"): \$165

Pricing is for camera ready advertisements only. An additional fee is charged for creating advertisements for clients. For questions and deadline information, please contact *Upward Venture* Editor Sue Thompson at 602.494.9708 or sue_thompson@qwest.net.

Thank you!!!!

Spiritual Education

SPIRITUAL EDUCATION CLASSES IN MARCH AND APRIL / MEMBERSHIP INFORMATION AND CLASSES



NEW MEMBER ORIENTATION SUNDAY, APRIL 29, 2007 12:30 P.M.

Unity of Phoenix lovingly invites you to become a member. Membership Orientation will be held on **Sunday, April 29, at 12:30 p.m.**; Membership Sunday will follow on **May 6**, when our new members will be presented and blessed during all Sunday morning worship services.

Keep in mind that the completion of our **Prayer I** and **Unity Basics I** courses is a prerequisite for becoming a Unity of Phoenix member, teen sponsor, chaplain or Board trustee. If you are considering any of these roles, please make a note of these upcoming opportunities to complete this required coursework!

MEMBERSHIP CLASSES

Welcome to Unity

In March:
Sunday, March 11
12:45-1:45 p.m.; Room 11
Facilitator: Rev. Shannon Olesen



In April:
Sunday, April 15
12:45-1:45 p.m.; Room 11
Facilitator: Chris Kennedy, Unity Ministerial Student



This class will provide direction for your individual path, as well as answer questions about Unity. We will discuss the history of the Unity movement as well as our own Unity of Phoenix history. Plan on

attending this class to get acquainted with and become more aware of our spiritual family.

Unity Basics I

Facilitator: Chris Kennedy, Unity Ministerial Student
Tuesdays, March 13 and 20
7 to 9 p.m.; Rooms 6&7



Find out what Unity is all about! You will explore the history of Unity, and how the Unity spiritual movement began.

You will also learn the five foundational beliefs that are unique to Unity, and how using those five spiritual practices can transform your life, and open your heart and soul to a fuller, richer experience of God and life.

Prayer I

Facilitated by LUT Pat Clegg and Chris Kennedy, Unity Ministerial Student
Thursdays, March 15 and 22
7 to 9 p.m.; Chapel



Prayer is a foundational practice that cultivates our relationship with God.



Consistency in our prayer life is the pathway to deepening our awareness of our Oneness with God.

Unless otherwise noted, the fee for all classes is a \$10 suggested love offering. (Please note, however, that if a class is taken for SEE credit, a \$25 registration fee is also applicable.)

You can register for classes a number of ways: at the Spiritual Education table in the courtyard on Sundays; on our website at www.unityphx.org; or by contacting Joyce Simmont at 602.978.3200, or jsimmont@unityphx.org.

You do NOT need to be a member of Unity of Phoenix to attend classes.

SUNDAY CLASSES

Keep A True Lent

Sundays, February 11-March 11
9:30- to 11 a.m.; Chapel
Facilitator: Pat Clegg, LUT
Eligible for SEE Elective Credit



Join us for the five Sundays before Easter to explore this powerful time of Lent. We will agree to seek our Spiritual Freedom as Jesus taught us and discuss Charles Fillmore's book, *Keep A True Lent*. The book is required for full study. Be prepared to roll away the stone towards your spiritual resurrection!

Compassionate Communication

Sundays, March 18-April 29 (No class April 8)
9:30 to 11 a.m.; Chapel
Facilitator: Chris Kennedy, Unity Ministerial Student



Compassionate communication helps us remain in touch with what is alive in us and others and, in so doing, enhances heartfelt communication that allows everyone involved to get their needs met. Come learn and practice ways to

facilitate rich, powerful and meaningful connections with yourself and others!

This class is for you if you wish to use your every day interactions as a spiritual tool for greater connection and fulfillment in life and/or you want to learn how to more peacefully resolve conflict or facilitate discussion of difficult issues.

Coursework is based upon the amazingly successful work of Dr. Marshall Rosenberg, author of *Nonviolent Communication: A Language of Compassion*. Dr. Rosenberg's work has been used for families, businesses and international relations to resolve conflict, and develop and enhance greater appreciation of the beauty in one another.

MONDAY CLASSES

A Course in Miracles

Mondays, Ongoing
7:30 to 9 p.m.; Room 8

Facilitator: DiAnne Kolacki, ACIM Facilitator

Become a part of this ongoing study group, which is a pathway to peace of mind. *A Course in Miracles* teaches us that we are holy children of God, and how to recognize the difference between Truth and perception. The course explores how to escape from the dream world of perceptions that bring us pain and into Spirit's Truth by reversing our thinking and unlearning our mistakes. Come learn how to experience miracles!

Introduction to Spirit Song Circles

Monday, March 12

6:30 to 9:00 p.m.; Chapel

Facilitator: Lyndsey Watson, Certified Spirit Song Teacher

This introduction is in preparation for a six-week class that will be held on Mondays from March 19 through May 14. (See the class description that follows.)

Spirit Song Circles

Mondays, March 19-May 14 (Closed after first class)



6:30 to 9 p.m.; Chapel
With Lyndsey Watson, Certified Spirit Song Teacher

The objective of the Spirit Song Circle is to assist people in opening up to one of their most easily accessible and powerful healing tools: their own singing voice. By practicing Spirit Singing, an individual is able to go *inside* to find guidance, answers to life's questions, and the love they so crave from the outside world. The minimum number of participants for the Song Circle is six and maximum is 15; if you are interested, please sign up soon!



4 T's

Mondays, February 19-May 14
7 to 9 p.m.; Sanctuary
Facilitator: Rev. Richard Maraj
Class Closed.

TUESDAY CLASSES

Drumming for Spirit Workshop

Tuesday, March 6
7 to 9 p.m.; Sanctuary

Facilitator: Douglas Blue Feather

In addition to being a Native American flutist, Douglas Blue Feather has been a drummer for



over 40 years. Group drumming circles are a way of connecting with Spirit, your inner self, each other as a community, and with Mother Earth. Group drumming has proven to be a beneficial tool in reducing stress and enhancing the immune system. This is a fun activity that is a regular activity at many Unity churches. Drums and rhythm instruments are provided.

In addition to actual drumming, topics discussed are: Why People Drum, How Drumming Connects Us, Health Benefits, What Is Needed to Form a Drumming Circle, and Proper Techniques.



Energy of Money

Tuesdays, March 13-May 29

7 to 9 p.m.; Chapel

Facilitator: Fran Lyons

Drawing on Maria Nemeth's book, *The Energy of Money*, Fran will explain how to apply

the 12 principles for personal fulfillment to "unleash" the energy of money, cross the border between dreams/visions and physical reality, and live in forgiveness, support and abundance. Participants should read the introduction and first chapter of *The Energy of Money* prior to the first class and bring the book with them to each class.



WEDNESDAY CLASSES

The Five Faces of Christ

Wednesdays, March 7-April 4

7 to 9 p.m.; Rooms 6&7

Facilitator: Regina Best

At Unity, we practice the spiritual principles that are at the heart of Jesus' teachings,

yet many of us struggle with old and often negative images of this Master Teacher.

In this class, we will explore both the Jesus of history and the Christ of eternity. Jesus came to demonstrate for us the Truth of our being—that we are each created in the likeness and image of our Creator. It's been said that Jesus was the great example, not the great exception—the great example of the Christ light living in us all, waiting to be fully realized. Through discussion, spiritual practices, music, posture prayers and journaling we will open to a deeper relationship with Jesus the Christ—both the person and the principle.

The Conscious Discipline Program

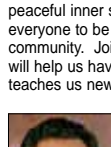
Wednesdays, March 7-April 18

7 to 8:30 p.m.; Room 3

Facilitator: Lisa McKenzie, LUT student

The Conscious Discipline program empowers parents, caregivers and teachers with seven powers that allow adults to become proactive and create a

peaceful inner state. This program provides a way for everyone to be a contributing member of their community. Join Lisa as she shows us new tools that will help us have more meaningful relationships, and teaches us new ways of interacting with others that promote respect. Optional reading: *Conscious Discipline* by Dr. Becky A. Bailey.



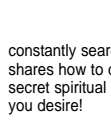
The Secret to Success

Wednesday, April 11

7 to 9 p.m.; Sanctuary

Facilitator: Rev. Richard Maraj

God has given us the power to create. We have full access to this power, and yet we are constantly searching for it. Join Rev. Richard as he shares how to discover, accept and reclaim your secret spiritual power – the power to create all that you desire!



Spiritual Education



Using *The Secret* in Daily Life

Wednesday, April 18
7 to 9 p.m.; Sanctuary

Facilitator: Rev. Richard Maraj

Join Rev. Richard as he shares a number of simple exercises for attraction and creating the kind of life you want. This will be an experiential class of practices in manifesting the good you desire to achieve, accomplish, feel and experience in all areas of your life. Join us as we learn how to use the "secret" to success in daily life.

THURSDAY CLASSES

MORE Secrets of *The Secret*

(*The Secret* Class 2: Advanced Manifestation)
Thursdays through March 15 (No class March 8)
7 to 9 p.m.; Rooms 6&7



Facilitator: Dr. Mitzi Lynton

In this follow-up class to the popular "Secrets of *The Secret*," you will have the opportunity to delve deeper into the Law of Attraction as seen in the movie, *The Secret*. By concentrating on one particular challenge or goal (prosperity, health, relationships, etc.), you will get the chance to "laser-focus" your manifestation powers and bring your desired result to you more quickly and fully.

Prerequisite: *Secrets of 'The Secret.'*



Deepening Your Prayer and Meditation Practice

Thursdays, April 12-May 17th
7:00-8:00 p.m.; Chapel

Facilitator: Chris Kennedy, Unity

Ministerial Student

Do you feel as if your prayer or meditation practice has become stagnant? Or maybe it hasn't become yet at all? Do you desire more balance, more inner peace in your life? Do you sometimes wonder how to stop the incessant chatter in your head long enough to "connect" with God?

This six-week series invites you to come together to explore tools to use in beginning or deepening your prayer and meditation practices. Come support your own and others' spiritual practice by setting this time aside to simply be: be present, be with yourself, be with your God and be with one another. Discover the power of a deeper practice of prayer and meditation in your life, and re-discover how peaceful *Being* is.

This class is very experiential in nature. You can only talk about prayer and meditation so much; the *real* power of prayer and meditating come from the practice. We will put the tools to practice as we pray, meditate and center in God's presence.



Making Space For Grace

Thursdays, April 12-May 3
7 to 9 p.m.; Rooms 6&7

Facilitator: Gloria Whitaker

Discover the ancient practices and science of how yoga can make room for God in your life. Learn how to clean out the 'old' in the mind, heart, body and emotions. In this workshop we will explore the Science of yoga and how to apply it to our daily life. Bring a yoga mat if you have one!

FRIDAY CLASSES

No classes or activities.

SATURDAY CLASSES



Reiki Class

Saturdays, February 17-March 3
9 a.m. to Noon; Gathering Room

Facilitator: Kathy Flanigan

Reiki is a gift of Spirit. Learn how it opens the healer to allow the energy of Spirit to move through them to heal others. Reiki is a laying on of hands, touch healing system of incomparable ease and power. It is a part of every one of us. During the class, you will learn how to open yourself up to that power. Recommended reading for the class is *Essential Reiki*.



Message in a Bottle

Saturday, March 3
10 a.m. to Noon.; Rooms 6&7

Facilitator: Kevin Gregory

Learn how to harness the incredible vibrational potential of water! If you were intrigued by *Hidden Messages in Water* and *What The Bleep!?* you will love this class!

We all know that water is essential to our health. However, it now appears that water also has the miraculous ability to hold specific qualities such as Love, Peace, Joy, Abundance, and Healing in a stable vibrational pattern. These patterns have been scientifically verified to be available to us internally, both physically and vibrationally. This new understanding and its effortless implementation can help to support all of our current spiritual practices and the achievement of our "Intentions."

With his clear, friendly style, Kevin shares his personal research, insights and dreams in this thought-provoking class, through which he synthesized this remarkable breakthrough concept into a single, simple process that has the potential to help everyone on their spiritual path!



Health Happens

Saturday, March 10
1 to 3 p.m.; Rooms 6&7

Facilitator: Dr. Theresa Ramsey

In this inspirational workshop, Dr. Ramsey will empower you to become actively committed to living at a higher, happier level of living and wellness. She will provide tools to strengthen your foundation in self-love, as self-care cannot occur without it.

While anchoring our knowing that "dis-ease" is simply the "lack-of-ease," Dr. Ramsey will impart life-changing, sustainable tools to guide your creation of ease through lifestyle conditioning, food as your first medicine, optimal sleep and stress management. These aspects of daily life create the foundation for optimal wellness. "Knowing" what is best for body health is very different from "being" what is best. You will be empowered to overcome the societal pressure of unhealthy choices and be inspired to integrate your mind-body relationship into the beautiful harmonious being that you were born to be.

Through her humor, connectedness and charming inspiration, Dr. Ramsey will share her expertise in achieving abundant health in body, mind and spirit.

Living the Four Agreements-The Next Step

In March: Saturday, March 10

In April: Saturday, April 14

Both 1 to 4:30 p.m.; Gathering Room



Facilitator: Gary Van Warmerdam

In the best selling book, *The Four Agreements*, don Miguel Ruiz introduces a powerful code of conduct to challenge fear based beliefs and the sabotaging voice in your head.

While the principles of the Four Agreements are simple, they are not necessarily easy. Derived from 12 years of personal study with don Miguel, Gary will share practical insight and exercises for integrating the Four Agreements. Learn how to develop your awareness and personal power so that you stop taking things personally, quiet the voice in your head and create peace and love in your heart.



Spiritual Gifts Workshop

Saturday, March 17
9 a.m. to 4 p.m.; Rooms 6&7

Facilitator: Dorothy Moore

This class will awaken you to your God-given gifts and how to exercise them in your daily life. We are programmed by God with certain Spiritual Gifts at birth. Identifying and using our Gifts is what our souls desire, and is necessary to achieve spiritual growth and maturity.

If you have ever wondered why some things are easy for you, while others are more difficult or hold no interest for you, the answers will be found in the discovery of your giftedness! You will also learn how all of our Gifts work together, how to recognize the giftedness of others, and the areas of service most suited to your Gifts.

Pick up a Spiritual Gifts Survey to fill out before class at the Adult Spiritual Education Table when you pre-register for the class. **Bring a sack lunch!**

Introduction to the Art of Moving Prayer

Saturday, March 24
9:30 a.m. to 2:30 p.m.; Rooms 6&7

Facilitator: Dr. Ann Borik



Class Fee: \$15

This class introduces you to the "Art of Moving Prayer," which was designed to allow you to pray with your entire being using sign language, breathing and movement. Dr. Borik designed this dynamic program to help demonstrate the healing power of

prayer.

When we pray with intention, using sign language, breathing and movement, all four parts of the brain are stimulated. This results in improved concentration, balance, blood pressure, and even memory. Prayers such as "The Irish Blessing," "Serenity Prayer," "Peace Prayer" and "The Magnificent" come alive in this interactive program.

Wear comfortable clothing and comfortable shoes. **Please bring a sack lunch.**

The Art of Moving Prayer

Saturdays, April 7-May 5
10 to 11:30 a.m.; Rooms 6&7



Facilitator: Regina Best

The scriptures teach us that our bodies are the temples of the Living God. Doesn't it make sense to include them in our prayer practice? You can learn to bring your whole being into spiritual practice with *The Art of Moving Prayer*.

Designed to stimulate all four parts of the brain at once, *Moving Prayer* is a "body movement prayer practice." You will learn to combine sign language, breathing and good posture (sitting or standing) and movement with beautiful, inspiring prayers—all set to music. These moving prayers are easy to learn and easy to remember—you'll be singing and signing in your car! Wear comfortable clothing and comfortable shoes.



WELCOME, NEW MEMBERS!

Please welcome the individuals below, who have taken the step to become members of our Unity of Phoenix spiritual community!

Gina Carter
Annetta Conrad
Debbie Davis
Scharlene DeHorne
Dr. Carol Dobos
Margaret Foster
Jeanna French
John Harned
Lauren Hill
Rhina Jenkins
Carol Keppler
Warren Keppler
Benjamin Kozlowski
Charles Mannino
Faye McFarland
Janine Nicol
Helene Pierce
Jack Pierce
John Schroeder
Thomas Synhorst
Frank Tedesco
Judy Wilder
Debra Wood
Stephanie Wurster

Pastoral Care

Meditate Your Way to Success with Seven Simple Steps



By Rev. Alice Anderson
Pastoral Care Minister

As each of us travels along our spiritual journey, it is helpful to have tools that can help us advance forward in our spiritual evolution. There are ways in which we can all grow and mature as souls that will change our lives and will literally uplift the world in its planetary consciousness.

Meditation is key to this process, as each time we meditate, we are connecting with God, the source of all good. In the gospel of Matthew, Jesus teaches, "But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father, who sees in secret, will reward you." (Matthew 6:6, NRSV)

If you do not have a practice of meditation, please consider beginning this practice, and you will be amazed at how centered, at ease and spiritually uplifted you will be!

In my spiritual journey, meditation has been vital in moving my life forward. In my prayer and meditation time, I have used another tool that has freed up so much energy! It is the "Seven Steps for Successful Life Transitions" by Jane Hart. This seven-step process is a way to release the past and move forward in the spiritual evolution of our very own souls.

I have been using this process for seven years as a way to release all those people, places, situations and attitudes that no longer serve my highest good. The process involves taking a person, situation, condition or attitude up the seven steps and releasing them to God. It is a way to release old, stuck energy and to free ego attachments. This then allows the God centered part of you to know what is yours to do, when and how to do it.

It sounds simple ... and the process is simple, but the effects are profound. The process involves journaling and meditation. From Jane Hart, here is the seven-step formula:

Begin this process by finding a quiet place where you won't be disturbed. Relax and still your mind. As you journal, there are some questions to help you remember some of the events and issues to release. Remember that God is right here. You are loved, safe and blessed.

Step 1: THANK YOU, GOD

- What are you thankful for regarding this relationship?
- What did the relationship give you?
- How has this person been important in your life?

Step 2: GOOD TIMES

- How did this person bring new, joyful experience into your life?
- Write down specific times that were especially happy.
- To jog your memory, look through photo albums, listen to special songs, etc.

Step 3: HOPES AND DREAMS

What were your hopes and dreams for:

- The other person
-- How did you want them to behave?
-- What did you want most from them?
- Yourself
-- How did you wish you had behaved?
-- What desires do you still have of this person? Of the relationship?

If you do not have a practice of meditation, please consider beginning this practice, and you will be amazed at how centered, at ease and spiritually uplifted you will be!

- The relationship as a whole
-- What results did you want from it?
-- What plans remained when the relationship ended?
-- What remains unfulfilled?

Step 4: DISAPPOINTMENTS AND DIFFICULTIES

- What are you (angry at, sad about, resentful of, etc.) this person?
- What do you feel most disappointed about regarding this person?
- What is the most difficult thing for you about this person?
- What decisions, attitudes, beliefs do you have about this person?
- How are these decisions, attitudes and beliefs affecting your life now?
- Repeat the above regarding yourself.
- Repeat the above regarding the relationship as a whole.

Step 5: FORGIVENESS

- What is the hardest thing to forgive this person for? Why?
- How has this unforgiveness affected your life?
- Why would you not want to forgive?
- What do you want to forgive?

Step 6: RELEASE

Say a prayer for this person. For example, "I pray for the most beautiful and wonderful things to happen for her/him."

If this step is too difficult to do sincerely, more work in the previous steps needs to be done.

Step 7: COMPLETION

Surrender this person to God.

When this journaling work is completed, you are now ready to do the meditative work. **You will visualize the seven stairs.** Imagine holding the person in your arms or holding the

person's hand as a symbol of surrender.

As you visualize each step and re-live all the memories from your journaling, many feelings of happiness, sadness, and grief will surface. Know that God is right there and Spirit guides you in this process. God is supporting you with each step you take.

As you reach the last step, you will see or feel that the person is safe in God's love and light. You will feel a deep peace and release.

It may take you an hour, a few days, or weeks to complete the process. God will guide you as to how you are to participate in this practice.

A CD and workbook are available in our Divine Idea Bookstore to go through this process of forgiveness and release. If you would like more information about Jane Hart, visit her web site at www.cfenlightenment.org. Jane Hart will be blessing our Unity community as she arrives in May to teach our chaplains, address the VIP/OWLS group, lead a healing service and teach a Wednesday evening class. Look for more details in future editions of the *Upward Venture*.

If you need support for this process, all the ministers and Joan Bacchus, LUT, are available for guidance and spiritual counseling. Our prayer team and chaplains are consistently holding you in prayer for God's highest and best in your life.

Know I hold you in God's light and love for perfect peace as you do the work of your soul.

Abundance and love,



Take a Meditation Break

Get a meditation break anytime! Go on-line to www.unityphx.org and click on "Prayer," and you will find a guided two-minute relaxation meditation in the left-hand corner of the screen. The candle is the symbol for our meditation. Remember to center yourself in God as you participate in this relaxation meditation. God is right here!

(You will also be able to download the meditation for listening at a later time, if you wish.)

Communion 1st Sunday of Each Month 12:45 p.m. in the Chapel (March 4 and April 1)

Our monthly Communion includes prayer, silence, responsive readings and partaking of the elements. The March Communion will be facilitated by LUT Pat Clegg, and April's by LUT Student Cynthia Ragsdale. Please join us for this sacred and holy time!



Feel Yourself Being Healed!

Wednesday Evening Healing Service
6:15 p.m. in the Chapel
Concludes in time for all 7 p.m. classes

Come feel the energy of our healing service. An amazing energy of support and healing is present at each service. We have a new feel to the service and have added new meditative music that will enhance the experience and energy of healing and a profound experience of God.

Join us as we individually and collectively raise the consciousness of ourselves and the entire planet. After the service, chaplains are available to pray with you. Come feel the healing power of this special service!

MILESTONES

Memorials

Crescent Clark made his transition on January 9, 2007.
A memorial was held in his honor on January 16, 2007.

Christenings

Alexfei James Moore will be christened on March 31, 2007.

Weddings

Hollie Daniels and Daniel Nelson were married on January 2, 2007.
Dorothy Walters and Gilbert Phare were married on February 14, 2007.
Roxanne Root and Howard Mercer were married on February 14, 2007.

Youth & Family Ministry

Easter Brings Time of Celebration in Youth & Family Ministry



By Rev. Shannon Olesen
Youth & Family Minister

Happy Spring! I want to begin by highlighting several things in Youth & Family Ministry.

In this issue you will notice an article by one of our amazing Sunday School Teachers, Deborah Twillman. Deborah has been teaching our 1st & 2nd graders in the Power of God class for over five years. She is also a former Unity Prayer Chaplain and currently serves as chairperson of the Prayer Committee for our Fundraising Campaign.

Another one of our fabulous Teachers, Lisa McKenzie, is preparing to teach a class entitled, "Conscious Discipline" from 7 to 8:30 p.m. on Wednesdays from March 7 through April 18.

Lisa's class is based on a wonderful book of the same name by Dr. Becky Bailey. (Look for more details in the class listings on Page 4). Lisa teaches our 3rd & 4th graders in the Presence of God class and currently serves as a Unity Prayer Chaplain.

Additionally, we have many activities going on in our Teen Ministry that are very exciting! And in the Children's Ministry we have our annual Easter Egg Hunt and the Spring Jinglee to look forward to!

So please check out our calendar of events below ...

Our children (3 years old through 5th grade) are on an Easter Journey that began in late February. And our teens will also be participating in Easter preparation as we move closer to a

sacred Palm Sunday experience for everyone in Youth & Family Ministry. On Easter Sunday we will celebrate all together as one spiritual family in the Sanctuary (or the Petersen Grove for the glorious sunrise service.)

I love Easter because it gives us an opportunity to work through difficulties as Jesus did in the crucifixion experience and to rise above those difficulties in our very own resurrection experience. Easter truly is a celebration of Joy and Freedom - Thank you, God!

Blessings to you this Spring as you prepare for this sacred and joyous experience in your life.

Shannon

Preview of Upcoming Events

FOR CHILDREN ...

Peace Camp Registration Sunday, March 4

This Kids' Peace Camp for Kindergartners through 5th Graders will be held this year during the week of June 11-15. With this year's theme of WORLD RELIGIONS, the Camp will be filled with discussions, group activities, games, friendship, art and creativity. The camp is designed to encourage children to embrace the differences -- and notice the similarities -- of other cultures and traditions. This process helps to create global citizenship and a foundation for peace. Register early; space is limited to 40 children!!!!



Easter Egg Hunt Saturday, April 7, 10 a.m., Playground

Join us for Unity's annual Easter Egg Hunt for toddlers through 5th graders! Refreshments, games, face painting, an egg hunt and the Easter Bunny are all a part of this fun family experience.

Donations of plastic or decorated hard-boiled eggs, as well as non-melting treats and/or small toys would be appreciated. Drop them by the Youth and Family Ministry Office! We also require a large number of volunteers to make this annual Easter Egg Hunt a success. People are needed to help monitor games, serve refreshments and complete other tasks. Sign up at the Volunteer Ministry Table in the Courtyard!

Easter Sunday Sunday, April 8

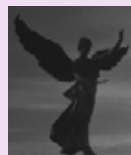
Please note that there will be no Sunday School classes or Children's Choir rehearsals held on Easter Sunday. Children are invited to join the adults who brought them for Family Services in the Sanctuary. (Childcare is available for children under age 3.)

Spring Jinglee Sunday, April 22, 1:30 p.m.

If you're between the ages of 3 and 18 and have a talent you'd like to share, please register to perform in our annual Spring Jinglee Youth Showcase! Pick up a registration sheet at the Youth & Family Ministry Table in the Courtyard on Sunday mornings, or drop by the Youth & Family Ministry Office in the Administration Building. The registration deadline is Sunday, April 15.

FOR TEENS ...

Suns Game Outing for Uniteens and Y.O.U.ers Friday, March 2



Y.O.U. Angel Fundraiser Sunday, March 4

Please help our high school teens with your support with a donation to our Y.O.U. Angel Fundraiser. The money will be used for scholarships and necessities so that all of our teens can attend events and rallies throughout the year. This is the only fundraiser our Y.O.U.ers have throughout the year. Don't miss this opportunity to let our teens know that you love and support them. Be an angel and participate in this important fundraiser!

Y.O.U. Renaissance Festival Outing Saturday, March 10

'Upper Room' Experience for Teens Thursday, April 5, 7 p.m.

Our teens are invited to re-enact "The Last Supper" with Jesus. There are only 12 spots available, so register quickly! This amazing time of sharing, insight and experience creates a heartfelt connection.

Y.O.U. Official SW Regional Rally in Tucson Friday-Sunday, April 13-15

This rally marks our business meeting for Unity Y.O.U.ers throughout the Southwest Region. Check out the flyer for details about this important rally.

Spring Uni-Treat in Flagstaff Saturday-Sunday, April 21-22

We'll head to Flagstaff to meet up with our friends from other Unity Churches throughout Arizona, and to enjoy an event full of joy, lessons and community. Pick up a flyer for more details.

Come and See ...

By Deborah Twillman
Unity of Phoenix Sunday School Teacher



Even from the welcoming space of the lower floor of Youth & Family Ministry, the colorfully-painted doors reflect that this is a space committed to joy and innocence. Simply the names of each classroom -- The Light of God, The Power of God, The Presence of God, and God Is -- claim that Divine Presence is the anchor for our children and our families.

If you look through the doors of any of the Youth and Family classrooms, you won't see a typical "school" classroom. Through each of these classroom doors you will see colorfully-painted walls, low tables, small chairs, low bookshelves, a sink and a restroom. If you look closer you will see on the bookshelves: Advent cards, Nativity figures, lots of animals, reading books, a children's Bible and a large white candle symbolizing each child's Christ Light.

But let me invite you to look closer: see a munchkin-sized kitchen area, a dress-up area, well-used building blocks and paint easels, and board games. On the walls among other pictures that the children have made, you will see The Prayer For Protection, The Prayer of Faith, and the Offering Prayer. These posters may be the first place that our children begin to learn Unity principles. Every Sunday our children are exploring the constancy of Divine Presence, unfailing Divine response to every need, and Divine Abundance.

The next few months is a time when our Unity of Phoenix family is being called to remember and tangibly support the anchoring principles of Divine Presence, Divine Response to every need, and Divine Abundance. As each of us considers tithing of our time, talent and treasures, please affirm with all of us who work in our Youth & Family Ministry:

*As an expression of Divine Presence,
my mind and heart enfolds and protects every
child in our community and the world.
I affirm the sacredness of every child.*

Wednesday Teen Nights

March 7 and April 4
FUN NIGHT
Uniteens and Y.O.U.

March 14 and April 11
CLOSED RITES OF PASSAGE

March 21 and April 18
Y.O.U. HEART CONNECTION
UNITEENS RITES OF PASSAGE

March 28 and April 25
UNITEENS RITES OF PASSAGE

April 2007

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>8:15, 9:45 & 11:15 AM - Worship Services, S 9 AM - POP, RT 9:30 AM - Children's Choir, RB 9:30 AM - Compassionate Communication, C 11:15 AM - Y.O.U. Class, R9 12:30 PM - United Sunday Fun Day, Orlife 2:45 PM - Communion, C 4:45 PM - Easter Egg Hunt, GR/Playground and 7 PM - United Sun's Service Offering, Orlife</p>	<p>6:30 PM - Spirit Song Class, C (Closed Class) 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p>	<p>7 PM - Energy of Money, C</p>	<p>6:15 PM - Healing Service, C 7 PM - Orchidare for Healing Service, GR 7:30 PM - Orchidare for Classes, GR, R4, Playground and Prayer, RB, R8, R9 8:30 PM - United Sun's Service Offering, Orlife Y.O.U. Fun Night, R10</p>	<p>5:45 PM - Toastmasters, RB&10 6:30 PM - United Upper Room, R2 7 PM - Holy Thursday Communion Service, S 7:30 PM - AA Meeting, R11</p>	<p>10 AM - BAT 7 PM - Good Friday Teatime Service, S</p>	<p>10 AM - Easter Egg Hunt, GR/Playground and Court/yard 11 AM - Art of Moving Prayer, RB&7 1 PM - Easter Service 3 PM - AA Meeting, R10</p>
<p>5:30 AM - Easter Sunrise Service, Court/yard 8:15, 9:45 & 11:15 AM - Easter Family Worship Services, S Childcare in Nursery, Only</p>	<p>Church and Business Offices Closed</p>	<p>7 PM - Energy of Money, C</p>	<p>12 Noon - VIRGO/LUS Luncheon, RB&7 6:15 PM - Healing Service, C 7 PM - Orchidare for Healing Service, GR 7 PM - The Secret to Success, S 7:30 PM - Orchidare for Classes, GR, R4, Playground and Prayer, RB, R8, R9 8:30 PM - United Sun's Service Offering, Orlife Healing Profession Connection Group, R8 United Rules of Passage, R9</p>	<p>5:45 PM - Toastmasters, RB&10 7 PM - Adult Choir Rehearsal, S 7:30 PM - Deepest You, Prayer/Life, C Making Space for Grace, RB&7 7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT 10 AM - BAT</p>	<p>10 AM - Art of Moving Prayer, RB 1 PM - Loving the Four Agreements: The Next Step, GR 3 PM - AA Meeting, R10</p>
<p>8:15, 9:45 & 11:15 AM - Worship Services, S 9 AM - POP, RT 9:30 AM - Compassionate Communication, C 11:15 AM - Y.O.U. Class, R9 12:30 PM - Welcome to Unity, R11 12:45 PM - Y.O.U. Orlife, Orlife</p>	<p>6:30 PM - Spirit Song Class, C (Closed Class) 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p>	<p>7 PM - Spring Unleash Rehearsal, S Energy of Money, C</p>	<p>6:15 PM - Healing Service, C 7 PM - Orchidare for Healing Service, GR 7 PM - Orchidare for Classes, GR, R4, Playground and Prayer, RB, R8, R9 8:30 PM - United Sun's Service Offering, Orlife Y.O.U. Health Connection</p>	<p>5:45 PM - Toastmasters, RB&10 7 PM - Adult Choir Rehearsal, S 7:30 PM - Deepest You, Prayer/Life, C Making Space for Grace, RB&7 7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT 7:30 PM - Moonlight/Hike, Meet in Parking Lot</p>	<p>8 AM - Fitness for Fun Hiking, Orlife 9 AM - Art of Moving Prayer, RB&7 9 PM - AA Meeting, R10</p>
<p>7 AM - Children's Choir Performance, RB 6:15, 9:45 Worship Services, S 9:30 AM - POP, RT 9:30 AM - Compassionate Communication, C 11:15 AM - Y.O.U. Class, R9 1:30 PM - United Class, R10 2:45 PM - Communion, C 6 PM - Church of World's Happening Now, S 7 PM - United Sun's Service Offering, Orlife</p>	<p>6:30 PM - Spirit Song Class, C (Closed Class) 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p>	<p>7 PM - Energy of Money, C</p>	<p>6:15 PM - Healing Service, C 7 PM - Orchidare for Healing Service, GR 7 PM - Orchidare for Classes, GR, R4, Playground and Prayer, RB, R8, R9 8:30 PM - United Sun's Service Offering, Orlife United Rules of Passage, R9</p>	<p>5:45 PM - Toastmasters, RB&10 7 PM - Adult Choir Rehearsal, S 7:30 PM - Deepest You, Prayer/Life, C Making Space for Grace, RB&7 7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT 7:30 PM - Moonlight/Hike, Meet in Parking Lot</p>	<p>7 AM - Golfers, Orlife 9:30 AM - Art of Moving Prayer, RB&7 3 PM - AA Meeting, R10</p>
<p>8:15, 9:45 & 11:15 AM - Worship Services, S 9 AM - POP, RT 9:30 AM - Compassionate Communication, C 11:15 AM - Y.O.U. Class, R9 12:30 PM - New Membership Orientation, RB&7</p>	<p>6:30 PM - Spirit Song Class, C (Closed Class) 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p>	<p>7 PM - Energy of Money, C</p>	<p>6:15 PM - Healing Service, C 7 PM - Orchidare for Healing Service, GR 7 PM - Orchidare for Classes, GR, R4, Playground and Prayer, RB, R8, R9 8:30 PM - United Sun's Service Offering, Orlife United Rules of Passage, R9</p>	<p>5:45 PM - Toastmasters, RB&10 7 PM - Adult Choir Rehearsal, S 7:30 PM - Deepest You, Prayer/Life, C Making Space for Grace, RB&7 7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT 7:30 PM - Moonlight/Hike, Meet in Parking Lot</p>	<p>7 AM - Golfers, Orlife 9:30 AM - Art of Moving Prayer, RB&7 3 PM - AA Meeting, R10</p>

DR. JOHN DEMARTINI
"THE HEART OF LOVE"
Wednesday, April 25, 7 pm. in the Sanctuary

Abbreviations:
 C - Chapel
 S - Sanctuary
 GR - Gathering Room

Worship Services Every Sunday: 8:15 AM, 9:45 AM, 11:15 AM
 1st Sunday of Each Month: 6 PM

CHILDREN'S MINISTRY/NURSERY Sunday, 8:15 AM, 9:45 AM, 11:15 AM
TEEN MINISTRY All Sundays: Uniteens (6-8) 11:15 AM, R10; Y.O.U. 11:15 AM, R9

HEALING SERVICE Every Wednesday, 6:15 PM
COMMUNION 1st Sunday of the Month, 12:45 PM

March 2007

SUN	MON	TUES	WED	THUR	FRI	SAT
<p>Abbreviations: C - Chapel S - Sanctuary GR - Gathering Room</p>	<p>ARVEL BIRD AND ONE NATION: “AN EVENING OF NATIVE AMERICAN SPIRITUALITY” <i>Friday, March 9, 7 p.m. in the Sanctuary</i></p>					
<p>8 AM - YOU Angel Fundraiser, Courtyard 8:15, 9:45 & 11:15 AM - Worship Services, S</p> <p>9 AM - POP R1 Children's Choir, R6</p> <p>9:30 AM - Keep a True Lent, C 9:45 AM - Youth True Lent, C</p> <p>11:15 AM - Umlen Class, R10</p> <p>12:30 PM - Umlen Sunday Full Day, Orlite</p> <p>12:45 PM - Communion, C</p> <p>6 PM - Welcome to Umlen, R11</p> <p>7 PM - Umlen 9 Weeks Supporting Nuns, S Umlen 9 Weeks Supporting Nuns, S</p>	<p>6:30 PM - Spirit Song Class, C (Closed Class) 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p> <p>7 PM - Drumming for Spirit Workshop, S</p>	<p>6:15 PM - Healing Service, C Children for Healing Service, GR</p> <p>7 PM - Conscious Discipline, R3 Children for Classes, GR, R4, Playground Five Faces of Christ, R8&7 Umlen 9 Weeks Supporting Nuns, S YOU Fun Night, R10</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT 7 PM - Arvel Bird & One Nation Concert, S</p>	<p>9 AM - Reiki Workshop, GR 10 AM - Message in a Bottle, R8&7 11 AM - Umlen 9 Weeks Supporting Nuns, S 3 PM - AA Meeting, R10</p>
<p>7 AM - Children's Choir Performance, R6 8 AM - YOU Angel Fundraiser, Courtyard 8:15, 9:45 & 11:15 AM - Worship Services, S</p> <p>9 AM - POP R1 Children's Choir, R6</p> <p>9:30 AM - Keep a True Lent, R7 11:15 AM - Umlen Class, R10</p> <p>12:45 PM - Welcome to Umlen, R11</p>	<p>6:30 PM - Intro to Spirit Song Class, C 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p> <p>7 PM - Energy of Money, C Umlen Basics I, R8&7</p>	<p>12 Noon - VIBES/LUNCH, R8&7 6:15 PM - Healing Service, C Children for Healing Service, GR</p> <p>7 PM - Conscious Discipline, R3 Children for Classes, GR, R4, Playground Five Faces of Christ, R8&7 Umlen 9 Weeks Supporting Nuns, S YOU Hear Connection, R10</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT</p>	<p>7 AM - Fitness for Fun Hike, Orlite 9 AM - Reiki Mentor Training, R3 10 AM - Umlen 9 Weeks Supporting Nuns, S 3 PM - AA Meeting, R10</p>
<p>8:15, 9:45 & 11:15 AM - Worship Services, S 9 AM - POP R1 Children's Choir, R6</p> <p>9:30 AM - Compassionate Communication, C</p> <p>11:15 AM - YOU Class, R10</p>	<p>6:30 PM - Spirit Song Class, C 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p> <p>7 PM - Energy of Money, C Umlen Basics I, R8&7</p>	<p>6:15 PM - Healing Service, C Children for Healing Service, GR</p> <p>7 PM - Conscious Discipline, R3 Children for Classes, GR, R4, Playground Five Faces of Christ, R8&7 Umlen 9 Weeks Supporting Nuns, S YOU Hear Connection, R10</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT</p>	<p>9 AM - Reiki Mentor Training, R3 10 AM - Umlen 9 Weeks Supporting Nuns, S 3 PM - AA Meeting, R10</p>
<p>8:15, 9:45 & 11:15 AM - Worship Services, S 9 AM - POP R1 Children's Choir, R6</p> <p>9:30 AM - Compassionate Communication, C</p> <p>11:15 AM - YOU Class, R10</p>	<p>6:30 PM - Spirit Song Class, C (Closed Class) 7 PM - 47's, S (Closed Class) 7:30 PM - A Course in Miracles, R8</p> <p>7 PM - Energy of Money, C</p>	<p>6:15 PM - Healing Service, C Children for Healing Service, GR</p> <p>7 PM - Conscious Discipline, R3 Children for Classes, GR, R4, Playground Five Faces of Christ, R8&7 Umlen 9 Weeks Supporting Nuns, S</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>5:45 PM - Toastmasters, R9&10 7 PM - Adult Choir Rehearsal, S</p> <p>7:30 PM - AA Meeting, R11</p>	<p>Church Offices Closed 10 AM - BAT</p>	<p>8 AM - Fitness for Fun Hike, Orlite 9 AM - Reiki Mentor Training, R3 10 AM - Umlen 9 Weeks Supporting Nuns, S 3 PM - AA Meeting, R10</p>

WORSHIP SERVICES Every Sunday, 8:15 AM, 9:45 AM, 11:15 AM
1st Sunday of Each Month: 6 PM

CHILDREN'S MINISTRY/NURSERY Sunday, 8:15 AM, 9:45 AM, 11:15 AM
TEEN MINISTRY All Sundays: Umlens (6-8) 11:15 AM, R10; YOU 11:15 AM, R9

HEALING SERVICE Every Wednesday, 6:15 PM
COMMUNION 1st Sunday of the Month, 12:45 PM

News from the Board

Team Leadership: What Does It Mean?



By Georgia McGraw-Ball
President
Unity of Phoenix Board of Trustees

At the January 21, 2007 Annual Meeting, the congregation -- at the request of the Board of Trustees -- ratified amended bylaws for

the Church. The biggest change in the way the Church is managed comes from redefining the roles and responsibilities of the Lead Minister and the Executive Director.

Prior to the bylaw change, the Board hired a Senior Minister and vested all responsibility, authority and accountability in that one position. The Senior Minister hired and managed all staff and was responsible for all of the spiritual and financial aspects of the church.

This worked well when we were a smaller church. However, as we grew to approximately 1,000 members, it became apparent to the Board that dealing with the business side of the church was overstretching the Senior Minister. This observation was verified by a management consultant brought in by the Board in 1999.

To address this issue, an Executive Director was hired to handle the business side of the Church, allowing

the Senior Minister to focus on the spiritual aspects of the Church.

The newly amended bylaws complete the redistribution of responsibility, authority and accountability begun in 1999 by making the Executive Director a voting member of and reporting directly to, the Board of Trustees. With this bylaw change, the Board of Trustees has implemented a "Team Leadership" management structure. The Team consists of the Lead Minister (formerly Senior Minister) responsible for the spiritual aspects of the Church, Executive Director responsible for the business aspects of the Church, and elected Board of Trustees represented by the President of the Board responsible for congregant representation.

Over the next year, the Board -- along with the Ministers and Executive Director -- will be refining areas of responsibility, authority and accountability.

This change in the management of the church represents a major shift in the consciousness of the Church's leadership—ministers, staff and board. The process began over a year ago, when the Board invited the congregation to take more ownership in our church home by providing feedback and suggestions to and receiving information and reports from leadership. It has now culminated in a management structure that supports inclusiveness and synergy.

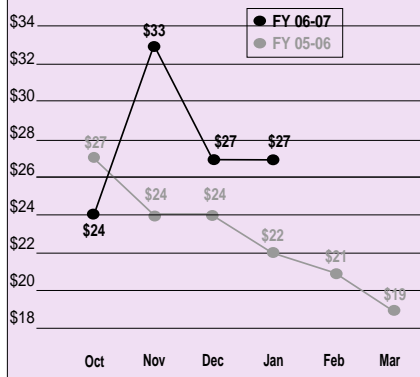
We invite the congregation into this ongoing process as we all seek to work together, claim our ownership in the process and grow in spiritual discernment.

Blessings to all of you!

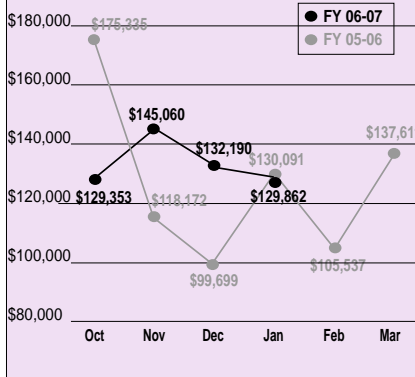
Unity of Phoenix Statement of Activities Through January 31, 2007 [Fiscal Year for Unity of Phoenix Starts October 1, 2006 and Ends September 30, 2007]

	Actual for Jan.	Budget for Jan.	Variance for Jan.	Actual Year-to-Date	Budget Year-to-Date	Variance Actual to YTD Budget
INCOME						
Worship/Love Offering Receipts	\$174,109	\$147,335	\$26,774	\$684,377	\$710,338	-\$25,961
All Other Receipts	\$36,320	\$28,877	\$7,443	\$115,058	\$103,607	\$11,451
Total Operating Income	\$210,429	\$176,212	\$34,217	\$799,435	\$813,945	-\$14,510
EXPENSES						
Total Operating Expenses	\$179,246	\$170,811	\$8,435	\$695,971	\$696,839	-\$868
Net Operating Income over/under Exps	\$31,183	\$5,401	\$25,782	\$103,464	\$117,106	-\$13,642

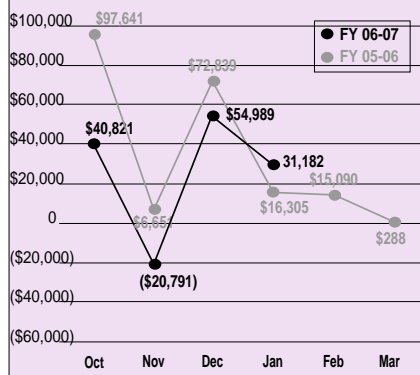
Per Person Giving Trends



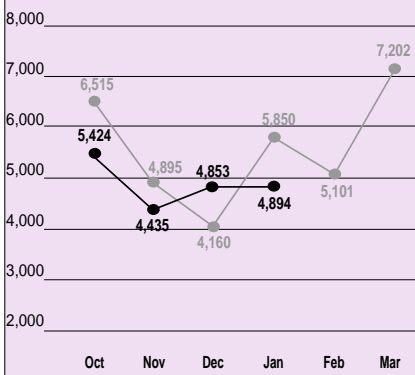
Worship Receipt Trends



Net Income Comparison



Attendance Trends



Unity of Phoenix is a tithing ministry. One-tenth of all that we receive goes to support the greater Unity movement and our community. Following are organizations to which we tithed:

December 2006 Tithe Report

Unity Outreach	\$10,610
Community Outreach	\$1,179
Ministerial Scholarship	\$1,500
Unity Institute	\$2,572
Association of Unity Churches	\$2,572
Southwest Unity Region	\$2,572
Silent Unity	\$2,572
Total December Tithes	\$23,577

January 2007 Tithe Report

Unity Outreach	\$9,470
Community Outreach	\$1,053
Ministerial Scholarship	\$1,500
Unity Institute	\$2,255
Association of Unity Churches	\$2,255
Southwest Unity Region	\$2,255
Silent Unity	\$2,255
Total January Tithes	\$21,043

Church Cash Reserves

At the beginning of this fiscal year (October 1, 2006), our cash reserves were \$308,000. As of January 31, 2007, our cash reserves stand at \$372,000.

Our reserve requirement is \$600,000, so an additional \$228,000 will bring the church into compliance. Thank you for your support!

News from the Board

Announcing the New Unity of Phoenix Board of Trustees

Unity of Phoenix is proud to announce the election of the following individuals to new terms on the Board of Trustees:

HUGH HANSEN



Hugh is the father of two, and for over 20 years has served as a high school physics, chemistry and math teacher here in the Valley. He helped establish his school's NCCJ Unitown program, participated in their director's training, and has led several of the program exercises.

He began attending Unity of Phoenix in November of 1998, and has been blessed to serve in many ways. He's participated in the Diversity and Elementary School design teams, has been a family team leader in the Palomino Christmas project, and has co-led a Living Love connection group. This is his sixth year as a Chaplain and, his biggest joy, his seventh year with the choir.

At work and church he is accustomed to holding the greatest good for individuals and for groups, considering both facts and truth in supporting that good.

MIKE JESBERGER

Mike has been blessed in many ways in his life. He has been happily married for 17 years, has two wonderful children, and has enjoyed a rewarding career.

For 12 years he held various executive-level positions with the Del Webb Corporation. In 2003 he became a partner in a privately held real estate development company.



meditation, attendance at Unity services and programs sponsored at Unity. His vision is to help the Church reach its potential through his experiences and listening to others.

JOE PALERMO



Trustees.

For the last 13 years, Unity principles have grown in his heart, and Joe feels a deep sense of appreciation knowing that these principles match his

personal beliefs. In addition to faithful attendance at services and classes over the last 13 years, Joe also served on the Board of Trustees at Unity Christ Church and Unity of Flagstaff.

Joe holds this ministry diligently in his prayers every week and endeavors to serve God's highest will as a contributing member of our congregation.

Over the past few years, Mike has focused on deepening his relationship with God through prayer and meditation.



MARY THOMSON

For the past nine years, Mary has worked for both public and private human service organizations at both the local and state level. She currently works for a non-profit charitable foundation.

Mary first began attending Unity of

Phoenix in 2000 and became a member in 2002, along with her partner, John. Unity of Phoenix has been a tremendous source of spiritual growth, strength and abundance in both of their lives. Mary has served as a Unity Chaplain and recently joined the Youth Ministry as a Sunday School Teacher. The opportunity to serve as a Trustee during the next exciting chapter for Unity of Phoenix is allowing Mary the opportunity to lend her skills to repay all of the miracles that this blessed place of worship has provided in her life!

We thank these loving individuals for their dedication and commitment to give their time and energy on a voluntary basis to serve on the Board of Trustees.

These four individuals will join the Board members shown below in helping to lead us to the achievement of our Church dream, vision and mission.



Georgia McGraw-Ball
President



Susan King
Vice President



Linda Pond
Treasurer



Robert Vest, III
Secretary



Pam Petersen



Rev. Richard Maraj
Lead Minister



Bruce Mosby
Executive Director



Our Vision

We are a spiritual light for peace, love and healing, and a magnifying power for the miraculous transformation of the world.

Our Mission

As expressions of God, we create a consciousness of love and celebrate the Divinity within all people.

Our Values

Love
Diversity
Service
Community

Our Goals

Raise Consciousness
Build Community
Nurture Youth and Family
Provide Outreach to Our Community
Claim God's Abundance

Divine Idea Bookstore

Come Check Out the Bookstore's Wide Selection for Animal Lovers!



By Julia Kellogg
Divine Idea Bookstore Manager

Hello, Friends!

I've always liked dogs—had a family dog growing up who was, indeed, a member of the family. But

I've lived most of my adult life unencumbered by the responsibility of having a pet (in other words, I've lived in an odor-free, dander-free, lick-free home!).

Well, all that changed about three years ago, the summer my mother died, when God sent me an amazing gift with four legs. I know that it was God who sent him to me, as his breed, gender, and size were qualities I'd never wanted in a dog... and I don't believe in Satan!

Now, I've become one of those people—the ones who adore their pets and love to share anecdotes of how incredibly smart, special, handsome

and clever they are (see, I don't have children to take up that space in conversations!!!).

And by loving my Toby so much (you didn't think I'd get through the whole letter without sharing something about my dog, did you?!), I find I am more in love with all animals. I can sit through the movie *Commando* without flinching, watching Arnold Schwarzenegger take out an island of bad guys, but I'm a total emotional puddle when Old Jack, the sled dog, dies in the movie *Eight Below*.

If you are like me, you need to check out our "Nature & Pets" section, where we have oodles of books for those of us who love animals. We have books on the souls of animals, animal angels, blessings for animals, and handling the grief of losing an animal.

We carry a whole selection of guardian angel and blessing collar tags and we even have remembrance stones for pets that are now "spirit" pets. We just received an updated edition of *Kinship With Animals* that includes intensely personal stories of true animal encounters experienced by contributors from all walks of life.

Come in and look around and we'll see if we can't support your love of animals (and, I'd love to show you a picture of my dog!!!).

Blessings,

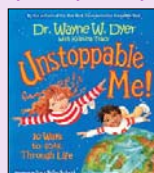
Julia

NEW IN THE DIVINE IDEA BOOKSTORE

Kids' Korner

Unstoppable Me! 10 Ways to Soar Through Life

By Dr. Wayne W. Dyer



Following in the footsteps of his first children's book,

Wayne goes a step further toward expressing his positive message for children. In this book, he teaches children how to hold on to the no-limit thinking he believes they

were born with, rather than just trying to "fit in." In doing so, they can learn to truly enjoy life and become unstoppable as they strive to reach their dreams.

The 10 important lessons in this book include: the value of taking risks, dealing with stress and anxiety, and learning to enjoy each moment. Each point includes an example and an illustration showing how a child might apply the concept in his or her everyday life. The questions at the end of the book are great for starting a discussion and help to further reinforce the message. (\$14.95)

Soul Medicine: Awakening Your Inner Blueprint for Abundant Health and Energy

By Norman Shealy, M.D., Ph.D. and

Dawson Church, Ph.D.

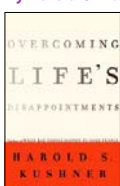


The cutting edge of medicine today is not to be found in invasive therapies like drugs and surgery. It is in the disciplines that used to be regarded as "soft" medicine: prayer, therapeutic touch, energy healing, acupressure, and alternative therapies. Overwhelming evidence from hundreds of scientific studies is showing that these safe, non-invasive approaches are often more effective than conventional medicine. While yielding dramatically better cure and longevity rates, they are also a fraction of the cost.

The authors, pioneers in the fields of alternative health, present a compelling review of the scientific underpinnings of energy healing. They show how consciousness and intention are fundamental in an understanding of human energy systems, and tie the many therapies that affect that energy system into a coherent set of principles they call "soul medicine." They also present the case for accreditation of a new class of energy healers, and confidently predict that consciousness-based healing will become a major characteristic of medicine in the coming century. (\$24.95)

Overcoming Life's Disappointments

By Harold S. Kushner



From the author of *When Bad Things Happen to Good People*, this book shows us

how to be our best selves even when things don't turn out as we had hoped—which is how we can overcome life's disappointments.

Kushner turns to the experience of Moses to find the requisite lessons of strength and faith.

Moses towers over all others in the Old Testament: he is the man on the mountaintop to whom God speaks with unparalleled intimacy. From the life of Moses, the author gleams principles that can help us deal with the problems we encounter. Through the example of Moses' remarkable resilience, we learn how to weather the disillusionment of dreams unfulfilled, the pain of a lost job or promotion, a child's failures, divorce or abandonment and illness. We learn how to meet all disappointments with faith in ourselves and the future, and how to respond to heartbreak with understanding rather than bitterness and despair. This is a book of spiritual wisdom — as practical as it is inspiring. (\$21.95)

The Divine Matrix: Bridging Time, Space, Miracles, and Belief

By Gregg Braden



There is a place where all things begin, the place of pure energy that simply "is." In this quantum incubator for reality, everything is possible.

In 1944, Max Planck, the father of quantum theory, shocked the world by saying that this "matrix" is where the birth of stars, the DNA of life, and everything between originates. Planck's matrix—The Divine Matrix—is real. It is this missing link in our understanding that provides the container for the universe, the bridge between our imagination and our reality, and the mirror in our world for what we create in our beliefs.

To unleash the power of this matrix in our lives, we must understand how it works and speak the language that it recognizes. For more than 20 years, Gregg Braden, a former senior aerospace computer systems designer, has searched for the understanding to do just that. From the remote monasteries of Egypt, Peru, and Tibet to the forgotten texts that were edited by the early Christian church, the secret of the Divine Matrix was left in the coded language of our most cherished traditions. It is verified in today's science.

In this paradigm-shattering book, the author shares what he's found. Through 20 keys of conscious creation, we're shown how to translate the miracles of our imagination into what is real in our lives. With easy-to-understand science and real-life stories, Gregg shows us that we're limited only by our beliefs, and what we once believed is about to change! (\$24.95)

The Five Languages of Apology: How to Experience Healing in All Your Relationships

By Gary Chapman & Jennifer Thomas



Real life involves real people

who make real mistakes. Sometimes saying, "I'm sorry" just isn't enough. The need for apologies impacts all human relationships. The good news is that you can learn the art of apology. Through their research and interaction with hundreds of individuals, counselor Dr. Jennifer

Thomas and Dr. Gary Chapman, author of the revolutionary *The Five Love Languages*, have discovered five fundamental aspects or "languages" of an apology:

- Expressing Regret—"I am sorry."
- Accepting Responsibility—"I was wrong."
- Making Restitution—"What can I do to make it right?"
- Genuinely Repenting—"I'll try not to do that again."
- Requesting Forgiveness—"Will you please forgive me?"

In this book, you will learn how to recognize your own primary apology language while speaking the languages of those you love. Understanding and applying the five languages of an apology will greatly enhance all of your relationships. (\$18.97)

The Lost Soul Companion: A Book of Comfort and Constructive Advice for Black Sheep, Square Pegs, Struggling Artists, and Other Free Spirits

By Susan M. Brackney



This book is the ultimate survival guide for starving artists, writers, performers—and anyone whose dreams can't be contained by an office cubicle. Filled with down-to-earth advice and sustenance, for your most far-flung dreams, *The Lost Soul Companion* is the perfect guide for anyone grappling with the darker side of creativity.

A source of support when your day job gets you down, a refreshing reservoir of humor when you're knee-deep in rejection slips, this remarkable little book offers both inspiration and compassion, plus surefire strategies for surviving in what can sometimes seem like "a world of meanies." From the anti-procrastination "chopstick plan," to the importance of staying well nourished (toaster-oven-snack recipes included), this book will speak to anyone with big dreams and a creative spirit who nonetheless finds it tough some days just to get out of bed. (\$15)

Small Group Ministries

Calling All Small Group Ministries!

Each Sunday morning, our Hospitality Table is hosted by one of our Small Group Ministries. A number of "hosting" opportunities are available for the upcoming year! Please contact Susie Whiting at 602.978.3200, Ext. 274, if you are interested!!!

Sometimes being part of a large church can seem overwhelming ... That's why Unity of Phoenix offers a wide variety of small groups through which it is easy to make friends, deeper connections and loving relationships in our spiritual community. Connecting and getting to know others at Unity of Phoenix is easy! Each month, just check this page to find out about the small group activities that are available.

Connection Groups

Connection Groups are small groups of two to 10 people who come together to build deep personal relationships and reach out to others in love. Groups are growing, are open to all, and include people committed to living love from many faiths and organizations. Consider attending one or starting one yourself!

Groups can meet in homes, churches, coffee shops, offices — even outdoors! — and can be organized around where you live, who you are, what you do or what you care about.

Go to www.cctl.org for a complete listing of all of the Connection Groups that currently meet on a regular basis.



Golf

Unity Golfers meet each Monday. Please contact Robert Snair at 602.995.3343 or rsnair1@cox.net for the location and time of the next Monday morning golf meeting.

Are You Over 55? Join VIP-OWLS!

Second Wednesday of Each Month:
Wednesday, March 14
Wednesday, April 11
Noon; Rooms 6&7

Our VIP OWLS Luncheon is for our Very Important People—Older Wiser Loving Seniors. If you are 55 or older we invite you to attend this monthly luncheon. Mark the second Wednesday of each month on your calendar and plan to join us! We meet during the months of September through May. The purpose of this luncheon is to come together to share with like-minded individuals. It is a time for fun and fellowship; we always have a special guest speaker or activity planned for each luncheon.

In March, come hear about our Fundraising Campaign from Lead Minister Richard Maraj and Executive Director Bruce Mosby. This is a fantastic opportunity to ask questions and get the most up-to-



date information about what's happening in our spiritual community.

The church will provide corned beef and cabbage.

In April our guest will be Adrienne Bridgewater, who studied voice and harp at ASU and has worked as a professional harpist for 20 years. Adrienne is an active teacher and leader in the music community, and has been a part of our Unity community for years. Come enjoy the gift of music she has to offer! If you would like to know more about Adrienne, go to her website at www.arizona-harpist.com.

Please bring your favorite salads and desserts to share; the church will furnish bread and beverages. If you don't wish to bring anything to share, you can make a love offering donation, instead.

If you have any questions or would like to know more about this fun-loving group, please contact Dorothy Moore at dmoore@unityphx.org or 602.978.3200, ext. 255.

Unity Singles

Our Unity Singles events provide a safe, supportive and loving environment for fun, fellowship and spiritual enrichment.

If you're single and over the age of 18, please make plans to join us every Sunday at 12:45 p.m. for lunch, as well as every Friday evening at 5:30 p.m. for socializing and dancing.

In addition to these weekly events, our Singles Group sponsors a wide variety of activities, including movies, plays, comedy clubs, museums, house parties, bowling, bicycle riding, hiking, dance lessons, discussion groups, and game nights.

Our group also supports and gives back to Unity of Phoenix by volunteering for Unity sponsored events and projects on a regular basis.

For a detailed listing of events, times and locations, please go to the Unity website at www.unityphx.org/connecting/singles.html. If you have questions, please contact Phoebe Hendrix at 602.841.0235 or email her at laisonuop@azboss.net

Unity Biz Net

Unity Business Network -- Unity Biz Net -- is a group of spiritual-minded business professionals who come together to network and support each

other. Unlike other network groups, who push products and business cards at one another, we work to get to know each other on a more personal level by building relationships and community. We have about 60 people attend each event. If you would like to grow your business relationships with a group of high energy people, you've found the right group!

Unity Biz Net Mixer

Join us for our monthly Biz Net Mixers! This is a great way to network with like-minded business people. Cost is \$25 per person.

In March: Join us Monday, March 12, at 6 p.m. for a "wearin' o' the green" celebration hosted by Barbara Kelley and Ramona Sallee. We will enjoy catered food, door prizes and great fun! RSVP to 602.863.1416 or ramonajigs@gmail.com.

In April: Join us Monday, April 9, at 6 p.m. for a celebration of spring hosted by Barbara Kelley and Ramona Sallee. The evening will feature catered food, door prizes and lots of fun and fellowship! RSVP to 602.863.1416 or ramonajigs@gmail.com.

Hiking Group

MOONLIGHT HIKES

Friday, March 2, 6:30 p.m. - North Mountain

Friday, March 30, 6:30 p.m. - Shaw Butte

Friday, April 27, 7:30 p.m. - North Mountain

For all of the above hikes, please meet at the designated time in the Church Parking Lot. NO Sign-up Required.

FITNESS FOR FUN HIKES

Saturday, March 17 - Peralta Trail

Saturday, March 31 - Dutchman Trail

Saturday, April 21 - Seven Falls (Tucson)

For all of the above hikes, please meet at 7 a.m. in the Church Parking Lot. NO Sign-Up Required.

March and April are Nature's

Magical months in which we are able to experience the beauty of God in Nature. Our Saturday hikes are designed to accommodate a wide range of hiking abilities and participants are encouraged to hike at their own pace.

Join us to enjoy nature with family and friends! We recommend sturdy hiking or walking shoes, sun screen and sunglasses or a hat, and snacks and water for both during and after the hike (1-2 quarts of water per person).

Just come to the church on hiking day at the designated time to carpool to the trailhead.

If you have further questions regarding hiking group activities, or wish to receive the monthly *Trail Mix* newsletter, please contact Don Clousing at 602.866.0285 or dclousing@unityphx.org.



Volunteer Ministry



One of our Church values and most important spiritual practices is **SERVICE**: offering our time and talents for the benefit of others. But we can sometimes lose the sense of joy that this practice is designed to bring. Serving our community, for example, may become for some of us somewhat of a chore ... just another item to check off our "to do" list, rather than the joyful expression it should be.

If you're not feeling joy when you serve, perhaps it's time to evaluate just exactly how you are sharing your talents with others. True service should be an act of joy, an act of worship, an act of truly connecting with God. It's important for you to look deep within yourself to determine the kind of service that will provide that level of spiritual fulfillment.

There are hundreds of ways to help out in our ministry and the greater community. But in order for volunteer work to be fulfilling, it's important to find an opportunity that fits your specific skills, interest, schedule, and especially the special spiritual gifts that are uniquely yours. When you find that perfect match, there is nothing that gives you more joy: we guarantee that you'll find volunteer work rewarding and fun, rather than feeling like an obligation. You'll also get the satisfaction of making a difference in your world.

Stop by our Volunteer Ministry Table in the Courtyard on Sunday mornings or contact Penni Honey at the Church at 602.978.3200, Ext. 231, or phoney@unityphx.org. We'll work together to match you with a volunteer position that's absolutely perfect for YOU!

Join Our Outreach Ministry!



Please consider participating in our outreach events! This ministry hosts regular volunteer events either in our local church neighborhood or at a community agency that provides services to people in need.

Palomino School 'Clothing Closet' Event:

Saturday, April 7, 8:30 a.m. to Noon

We'll meet by the Church Welcome Tent at 8:30 a.m. and carpool to Palomino School, where we will organize a large amount of donated clothing so that it can be made available in the Palomino School Clothing Closet, where families in the neighborhood are able to find clothing for their families. Children may participate in this event with their parents or a supervising adult.

Together we can make a difference in our community! Please sign up for this service activity at the Volunteer Ministry Table in the Courtyard.

Fundraising Campaign



A Special Invitation from Your Unity Ministers

Food and Fellowship: Enjoy a Meal with Our Ministers and Discuss the Vision and Future of Our Church!

The Events Committee and your Ministers invite you to help build our church community! We have set up MULTIPLE OPTIONS for you to enjoy a social event at which you can spend time with your ministers, discuss the church vision, share a meal and make friends.

Please make plans to join us for:

- **LUNCH** immediately following the 11:15 a.m. service on March 4 or March 18; or

A SMALL GROUP MEAL

in the home of one of our congregants.

No donations will be solicited at these events.

All events are listed in detail on our website at www.unityphx.org/about/campaign.html.

To sign up for an event, you can visit the Campaign Tent after Sunday services in the church courtyard or email us at UnityEvents@cox.net.



Campaign Goal:

*Together we prosper
and, together,
we will reach
our campaign goal
of \$4.2 million.*

Campaign Prayer:

*Living, Loving God,
In a consciousness of abundance,
we move forward in faith and joy,
claiming our financial freedom.
You have promised us everything
we ask for, in prayer, will be ours.
We stand before You now,
in the strength of our love
for You and our Unity family,
and claim Your promise.
And so it is. Amen.*

Affirmations:

WILL:
I know God is the source of my prosperity.

RELEASE:
*I let go of all concerns and let God
work freely in my life and financial affairs.*

LOVE:
*My heart overflows with thankfulness
for the abundant blessings of God.*

JOY:
*I live in the unlimited flow of Divine abundance
and I give joyfully.*

ABUNDANCE:
*I attract unlimited good for myself and Unity of
Phoenix.*

COMMUNITY:
*I now choose financial freedom
for Unity of Phoenix and myself.*

FAITH:
*Everything I ask for in prayer is mine
because I have faith.*

Why Are We Conducting the Fundraising Campaign?

The most important and long-range goal of the Fundraising Campaign is to give greater life to our church's vision and mission. The more immediate goal of our fundraising campaign is to retire our \$4.2 million mortgage and create financial freedom for our ministry.

Money generated from the fundraising campaign will go into a separate account and be used exclusively to eliminate our debt. As our spiritual practice, the church will be tithing on all the money received in the campaign. However, the tithe amounts for the amounts collected for our Fundraising Campaign will be paid from our general operating funds, so that 100% of the campaign contributions will go toward the elimination of our church debt.



Raise Your Voice!

Take advantage of this opportunity to have your questions answered, offer suggestions, voice your comments and share your ideas about our Campaign. Please submit your question(s) and comment(s) by:

1 **Emailing** Unity of Phoenix Executive Director Bruce D. Mosby at bmosby@unityphx.org or TCDF Consultant Tim Sweeny at tims@tcdf.org;

2 **Filling out this form**, cutting it out, and placing it in the offertory plate during Sunday morning worship services.

Name _____

Phone Number _____

Email Address _____

Comments: _____

Our Unity Community

The Life and Times of Marjorie Grenger



In January, Marjorie Grenger announced her retirement from her part-time post at Unity of Phoenix. Marjorie first joined our spiritual community in 1969, and since that time she has been wholly involved with Unity of Phoenix as both a part-time employee, avid volunteer and dedicated congregant.

She has selflessly contributed her heart and hands to the Church in so many different ways, and we will always be grateful for her service. Marjorie has truly loved and cared for this ministry, and it has always been important to her that people felt good about their church. She has showed up over and over again throughout the years to complete a variety of different tasks, including many that

no one else wanted to do. And she always made an effort to include those extra little touches that made everything very special for the congregation.

Marjorie has stepped in to do so many things so well and for so long that her service will truly be missed. We wish to express our utmost gratitude for all that she has contributed to our Church. The Grenger chapel, donated by Marjorie in memory of her husband, Frank, will always stand as a tribute to the love and service that she and Frank both dedicated to Unity of Phoenix.

In the article she wrote below, Marjorie has shared her thoughts about her time at Unity of Phoenix.

I was introduced to Unity in September 1969, when they were at the 17th Avenue and Northern location, when my late husband Frank was hired as the church organist. The minister at the time was Rev. Blaine Mays. Frank held that position for 14 years when he had to retire because of health reasons.

In 1979 I was hired as the bookkeeper and held that position for about five years. At the same time I worked with weddings and receptions and did that until 1999. I also worked in the maintenance department, helping with cleaning and dusting and all that miscellaneous stuff that comes with making sure we can provide a safe, clean and hospitable place for our congregants. I also helped organize the congregational annual Christmas parties from 1991 until 2003. Needless to say, in a non-profit organization, you not only had your basic job, but pitched in everywhere else. We were a family and wanted to create a place that welcomed anyone who chose to visit with us.

Once I moved to the operations area, I was the official "go-to" person for odd jobs, filler and "if you can't find anyone else, Marjorie will do it" jobs. One of those jobs was the mailings that we send out, like the Christmas, Easter, Annual Report mailings. That evolved into my also taking over what we call the "BAT," otherwise known as the Bulletin Assembly Team. That was back when we actually had to fold, put together and stuff the bulletins we used to hand out. The BAT team has also over the years helped with all the mailings, children's ministry projects (you will never know how many cut outs of animals we had to do) as well as stuffing newcomer packets and various other jobs. We were the Unity of Phoenix Assembly Line! It still continues today with an amazing group of very dedicated individuals who come every week to help with behind the scenes projects that just appear to the congregation. There are many people behind creating what is experienced at a Unity service or at a special event.

One of the really fun volunteer jobs I had was from 1983 until 1999, when I was on the refreshments team. We organized and served refreshments for all the Sunday morning services as well as for all the amazing guest speakers that we had. I remember serving refreshments when the author of *Jonathan Livingston Seagull* came to speak, as well as Connie Francis and many other wonderful guest speakers. It leaves an amazing impression on your soul when you get to share the experience of other's journeys.

So after 28 years, it was time to move on. I now get to focus completely on me and all the wonderful things I can do, like gaming, spending time with family and friends and sleep! I truly appreciate all that I have experienced over the years and have made some amazing friends that were such a huge part of my life.

So, with heartfelt blessings I send all my love and appreciation to those who supported me on my journey at Unity of Phoenix.



Ministerial Students from Unity Village Visit Unity of Phoenix

As part of their field work, ministerial students of the 2007 Unity School Ministerial Program blessed Unity of Phoenix with their presence during January. Our volunteers hosted a magnificent lunch in their honor, at which they were introduced to key staff and able to participate in a "Question and Answer" session with Revs. Richard Maraj, Alice Anderson and Shannon Olesen.



Prayer Beads

The Prayer Committee for the Fundraising Campaign has been hard at work organizing ways to make prayer an integral part of the Campaign. One of their recent efforts has included the creation of prayer beads, which will be distributed to congregants to reinforce the importance of keeping the Campaign in their prayers. Numerous volunteers came together on two weekends to assemble the prayer beads.



Uniteen Super Bowl Bake Sale

On Super Bowl Sunday, the Uniteens sold hundreds of home-baked treats as part of a fundraiser to benefit the Uniteen program.

We Love Our Volunteers!



Our Mission:

As expressions of God, we create a consciousness of love and celebrate the Divinity within all people.

Unity Services:

Healing Services:

Wednesday, 6:15 p.m.

Sunday Morning Services:

8:15, 9:45 & 11:15 a.m.

The Church of What's

Happening Now:

1st Sunday/Month, 6 p.m.

Communion:

1st Sunday/Month

12:45 p.m.

Sunday Children's Ministry

Multi-age (K-5th Grade):

8:15 a.m.

(Age 3-Grade 5)

9:45 and 11:15 a.m.

Sunday Teen Ministry

Uniteens (Grades 6-8), R10

9:45-10:45 a.m.

Uniteens (Grades 6-8), R10

11:15 a.m.-12:15 p.m.

Y.O.U. (Grades 9-12), R9

11:15 a.m.-12:15 p.m.

Church Office:

Telephone:

602.978.3200

Fax:

602.978.3248

Website:

www.unityphx.org

Staff Email:

First initial, Last name

(i.e., rmaraj@unityphx.org)

Office Hours:

Mon./Tues.: 9 a.m.-5 p.m.

Wed.: 9 a.m.-5 p.m.

Thurs: 9 a.m.-5 p.m.

Fri.: Closed

Sat.: 9 a.m.-5 p.m.

Sunday: 8 a.m.-2 p.m.

Bookstore:

Telephone:

602.978.3337

Email:

bookstore@unityphx.org

Hours:

Sun.: 8:30 a.m.-1:30 p.m.

Mon.: Closed

Tues.-Thurs.: 10 a.m.-7 p.m.

Fri.: Closed

Sat.: 9 a.m.-3 p.m.

Ministry:

Lead Minister:

Rev. Richard Maraj, X-237

Pastoral Care Minister:

Rev. Alice Anderson, X-234

Youth & Family Minister:

Rev. Shannon Olesen, X-334

Chaplain Line: X-256

Dial-A-Prayer: X-260

Staff:

Executive Director:

Bruce Mosby, X-254

Manager of Operations:

Penni Honey, X-231

Spiritual Education:

Beth Marks, X-333

Chaplain Coordinator:

Dorothy Moore, X-255

Weddings, Memorials

and Christenings:

Carolyn Holmes, X-280

Counseling/Grief Counseling:

Joan Bacchus, LUT

To contact a member of our

Board of Trustees, please

email board@unityphx.org.

Upcoming Events

Discover 'The Secret'

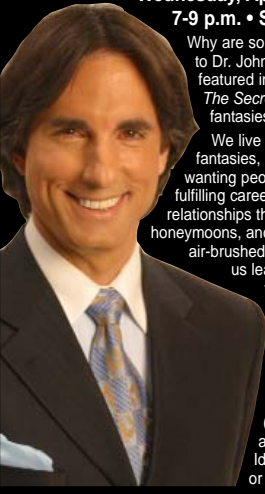
of how to have greater prosperity, joy, health, peace and love in your life!

Dr. John Demartini

The Heart of Love: How to Go Beyond Fantasy to Find True Relationship Fulfillment

Wednesday, April 25, 2007

7-9 p.m. • Sanctuary



Why are so many of us sad? According to Dr. John Demartini -- who was featured in the inspirational hit movie, *The Secret* -- the problem lies in our fantasies about how life should be.

We live in a world addicted to fantasies, ranging from always wanting people to be nice, to wanting a fulfilling career with no stress, to relationships that are never-ending honeymoons, and a body that looks like an air-brushed model. Demartini will help us learn to stop projecting our fantasies onto others so we can more clearly see and appreciate people for who they are, and stop setting up unrealistic expectations for ourselves.

Tickets are \$25 per person (or \$45 per couple), and are available through the Divine Idea Bookstore 602.978.3337 or www.unityphx.org.

Movie Night:

The Secret

Friday, March 30

7 p.m.; Sanctuary

This movie reveals The Great Secret of the universe: The Secret to everything you have ever wanted: unlimited joy, health, money, relationships, love, youth.

The world's leading scientists, authors and philosophers will reveal The Secret that transformed the lives of every person who ever knew it: Plato, Newton, Carnegie, Bee-thoven, Shakespeare, Ein-stein ... and, now, YOU. And that knowledge could change your life forever!

A love offering is your ticket.

Rev. Maraj's Insight:

THE SECRET to Success

Wednesday, April 11

7 to 9 p.m.; Sanctuary

God has given us the power to create. We have full access to this power and yet we are constantly searching for it. Join Rev. Richard as he shares how to discover, accept, and re-claim your secret spiritual power - the power to create all that you desire!

Using THE SECRET in Daily Life

Wednesday, April 18

7 to 9 p.m.; Sanctuary

Join Rev. Richard as he shares a number of simple exercises for attracting and creating the kind of life you want. This will be an experiential class of practices in manifesting the good you desire to achieve, accomplish, feel and experience in all areas of your life. Join us as we learn how to use the 'secret' daily!

The Secrets of The Secret

Wednesdays, Starting May 16 • 7-9 p.m.; Rooms 6&7

Facilitator: Dr. Mitzl Lynton

Join us as we discover how to practically and successfully apply the concepts illustrated in the movie, *The Secret*.

By viewing sections of the movie each week and engaging in discussion and experiential exercises, you will learn how to have greater prosperity, joy, health, peace and love in your life!

Arvel Bird and One Nation

Friday, March 9

7 p.m. • Sanctuary

Experience an encore evening of healing music during this incredible celebration of Native American music and spirituality. You will be taken on a magical, mystical, musical journey into the spirit world of the animals as they weave stories and chants with music from Red Tail Hawk to Red Ride, from Badger Boogie to Buffalo. Don't miss experiencing this award-winning group!

Tickets are \$15 per person; available through the Divine Idea Bookstore (602.978.3337)



Make a Note!

The Unity Business Fair

which has historically been held in March each year will take place in October of this year. Look for more information in future editions of the *Upward Venture* and the Church bulletin.



GolfFest 2007

Saturday, April 28

McCormick Ranch Palm Course

Tea up for a great day at the 5th annual Unity of Phoenix "GolFest" golf tournament at the beautiful McCormick Ranch Palm Course in Scottsdale. Tee off is scheduled for 7:30 a.m. with a "shotgun" start, followed by lunch and contest presentations.

A wide variety of sponsorship opportunities are available. We will also be having a Silent Auction before and after the Golf Tournament. For more information, contact Penni Honey at 602.978.3200, Ext. 231, or phoney@unityphx.org. Sign up today!!!